

LGBTQ+ groups and Agencies GM

Borough	Name	When	Where	Ages	Contact
MANCHESTER CENTRAL	Q42	Tuesdays	42 nd Street	13-18	Scott / www.q42.org.uk / hello@q42.org.uk / 07715 655155
	Q42 Producers (digital creative)	Alt Thursdays	42 nd Street	13-25	
	3x Trans Youth Groups	2 nd + 4 th Sundays	Sidney Street Cafe	Up to 25	Sam.cresswell@theproudtrust.org
	Fusion (BME)	3 rd Sundays	Sydney Street Cafe	13-19	Chloe.cousins@theproudtrust.org
	LGYM	Tuesdays + Saturdays	Sydney Street Cafe	13-25	hebe.phillips@theproudtrust.org
	Horizon (L+B women)	2 nd + 4 th Tuesdays	LGBT foundation	18+	0345 330 30 30
WYNTHENSHAW	WYnot LBGTQ	Wednesdays	Forum	13-19	Myrtle.finley@theproudtrust.org
OLDHAM	Youth Out	Tuesdays	Mahdlo	13-19	Chloe.cousins@theproudtrust.org
TRAFFORD	Rainbow Reflections	Wednesdays	Sale Talkshop	13-25	Sally.carr@theproudtrust.org
STOCKPORT	Wednesdays	Wednesdays	Disability Stockport	13-19	Sam.Cresswell@theproudtrust.org
ROCHDALE	Inside Out	Tuesdays	Drake Street	13-25	Matty.donaldson@theproudtrust.org
BOLTON	Planet Rainbow	Mondays	Bolton library	13-25	Sam.cresswell@theproudtrust.org
SALFORD	Beacon	Thursdays	Beacon Centre	13-19	Chris.rice@salford.gov.uk
	Eccles	Tuesdays	Eccles youth centre	13-19	Chris.rice@salford.gov.uk
	Little Hulton	Mondays	Bridgewater youth centre	13-19	Chris.rice@salford.gov.uk
WIGAN	B-you	tbc	tbc	13-19	b.youproject@wigan.gov.uk
BURY	POG	Wednesdays	tbc	13-19	youthservice@bury.gov.uk

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42nd Street is available for one to one counselling / informal therapy for 13-25 year olds as well as offering weekly lgbtq+ groups for under and over 18s. More info at www.42ndstreet.org.uk or on 0161 228 7321. Our online project is also available at www.q42.org.uk with lots of resources and media.

The Proud Trust works with lgbtq young people also offers weekly youth groups around Greater Manchester and has helpful advice on their website as well as group times www.theproudtrust.org where there are also downloadable resources (incl primary resources)

If you there is online risk there is lots of information at www.ThinkUKnow.co.uk and you can report an incident to **CEOP** at www.ceop.police.uk

The **LGBT Foundation** has a helpline open 10:00 – 22:00 and can offer advice on coming out to hate crime and information on STI testing on 0345 3303030 and there is more information at <http://lgbt.foundation/>

Mermaids runs a helpline for teenagers and children of all ages with gender identity concerns on 0208 1234 819, open 15:00 – 19:00 and they have advice, support and forums at <http://www.mermaidsuk.org.uk/>

The Albert Kennedy Trust is available for LGBTQ people 16-25 who are homeless, sofa-surfing or living in crisis or living in a violent , hostile or abusive home on 0161 228 3308 Mon – Fri 10:00 – 16:30 or at <http://www.akt.org.uk/>

GALOP, (formerly Broken Rainbow), are available to support LGBTQ people experiencing domestic violence and their helpline is 020 7704 2040. The opening hours of this line vary – more information can be found at www.galop.org.uk as well as online support.

For young men currently involved in, or worried about, sex work, **The Men's Room** runs a drop in in Manchester's Gay Village on Tuesday nights. More information about their project is available at www.mroom.co.uk

Both the **Metropolitan Church** (www.metropolitanchurch.org.uk) and **Imaan** (www.imaan.org.uk) offer religious support for LGBTQ people (Christian and Muslim respectively) A list of lgbtq friendly places of worship can also be found at www.gaychurch.org/find_a_church

For information for trans youth, particularly around legal areas and transitioning, www.uktrans.info offers a range of advice, as does www.genderedintelligence.co.uk . To find out more about the Leeds young people's Gender Identity Clinic head to www.tavistockandportman.nhs.uk

The Samaritans provide confidential 24 hours telephone support on 08457 909090 for a range of crisis. More information is at <http://www.samaritans.org/>

For under 18's **Child-Line** is available on 0800 1111 24 hours a day. More information and some good informative forums are at www.childline.org.uk