

Report of the 0-25 Transformation VCSE
Research Project 2016-17

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1. Foreword by the 0-25 VCSE Project Steering Group

Salford's voluntary, community and social enterprise (VCSE) sector makes a significant contribution to supporting children, young people and families in their communities. From the [State of the Sector](#) research we know that there are 1,364 community and voluntary organisations, co-operatives and social enterprises (VCSEs) in Salford with an estimated total income of £145 million in 2011-12. VCSE organisations are key providers of early help. They also provide opportunities for engaging in communities that help to unlock children and young people's potential. Consequently they gain positive life experiences to become active confident citizens.

The Project Steering Group welcomes this report which outlines the nature of current VCSE services and activities supporting children and young people in Salford and builds up more detailed knowledge of community assets. This report will improve the effectiveness of support by growing understanding amongst public sector professionals of both the range of activities available to children and young people in the community and the needs of VCSE organisations in continuing to provide and grow this. In particular it highlights the benefits of VCSE activities for children, young people, families and communities including positive impacts on emotional health and wellbeing. It also makes the case for further developing relationships between public services and VCSE organisations.

The 'Shaping Our City' transformational programmes in Salford aim to transform public service delivery. In the 0-25 programme services are working together alongside families and communities to improve the effectiveness of support. This work takes place in the context of both public sector austerity and high rates of child poverty in Salford with 12,667 Salford children (23%) estimated to be living in poverty in 2016. The partnership commitment to tackle the impact of poverty on Salford's children and young people is highlighted in Salford's anti-poverty strategy "[No One Left Behind](#)". VCSE organisations play an important role in challenging poverty across Salford and supporting individuals and communities whose lives are impacted by the effects of poverty.

Salford's [Locality Plan](#) highlights key changes over the next 5 years including that "*Voluntary, community and social enterprise organisations will become important providers of care and support in addition to - or sometimes instead of – NHS services*"

This report provides a key contribution to the delivery of this transformation. It enables a better understanding of the current contribution of the VCSE sector to Salford's children and young people having the best start in life. It outlines recommendations which will help sustain this activity and proposals which when implemented should develop more effective working relationships between public services and VCSE organisations for the benefit of Salford's children and young people.



2. Executive Summary

Introduction

This report aims to give a comprehensive view of the learning from research undertaken by Salford CVS from April 2016 to March 2017. The project was supported by NHS Salford CCG, Salford City Council and VOCAL Children, Young People and Families, a forum for voluntary, community and social enterprise (VCSE) organisations facilitated by Salford CVS. The Centre for Local and Economic Strategies (CLES) undertook the value for money assessments. This research project is a component of the 0-25 Transformation Programme.

The research reports on the current provision for children and young people from a sample of 42 VCSE organisations, including the impact and added value of their support for children and young people. Particular focus is given to three main areas of work within the Transformation Programme:

- Emotional health and wellbeing
- Children and young people with disabilities
- Speech, language and communication needs

The research aimed to engage 50 VCSE organisations as a sample of VCSE activity with children and young people in Salford. 483 organisations were invited to take part.

Received email	Opened email	Personally invited	Agreed to participate	Surveyed	Interviewed
483	140	82	55	42	38

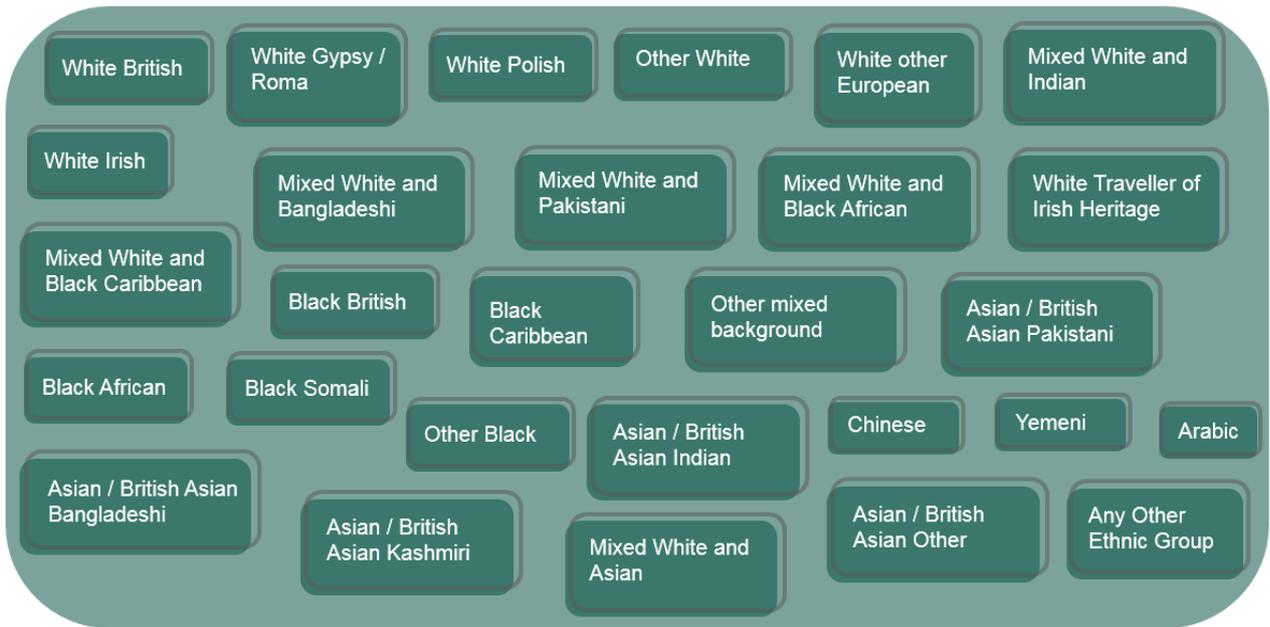
The 42 voluntary organisations, community groups and social enterprise organisations taking part in the research delivered a broad range of types of activity **providing 9,612 sessions for 161,949 total attendances in the year.**



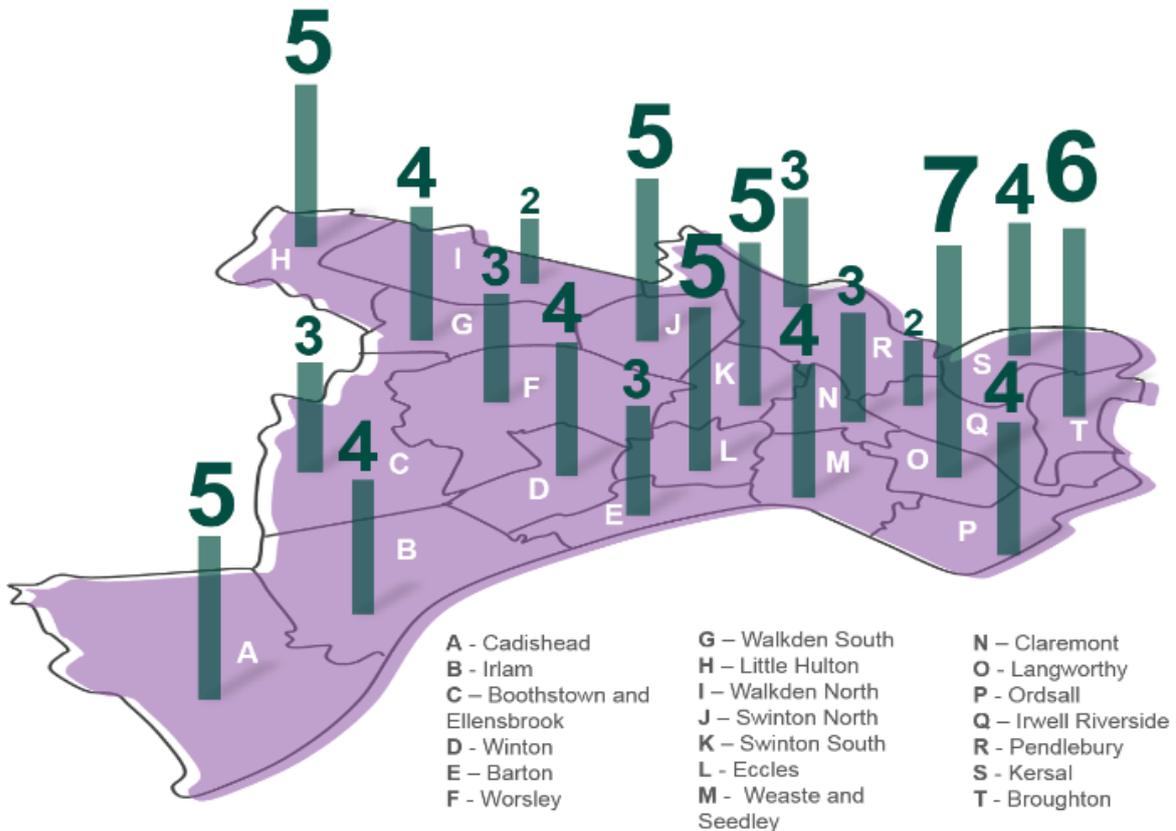
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Salford CVS took steps to ensure we engaged with organisations across the city who work with diverse communities. This diagram below shows the range of service user ethnicity for the 12 organisations who captured this data, it is not a ratio.

Most organisations captured the home address of participants. The map below represents the numbers of organisations with members in each ward.



Participant Locations



What did we learn?

VCSE organisations enhance social capital

Added value from the VCSE sector is one area of the findings from this research. This includes the social and community links an organisation forms beyond its direct work. These links offer opportunities for the children and young people, provide additional social capital and broaden a young person's life experience, providing inspiration and raising aspiration.

VCSE staff and volunteers strengthen skills in the sector

Many of those who run or work for the organisations have a parallel or similar professional role. This strengthens their skills and abilities when they are running sessions for their VCSE organisation.

Volunteers are key to the future

Most of the organisations which worked with volunteers stated that volunteers were an asset to their group and that many of these had been supported by the organisation on their journey from service user to volunteer. To answer the *question "what is your evidence of longer term impacts?"* interviewees stated:

“ The volunteers ”

“ Service users are trained internally and become volunteers at the youth club ”

“ Best thing? Being volunteers, parents want to be volunteers who came as children, we are embedded in the community ”

“ Being a volunteer – I thought I was part of a caring team ”

Some needs of organisations were also raised in interviews that directly related to volunteers. Some interviewees stated they struggled, at times, to recruit or retain effective volunteers.

Salford's geography came up in a number of interviews, in particular that it could be a barrier *"In some areas you have to walk to the other side of the estate before you can even get a bus."*

The quantitative data collected includes the numbers of paid staff and volunteers for each organisation choosing to disclose the information. Volunteers make up approximately 75% of the total adult support in the sample we researched.



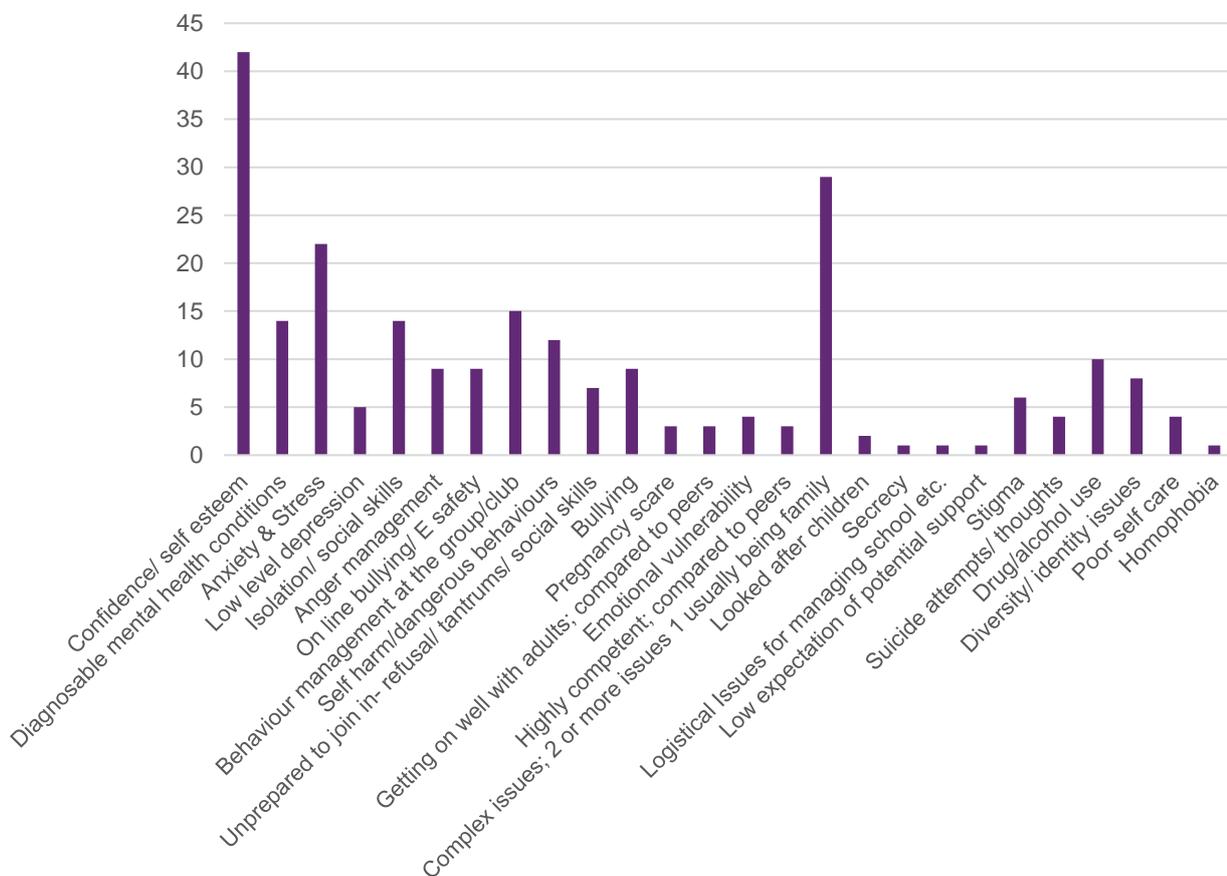
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which would be approx 2,000 a year. In addition they will have matches during term times and a summer school for developing specific skills with around 1000 further attendances at these. The detail of attendances and sessions for each organisation is shown in the table at Appendix 4.

What we learned about emotional health and wellbeing needs and outcomes

The graph below gives an overview of the emotional health and wellbeing needs reported by VCSEs in their work with 0-25s.

Emotional Health and Wellbeing Issues Stated by Interviewees in a VCSE Group Setting



Most organisations stated that the needs of children and young people have become more frequent and more severe in recent years. They reported that children and families were under strain and identified the main sources of this as school life feeling pressurised and families having less resources. A number of complex family issues were also described and the impact of these on the child/young person was highlighted.



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Most interviewees spoke confidently of who to refer to for a range of different concerns that needed external support:

“ We refer to Being Well Salford. ”

“ Brooke, they do family support work as well as sex and relationships. ”

Sports clubs referred to tackling particular needs that they witnessed as significant for their cohort: *“we partnered with the NHS and talked about safe sex, drugs.”*

“ We see them dieting in the lead up to prom and talk about good nutrition, having strength to play the game. ”

Sports clubs also spoke of the financial needs of some participants and how they are willing to support a struggling family if they cannot afford subs or kit and that they *“always find a way.”* They have noticed there was some stigma regarding this and said it sometimes took a bit of detective work to identify what the problem was.

All those organisations working with young adults and teenagers who do not attend school stated that there is a high level of drinking and drug taking within these cohorts. They all stated that *“a lot of”* this drug taking was self-medicating due to depression (the specific level of depression was not reported on), particularly with the use of marijuana.

“ Cannabis is an escapism as well. One lad has had a lot of trauma so he can't sleep, the reason for getting high is self medicating. ”

One interviewee also stated that they know that:

“ without the assistance and help of other agencies or groups you can't transform the life of a young person. ”

It was generally reported that CAMHS were hard to get in touch with or engage with. Interviewees indicated that this barrier warranted more attention. The researcher tried to unpick this in questioning, but clear and specific answers were not given. It may be that there is an issue of negative perception around engagement with CAMHS which reflects reporting in other areas of the 0-25 Transformation Programme.



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All of the organisations delivering 'health and wellbeing' services identified concerns about high levels of anxiety and stress for their participants. They were aware of some mental health conditions that were diagnosed and supported. In addition they reported on experiences of witnessing behaviours that showed vulnerability which they felt came from a history of trauma.

Interviewees also spoke of the impact of the fear of homophobia or racism, describing children and young people who *"felt embarrassed by their parents... accent and the way (they) speak English affects this."* Also LGBTQ+ young people who have grown up in a heteronormative society, so are very aware of hate crime or bullying: *"50% have experienced severe homophobia I would say, the rest is casual or the fear of it."*

One interviewee stated that the children and young people whose families were immigrants, whether first, second or third generation, sometimes:

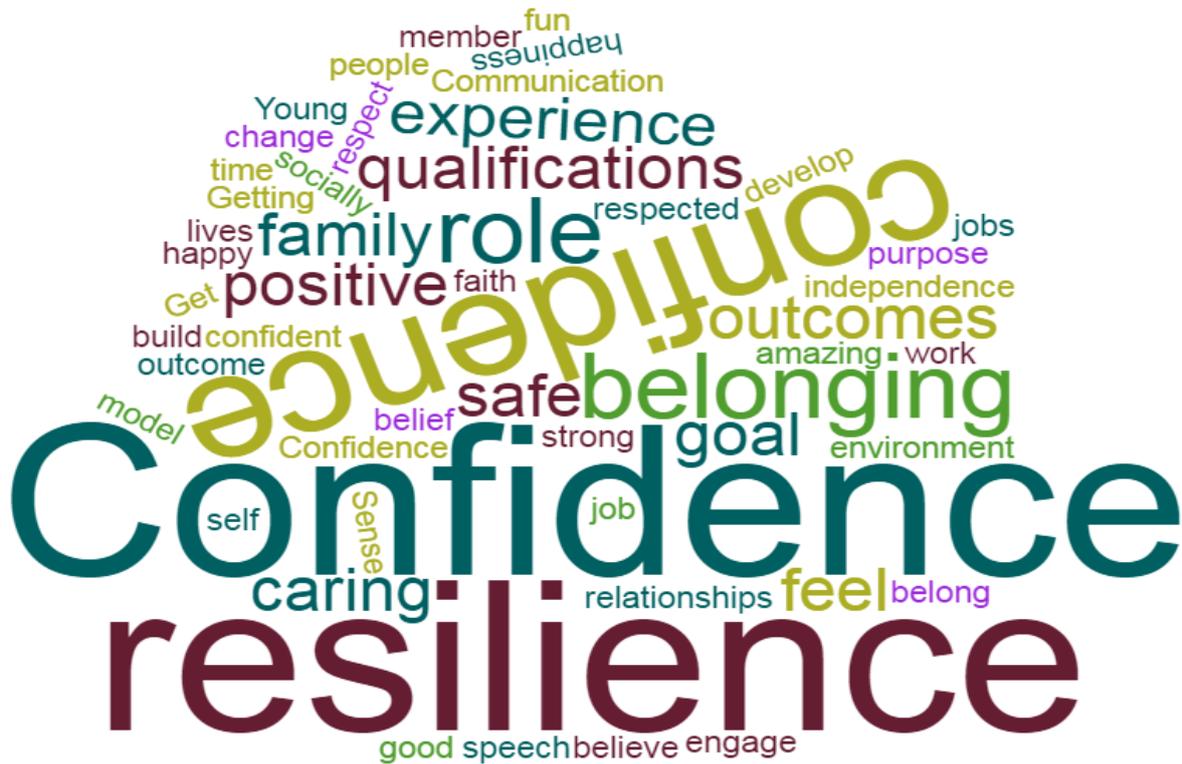
“struggled to conform to two cultures.”

Some of those working with young people who have struggled with school and identity issues stated it would *"not be a surprise"* if they had *"suicidal thoughts"* disclosed to them. Mental health is an issue that was discussed frequently during the research with the health and wellbeing organisations. Those who worked with these children and young people identified concerns about anxiety, isolation, time spent at computer screens, anger issues and self-harming.

All organisations reported an increase in the confidence and self-esteem of children and young people as a result of the work they had done with them. Interviewees were asked about the difference they had made to the biggest proportion of service users. The words most often used in response to this question were *"resilience"* and *"confidence"*. As you can see in the following word cloud other aspects of emotional health and wellbeing were also highlighted such as *"belonging"* *"safe"* and *"positive"*.

All of the organisations reported that there was either a reduction of anxiety and stress for the children and young people attending, or the children and young people were in a position where they had support for that anxiety or stress. Organisations found children and young people also displayed an improvement in their social skills through ongoing attendance and participation in activities.





Emotional health outcomes reported by organisations running sport clubs began with a broad agreement that being part of the club gave the children and young people a strong sense of membership of the club as a unit:

“ It gives them a sense of belonging. Who owns the place? You. ”

One sports club stated their venue was a comfortable place to spend time and everyone felt *“like family.”*

All of the interviewees running training and learning groups reported a number of instances where they had witnessed young people grow and change:

- Passing GCSEs
- Overcoming depression post injury and re-engaging with life
- Becoming more stable and resilient following some time in a safe daily environment where *“they learn that we are not against them, we are on their side and working really hard for them.”*



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There were specific positive outcomes for children and young people undertaking activities within VCSE groups that had an identity specific focus. Examples include:

“ a lot of the special needs children are not in Jewish schools so here it gives them an opportunity to be integrated into their own community. ”

“ Gender identity issues can change while young people find the identity that fits. Sharing that space with others empowers everyone, we get a lot of testimonies about feeling empowered. ”

All the organisations that run health and wellbeing activities had positive stories to tell about the achievements of the children and young people and the growth and change they had witnessed. Examples included:

- Young carers *“blossoming as people and they are really coming together and being able to contribute.”*
- Children learning how to garden in a highly deprived area of the city:

“ they want to know how they can dig, where can they plant stuff, and they have seed bombed. It has made them see the world beyond the garden differently. ”

- Previously angry boys displaying new ways to *“negotiate peer relationships, have them move on from fighting, to walk away.”*

The confidence building aspect of arts and culture organisations activity was described in all cases; learning new skills, taking the courageous step of performing in front of an audience, working backstage or on technical elements of a performance or film making project. These experiences added to the resilience of the children and young people.

“ When they won that competition they were made up. ”

What we learned about disabilities needs and outcomes

With regard to disabilities, the organisations we researched fell into two categories;

- Those whose organisation or activity was set up to cater for disabled children and young people who sought to provide specialist support (specialist)

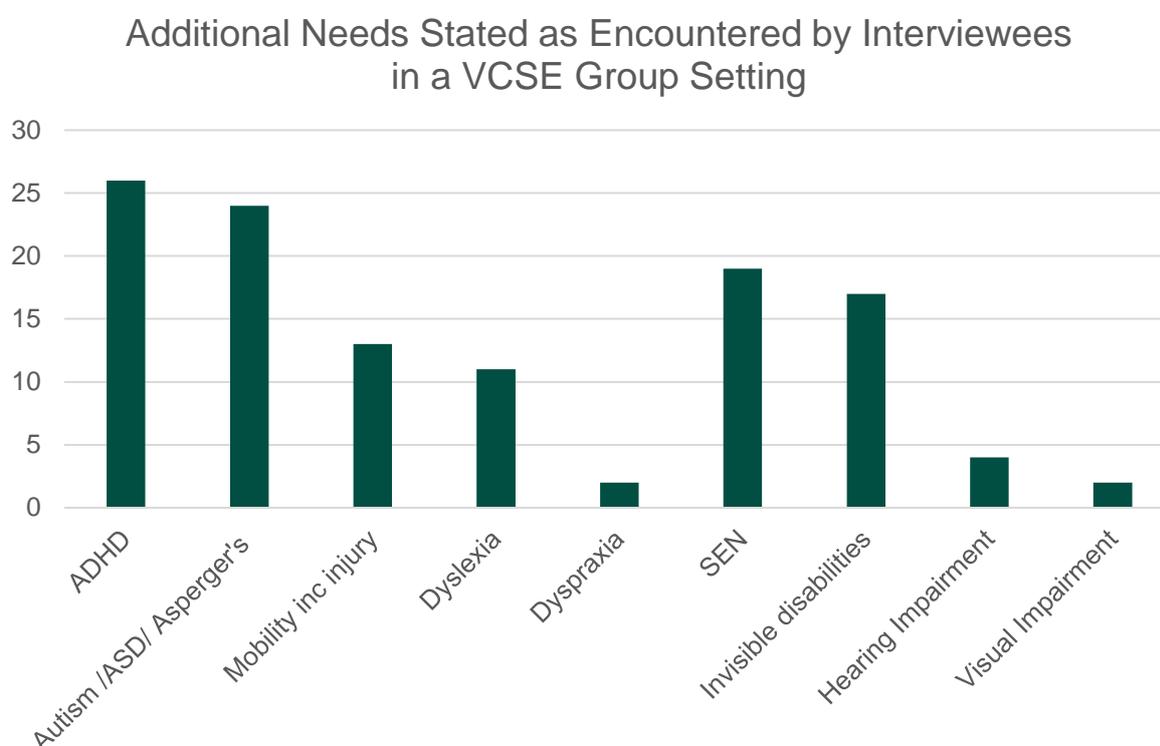


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- Organisations who welcomed disabled children and young people and made reasonable adjustments for those who engaged with their service (inclusive)

The specialist organisations stated an aspiration to run a group for parents that was supportive, but also a place to learn more about the disabilities, appropriate behavioural management techniques and ways to improve the experience of home and family life. Parents of course are experts of their own children but “*strategies that make a difference*” can be a great help for some.

Below is a bar chart which shows the categories of additional needs the children and young people present as the organisations researched.



Those organisations who were inclusive found supporting those who attended with disabilities to be a positive experience for the child/young person and their peers in the group. Overall they felt able to cope with the necessary reasonable adjustments with a variety of responses to accommodating the needs.

It is however important to note that most of these organisations stated that if they had more disabled children attending they would not be able to cope. This goes against an often assumed understanding that the positive experience, as described to Salford CVS in interviews, of the attendance of 1 or 2 disabled children would automatically generate a momentum to grow the capacity of an organisation to include other disabled children and/or young people.



One interviewee stated:

“ We don't have the staff or the skills where we could be key workers for those who need more help. If we had better funds we could do more but with money we are playing catch up - last month we didn't know if we were getting paid. ”

It is worth noting that a judo club spoke positively about their sport having a “*strong history of inclusive opportunities; special competitions for Downs' syndrome and the visually impaired.*” This club was an exception to the belief that organisations might “*not cope*” if they had a higher number of disabled children and young people attend.

For the specialist organisations the interviewees were largely from a professional background that involved working with children with special needs or disabilities. Consequently there was a higher level of confidence with their own skills and the issues they stated presented at the group shifted to concerns such as:

- Managing the eight year old with kleptomania whilst maintaining safeguarding good practice and keeping good communication with the parent (and child)
- Choosing to consistently and positively boost the self-esteem of the participants in the choice of activities and management of the session

What we learned about speech, language and communication needs and outcomes

In response to the question “*what presents?*” the feedback fell into two distinct categories:

- Issues for children with secondary speech, language and communication needs whose primary disability is a learning disability or being on the autistic spectrum
- Issues for children that involve a delay

“ a lot of children who aren't having conversation at home so there is a delay. ”

Those who reported an awareness of speech and communication needs of the children and young people they worked with showed a good level of concern and a



patient and nurturing approach.

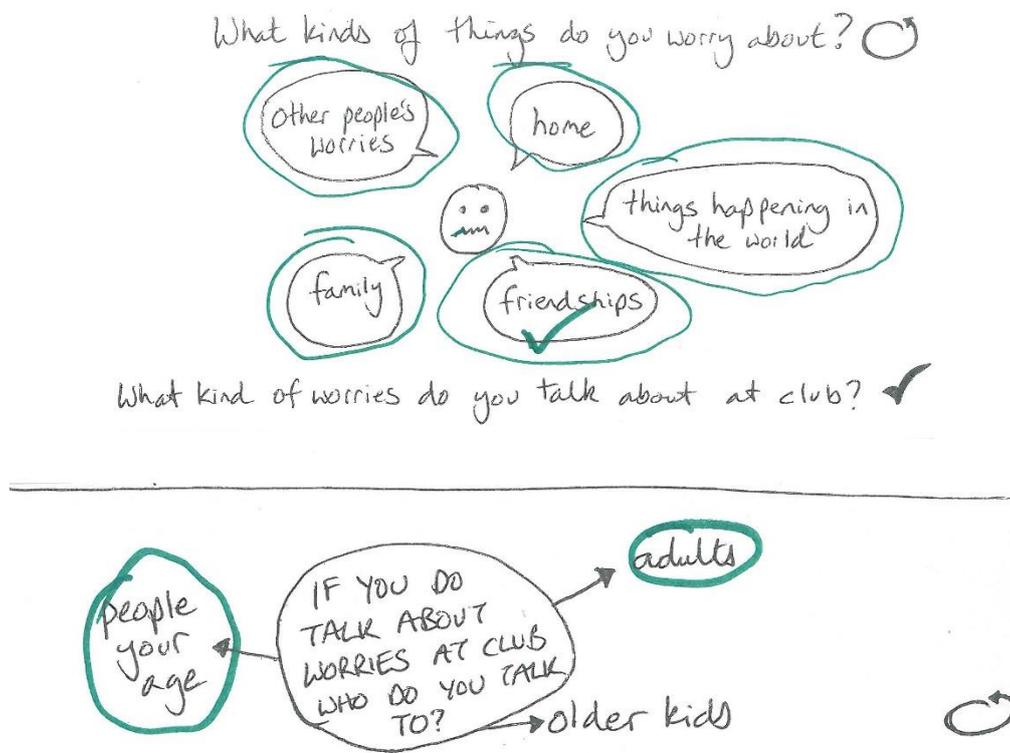
“ Praising the children for their attempts, rephrasing sounds and words they attempt and allowing the silence whilst the children find their voice ”

“ We have speech and language prompts in the kitchen for the team, reminding them of best practice ”

What we learned from children and young people

The focus group survey aimed to identify how the children and young people managed “worries” within the group setting, how their experience regarding their own disability felt, how they felt witnessing another’s experience and what their favourite element of the group or club was.

This section from an 11 year old shows the child worries about all the options given, talks about “friendships” at the club and chooses to talk to “people your age” and “adults.”



What we learned from CLES

The work undertaken with the 10 case studies enabled CLES to determine the value added by the organisations (the net costs; the total value added (economy and effectiveness metrics); and the effective value generated) as detailed in the table below.

	Net Costs	Total value added	Effective value generated
53rd BB&GA	£6,558	£95,600	£89,042
Barton Athletic Club	£11,946	£79,220	£67,274
BINOH & Compass	£80,000	£247,600	£167,600
CSIN	£5,320	£261,954	£256,634
Manchester Giants Netball	£8,220	£40,118	£31,898
Mums' and Dads' Club	£583	£6,100	£5,517
Positive Moves	£48,200	£52,936	£4,736
Salford Musical Youth	£3,328	£2,988	£0
Salford Wheels for All	£24,624	£209,692	£185,068
Warm Hut	£6,885	£728,294	£721,409
Totals	£195,664	£1,724,502	£1,529,178

The findings from the ten case study organisations have been subsequently used to derive an overarching estimation of the value of VCSE organisations focused on



children and young people when compared to their costs. This is done by dividing the total value added (£1,724,502) by the net costs (£195,664).

We therefore estimate that every £1 spent by the ten organisations creates £8.81 of value.

What next?

Recommendations for NHS Salford CCG and Salford City Council

Recommendation 1 – value and invest in VCSE activities for children and young people

NHS Salford CCG and Salford City Council to utilise the findings of this research, to **recognise and promote the value** of the VCSE sector in providing activities for children and young people (aged 0-25). The known value as described here to be promoted and recognised when **investing in future services**.

Recommendation 2 – provide wider support, share resources and co-design activities and services

NHS Salford CCG and Salford City Council to **support the development of VCSE provision for 0-25 year olds** through the **0-25 transformation** and to **involve the VCSE in ongoing co-design of pathways and services**.

Recommendations for Salford CVS

Recommendation 3 – promote a range of funding opportunities to VCSEs

Continue **signposting** children and young people focused VCSE organisations to a **full range of funding opportunities**, particularly those with activities around health and wellbeing.

Recommendation 4 – provide capacity building support to VCSEs

Salford CVS to continue **providing capacity building support** to children and young people focused VCSE organisations to support them **to be grant and tender ready (where appropriate) and able to take up other relevant funding opportunities** (e.g. community fundraising, sponsorship, subscriptions, social investment, corporate social responsibility funds).

Recommendation 5 – provide support to VCSEs to demonstrate their value and impact

Salford CVS to continue providing **specific support to organisations to enable them to demonstrate their impact and value for money**. This should not be burdensome but should be relevant to the operating context and proportionate to the size and nature of the group.



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Recommendation 6 – support young people’s volunteering

Salford CVS and Volunteer Centre Salford to continue **supporting organisations working with 0-25 year olds with their recruitment, retention and recognition of volunteers** in order to **strengthen** the value of volunteering in Salford.

Recommendations for VCSE Sector

Recommendation 7 – continue delivering valued VCSE activities, accessing development opportunities

Each of the organisations engaged with as part of this work should **know that their work is valued** by partners, families and communities and should look to **continue the provision of activities** for their beneficiaries aged between 0 and 25.



3. Introduction and Background

Context

This report has been produced by Salford CVS, the city-wide infrastructure organisation for the VCSE sector, with support from Salford City Council, NHS Salford CCG and VOCAL Children, Young People and Families Forum. Salford CVS worked throughout 2016-17 to identify the VCSE assets working with children and young people in the city with a specific emphasis on the three test cases which form the focus for change within the 0-25 Transformation Programme:

- Emotional health and wellbeing
- Children and young people with disabilities
- Speech, language and communication needs

Other programmes of work have taken place in the city aiming to assess and transform the services and experience for the service user regarding these test cases. The goal is to improve the city's response to the needs of the children and young people with a focus on early help so that children and young people are better able to achieve their potential. Key questions for the research into the activity of Salford's VCSE organisations were to find out what their contribution to support in these three areas was and what was needed to assist in the development of effective pathways including effective early intervention and prevention.

Salford City Council, NHS Salford CCG and the VCSE sector work in the city to provide high quality services to all members of the community. This work takes place in the context of both public sector austerity and high rates of child poverty: there were 12,667 Salford children estimated to be living in poverty in 2016. That's 23% of children or 7 in a classroom of 30. According to the national Index of Multiple Deprivation Salford is ranked as the 22nd *most deprived* local authority area in England (out of 326, the least deprived local authority area being number 1). Levels of poverty and deprivation across Salford also vary significantly, with the most deprived wards being Langworthy, Broughton, and Little Hulton, and the least deprived being Worsley, Boothstown and Ellenbrook, and Claremont. The links between poverty and a higher risk of illness and premature death is well established and the impacts of poverty on children and families is complex. For example there are clear links between poverty and greater need amongst children for support with speech, language and communication needs. The needs arising from being one of the most deprived local authority areas in the country are continually addressed by those who work in the city.

A recent audit of Salford's' community assets (2015) revealed that there are over 7,000 community assets within the city of Salford, most of which are local groups and services run by local people for local people. From the [State of the Sector](#) research we know that 1,364 of these assets are community and voluntary organisations, co-



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operatives and social enterprises (VCSEs). VCSEs offer a broad range of services and activities to Salford's children, young people and families. Salford VCSE organisations had an estimated total income of £145 million in 2011-12, with 5,300 employees providing a GVA of £117.7 million per annum and the contribution of volunteers valued at £122.7 million each year. 84% of Salford VCSE organisations are micro and small and receive just 8% of the total sector income. 38% of organisations receive no public sector funding relying on fundraising, subscriptions and support from local business and communities to continue their activities. Small grants provide a lifeline to many organisations enabling them to continue their work within Salford's diverse communities. This research highlights the vital role of these micro and volunteer led groups and the value of their activities in communities alongside those services delivered by medium and large organisations in the VCSE sector.

Aims

The agreed aims of this project were to:

- Identify the range of current VCSE services supporting children and young people with their emotional health and wellbeing needs, disabled children and young people and speech, language and communication needs – the 3 'test cases' for 0-25 integration. This analysis includes the costs and impacts of these activities thereby building up a more detailed knowledge of community assets
- Improve the effectiveness of emotional health and wellbeing provision and support for disabled children and young people and assist in the development of effective pathways. This includes effective early intervention and prevention through identifying unmet need in the VCSE organisations working with children and young people
- Further develop the evidence base of need for emotional health and wellbeing provision and support for disabled 0-25s by providing both quantitative information and qualitative case studies

This report outlines findings from the research including identified needs of those who are 0-25 in our city and the support they receive from the community itself via engaging with the VCSE organisations. This report aims to give a comprehensive view of the learning from the research showing current provision and the impact and added value of support for children and young people by the VCSE sector.

We have looked at:

- The issues presented by children and young people engaging with VCSE organisations with regard to the three test cases



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- How equipped VCSE organisations are to provide support and services to accommodate those needs
- The benefits the VCSE sector provides to the children and young people who engage with it

Scope of the project

The project aimed to engage with a full range of VCSE organisations supporting children and young people which are not commissioned by Salford's public sector. In scope for this project were those organisations that are Lottery Funded, central Government grant aided, Trust funded, in receipt of small grants, sustained by fundraising and fees or operating on a social enterprise model. The nature of activity includes:

- Community groups working with children and young people in community settings e.g. youth work, play provision
- Voluntary organisations providing targeted programmes of work/support for young people
- Social enterprises providing innovative programmes for young people
- BME and refugee organisations working with diverse communities in Salford
- The community work of faith groups where this involves support to children or young people
- VCSEs engaging with young people and families with protected characteristics e.g. LGBTQ+, Disability and BME

The project did not look at the services of any VCSE organisation commissioned by any Salford public body to provide emotional health and wellbeing support or services for disabled children and young people. In a couple of instances organisation's commissioned to deliver these services engaged with the project to highlight the activity of projects funded by other sources e.g. 42nd Street's LGBTQ+ digital project 'Q42' funded by Children in Need; Mencap's 'Step Up' project.

Salford CVS is the accountable body for delivering this project and has drawn on its membership and wider VCSE communication/networks to ensure VCSE engagement.

Governance

A Project Steering Group oversaw progress on the project and thanks are given to all those contributing, including:

- VOCAL Children and Young People's Forum Chair – Phil East
- NHS Salford CCG Representative – Stephen Woods



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- Salford City Council Representative – Helen Nicolle
- Salford CVS Deputy Chief Executive (Projects and Partnerships) – Louise Murray

Lucy Sutcliffe was appointed as the 0-25 VCSE Research and Development Worker to undertake the research and report back to monthly Steering Group meetings.

The Steering Group reported on progress and findings to the Programme Oversight Group of the 0-25 Transformation Programme, bringing the project into the governance of the wider 0-25 Transformation Programme.



4. Methodology

The agreed deliverables for this project were:

- Needs assessment and community asset data from a minimum of 50 VCSE organisations, including both quantitative information and qualitative case studies
- An impact analysis (Impact on a Page) for two thirds of these organisations
- A value for money calculation for a one third sample of these organisations

The project undertook research with 42 VCSE organisations which were wide ranging in their activities and purpose. The research covered all neighbourhoods and included a diverse range of organisations. Some of which supported specific communities of identity, such as disabled young people and their families or children of African origin.

The research methodology included a survey, semistructured interviews, a group visit where no formal observations were made and focus groups with young people. The information from all the surveys, interviews and focus groups has been analysed to identify themes so that patterns and levels of occurrence for different needs, issues and successes could be identified.

Survey

The research project asked participants to complete a survey (see appendix 1). This aimed to get an overall picture of how the organisation and its participants operated. Questions gathered basic information about the organisation such as:

- What date the organisation was founded
- The annual turnover
- Numbers of volunteers and (if applicable) paid staff
- Number of sessions a week offered
- Who attends sessions

Semistructured interviews

This survey was followed up with a face to face semistructured interview, which was digitally recorded and then analysed. Interviews were conducted with those working directly with children and young people. In smaller organisations this was often the founder and facilitator. In larger organisations the interviewees were usually paid members of staff. Every effort was made to interview people in the organisation's base where they felt at home and able to speak freely. Anonymity was assured. Any identifying information you read in the case studies will be with explicit permission.

The semistructured interviews (see appendix 2) covered questions relating directly to emotional health and wellbeing, disabilities and speech, language and communication needs.



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Interviewees were asked to respond with examples based on their experience from the previous 2-3 years.

The questions aimed to identify:

- The types of issues that were presented by children and young people
- How these issues were tackled
- What kinds of success were achieved by an organisation
- What sort of further support was necessary
- How streamlined the pathways to further support were
- Were there any training needs for staff and volunteers

The length of interviews ranged from 30 minutes to over an hour depending on the interviewee, the amount of information they shared, their levels of concern regarding issues raised and also their personalities.

Group visits

Where appropriate, the Research and Development Worker also visited organisations when activities were in session. These visits aimed to get an impression of their work in action and a sense of the experience for the children and young people who attended. Whilst these visits offered opportunities to talk in an informal way with the children and young people observations did not directly contribute to the collection of research data.

Focus groups with children and young people

CVS focus group work took place with four organisations, speaking to between three and nine participants in each. The Research and Development Worker produced a sheet for young people to fill in with cartoon pictures (see appendix 3), which was worked through together with the children and young people. This was to ensure that all the questions were asked in the same way. The questions covered how participants managed their 'worries' in the context of the club or group they attend, how they felt about support for disabilities either for themselves or others and what their favourite aspect of the group or club was.

The children and young people had a range of ages and ability/disability. To maintain anonymity few identifying factors as possible have been used when sharing the findings from the focus groups.

Impact on a page

Of the 42 organisations participating in the research all were invited to create an Impact on a Page report. 23 took up to invitation and were supported to create an impact analysis and an Impact on a Page report. These provide a snapshot of activities, strengths and key impacts. They can serve as an information leaflet or to



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support funding applications. You will find these in the appendices.

Value for money

17 of the sample of 42 undertook a Value for Money assessment with CLES. The brief being to include evidence regarding the three test cases in Salford with reference to public sector costs, and to identify social value and the broader benefits and outcomes from Salford VCSE activity with children and young people.

Research limitations

The research aimed to engage 50 VCSE organisations as a sample of VCSE activity with children and young people. 483 organisations were invited by email via the CVS VOCAL mailing list, 140 of those emails were opened. 82 VCSE organisations were personally invited to take part and 55 of these agreed to participate in the research. However, the response rate for engaging fully was lower as you can see in the table below.

Received email	Opened email	Personally invited	Agreed to participate	Surveyed	Interviewed
483	140	82	55	42	38

It is relevant to note that of the 13 organisations who agreed to participate but could not find time to meet, just over 2/3 (9) of those are community sports or uniform groups (local football or scout clubs) run by busy parents.

Not all the desired data in the survey was collected by all organisations. For example, we cannot report on the ethnic diversity of the participants from more than 12 organisations. We have information regarding where participants live from 29 of the organisations. The limitations for these two questions restrict some areas of the survey response. Nonetheless we have responses from over half the sample regarding where participants live which gives a good overview.

Importantly we have researched the situation regarding the three test cases for VCSE organisations in every ward across the city as you will see in the map on page 33.

Salford CVS took steps to ensure we engaged with organisations across the city who work with diverse communities in Salford. Consequently our research sample was representative of Salford residents. This action gave us the best opportunity to reflect the needs of our communities inclusive of the different ethnicities, faiths, sexualities, gender and disabilities our children, young people and their families.



5. The VCSE Sector

The added value of community assets

There are specific issues related to the sector that are not directly associated with the three test cases, but impact on an organisation's ability to undertake work that contributes to these test cases. In the research undertaken by Salford CVS some of these issues were shared in the semistructured interviews and are relevant to understanding how the sector is able to respond to children's and young people's needs in the city.

One added value of the work of an organisation is the social and community links the organisation forms beyond its direct work. These links offer opportunities for the children and young people, provide additional social capital and broaden a young person's life experience. Providing inspiration and raising aspiration. Listed below are some benefits stated by interviewees that illustrate the broad spectrum:

- Larkhill Parents' Forum has cultivated a garden from a forgotten area at the back of the school and now children from one of the most deprived areas of the city are making mint tea and growing their own potatoes
- 42nd Street's LGBT group has had opportunities to work with the Pride organisation, the BBC, The Royal Exchange Theatre and Gaydio
- The Broughton Trust has a long term presence in the area and is viewed as an honest broker by both partner organisations and residents, which adds to the accessibility and reliability of the organisation
- The Prince's Trust makes many external connections and regularly enhances their programmes using Science, Technology, Engineering and Mathematics.
- Barton Athletic Club has built a permanent home, a new Community Sports Club, made possible by the legacy of their long term members. The Club has forged strong links with the Yemeni Community promoting all sports, they have also been able to provide 'women only' sessions
- Yemeni Community Association's partnership work is strong and they also run sessions for girls and boys with Red Sun Karate
- Cadishead Rhinos Rugby Club has a group of proactive family members which set up a women's netball team and a girl's football team. Meanwhile they do rugby training and health and wellbeing activities with Salford Reds, a professional club
- Lubavitch Day Camp, a summer camp run within the Jewish community, has volunteers from the USA which allows the children to meet young people from far flung parts of the world
- Lifecentre Salford, based in Langworthy, runs their church from a school hall and through the years has grown a local congregation, some of whom are



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volunteers. As a result they know the children well and are able to offer support in the community outside of structured activities

- Positive Moves were able to offer help to a young person whose parents were both drug addicts. Through constructive activities they have helped to stabilise the family and supported the young person into an apprenticeship which led to paid work
- Lower Kersal Young People's Group ran a history project where the children and young people learned about the floods in the 70's and how the people pulled together in the community at that time on an estate, which has since been knocked down

Many of those who run or work for the organisations have a parallel or similar professional role. This strengthens their skills and abilities when they are running sessions for their VCSE organisation. For example, Club Tikva, who run after school sessions for children with communication difficulties, was founded and is managed by a social worker and 2 teachers who specialise in working with children who have additional needs (1 of whom is an experienced SENCO) in their paid work. This pattern, discovered through frequent interviews, can be clearly defined as a community asset.

Another positive element is that professionals receive a certain amount of training in their working life which keeps their skills up to date and this is an added value for the children and young people who participate with their work in the VCSE sector. For example, at Barton Athletic Club the Child Protection Officer is a school teacher in his day job, so his safeguarding training and experience will be an asset to the club.

Most of the organisations which worked with volunteers stated that volunteers were an asset to their group. To answer the question "*what is your evidence of longer term impacts?*" interviewees stated:

“ The volunteers ”

“ Service users are trained internally and become volunteers at the youth club ”

“ Best thing? Being volunteers, parents want to be volunteers who came as children, we are embedded in the community ”

“ Being a volunteer – I thought I was part of a caring team ”



Challenges faced by our community assets

Salford's geography came up in a number of interviews, in particular that it could be a barrier such as “*young people have geographical barriers, their ability and willingness to actually travel through some of those boundaries...*”. “*They would be happier to come to Manchester city centre than to go somewhere else in Salford.*” “*In some areas you have to walk to the other side of the estate before you can even get a bus.*”

The word cloud below illustrates responses to the semistructured interview question “*What is the current most pressing problem?*” Funding and money are the main concerns with capacity, support and volunteers also standing out.



Finances for groups' resources is an ongoing concern. Many interviewees stated that the level of work was “*too much*” when applying for any size of grant.

Some issues were raised in interviews that directly related to volunteers. One organisation, which provides a specialist service, stated their volunteers were unreliable and they needed to have paid staff. Another organisation had a group of volunteers who were learning English as a second language and stated this could be tricky at times. Another interviewee stated that “*you don't really know what you don't know and we need to remind people of that sometimes.*”

In contrast another interviewee felt that too much is asked of the volunteers “*now that the service is in such high demand.*”



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Quantitative findings

This table shows the list of organisations recruited to the research project.

Organisations Recruited to 0-25 Research Project	
42nd Street; Q42	Rainbow Haven
53rd BB & GA	Reclaim
AFC Monton	Red Sun Karate
ANTZ Junction	Salford Community Leisure
Barton Athletic	Salford Dadz
BINOH inc. Compass	Salford Foundation
Cadishead Rhinos	Salford MMA
Club Tikva	Salford Musical Youth
CSIN	Salford Sea Cadets
De La Salle FC	Salford Wheels for All
Eccles Youth Ministry	Swinton Judo Club
Enthusiasm Trust	The Broughton Trust
Europa	The Carer's Centre
Larkhill Parent Forum	The Fed
Lifecentre Salford	The Prince's Trust
Lower Kersal YP	Unity Radio
Lubavitch Day Camp	Unlimited Potential
Manchester Giants Netball	Visit from the Stork
Mencap	Warm Hut
Mums' & Dads' Club	YCA Manchester
Positive Moves	YMCA Training

As described earlier, the survey aimed to get a picture of how the organisation and its participants operated. Some answers were left blank by participants of the research.

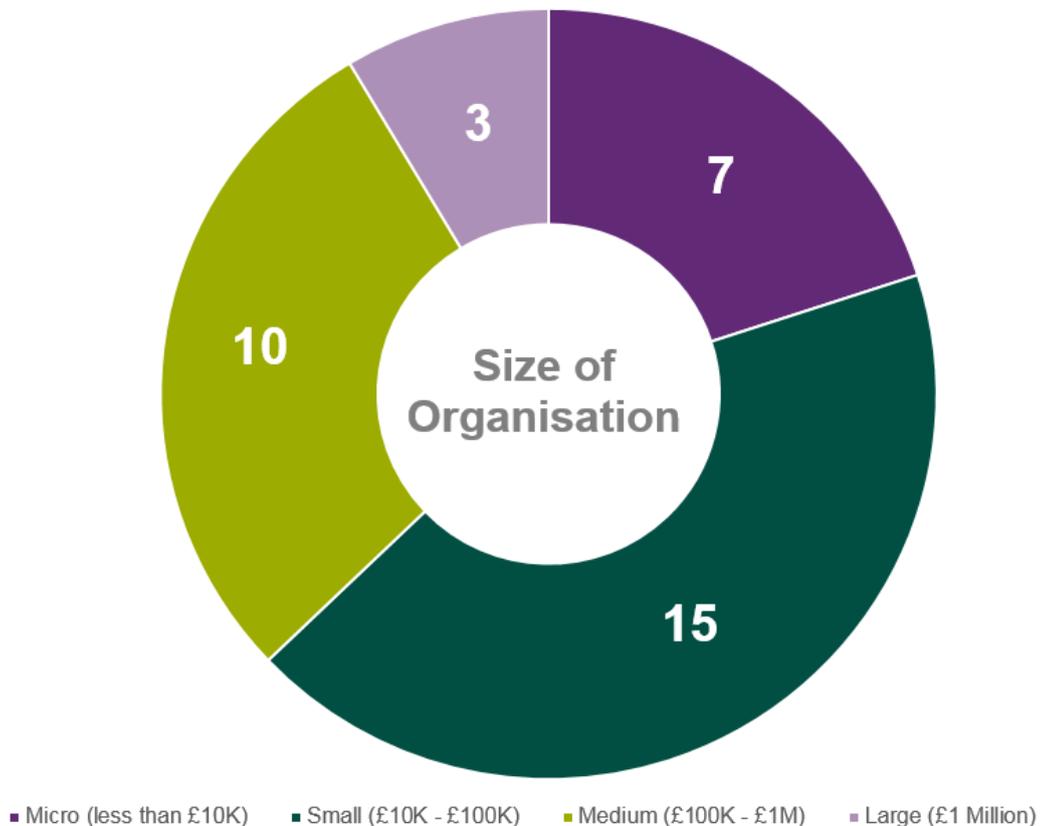


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Not all groups chose to disclose their annual turnover and some groups do not collect ethnic diversity data from their participants.

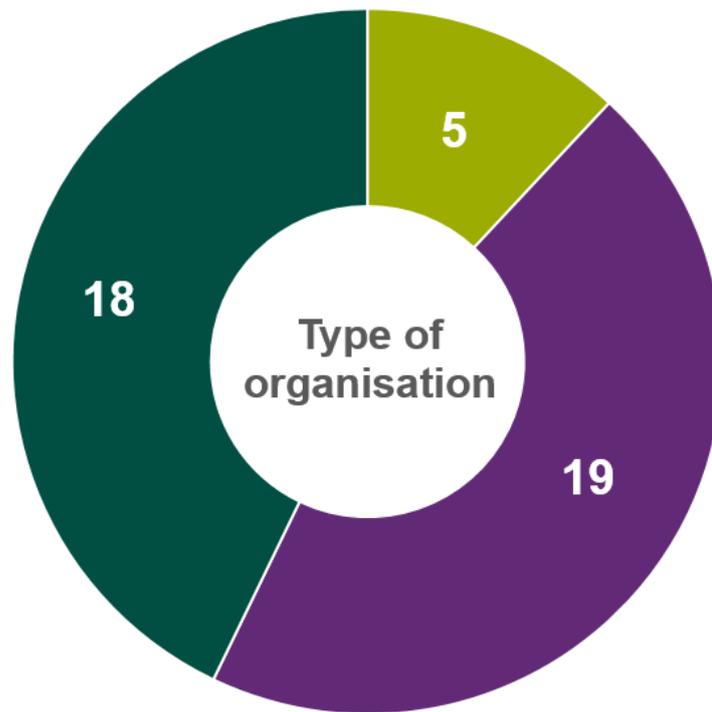
The quantitative findings from the survey are shown in full and anonymised in appendix 4. These surveys were filled in during the summer and autumn of 2016 and present a snapshot.

35 organisations chose to disclose their annual turnover, this pie chart shows that most of the groups we researched fell into the small and medium size categories. Overall the number engaged with this was weighted to the lower end of size category. This is proportionally reflective of the sector.



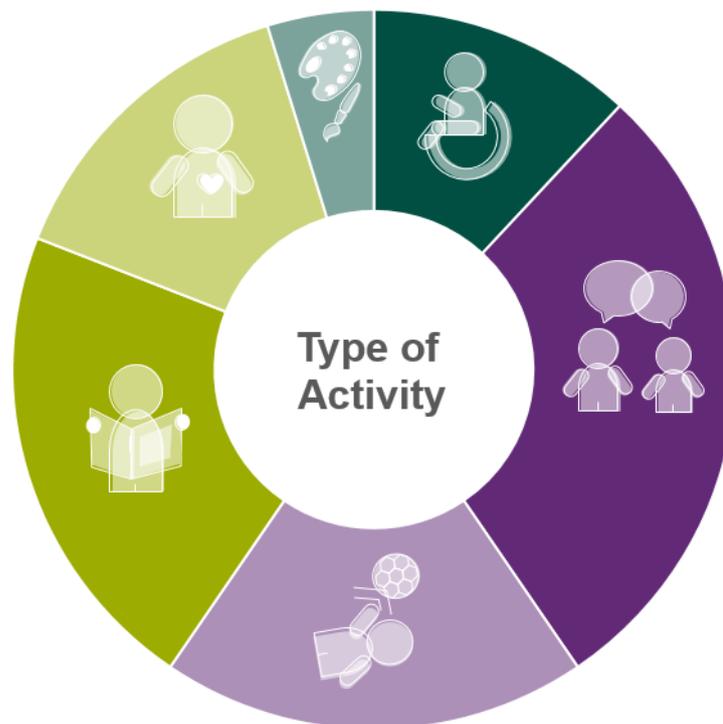
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The sample reflected all 3 organisation types as shown below in the pie chart.



■ Social Enterprise
 ■ Voluntary organisation
 ■ Community organisation

The sample of organisations researched represented 6 types of activity. Some organisations could have been categorised in more than one 'type of activity' however the Salford CVS development team worked together to identify the categories to ensure a 'best fit'.



■ Disability
 ■ Social and outreach
 ■ Sport
 ■ Learning and training
 ■ Health and wellbeing
 ■ Arts and culture



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The quantitative data includes the numbers of paid staff and volunteers for each organisation who disclosed the information.

Most organisations run sessions regularly on a weekly basis, for these the totals were calculated at 50 per year. Some organisations run more than one weekly session - sports clubs have particularly high numbers with usually 2 sessions a week per team and sometimes up to 6 teams.

'Other' sessions includes a wide range: school holidays, fortnightly, monthly, one-off camping trips, sports matches during term time or holidays and other variations. These have been totalled in the spreadsheet for each organisation.

On the spreadsheet (Appendix 4) you can also see the total attendances for weekly sessions, for other sessions and then for the year. These include repeat attendances. It was not possible to quantify unique attendees.

The table below shows the breadth of the work and gives an impression of the person hours involved in contact time from our sample of 42.

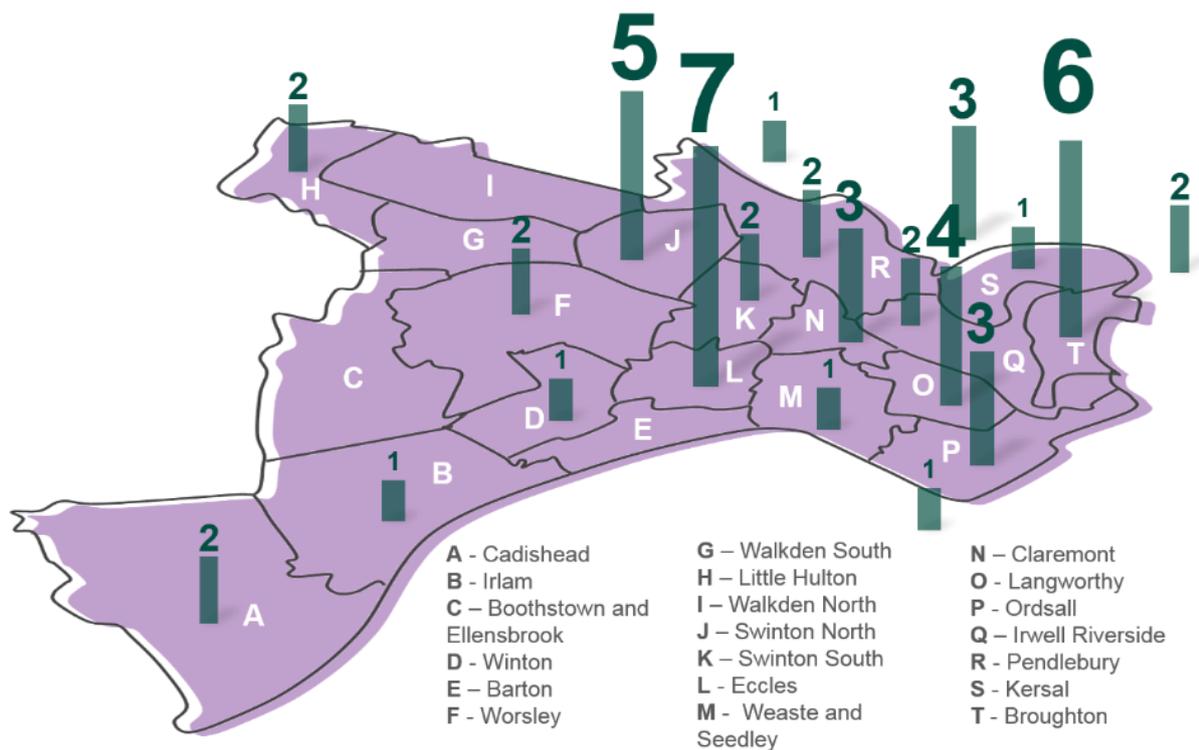
Sample of 42 organisations	Number of paid staff	Volunteers active in last 12 months	Number of year round weekly sessions	Attendees per week	Attendances per year for weekly sessions	Number of other sessions per year	Attendances per year for other sessions	Total number sessions per year	Total attendances per year
	262.2	888	150	2,050	112,370	1,606	39,775	9,612	162,949



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The map below shows the location of the organisations that we worked with for this research. There are 7 organisations based outside of Salford, when surveying and interviewing these organisations CVS focused on the Salford residents or projects that run in Salford itself. For example, Reclaim run a leadership project with working class high school pupils in Langworthy, they reported solely on this project. The 42nd St group Q42 attracts young people from across Greater Manchester but reported to CVS specifically on Salford residents.

Organisation Locations

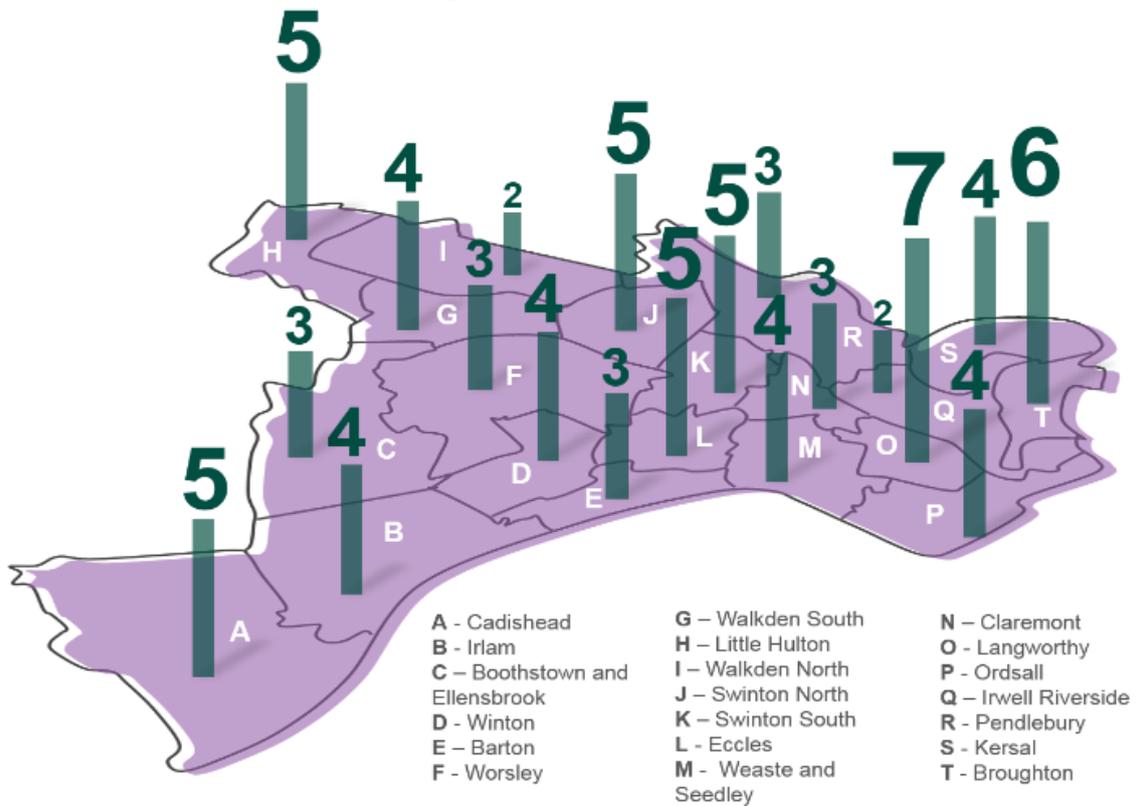


Some wards had more organisations that chose to participate than others. As you can see in the participant map below the locations of where participants live shows a much more even spread. 4 organisations reported that they have participants in Walkden South, 3 organisations reported they have participants in Boothstown and Ellenbrook, all wards that are underrepresented in the organisation locations map.

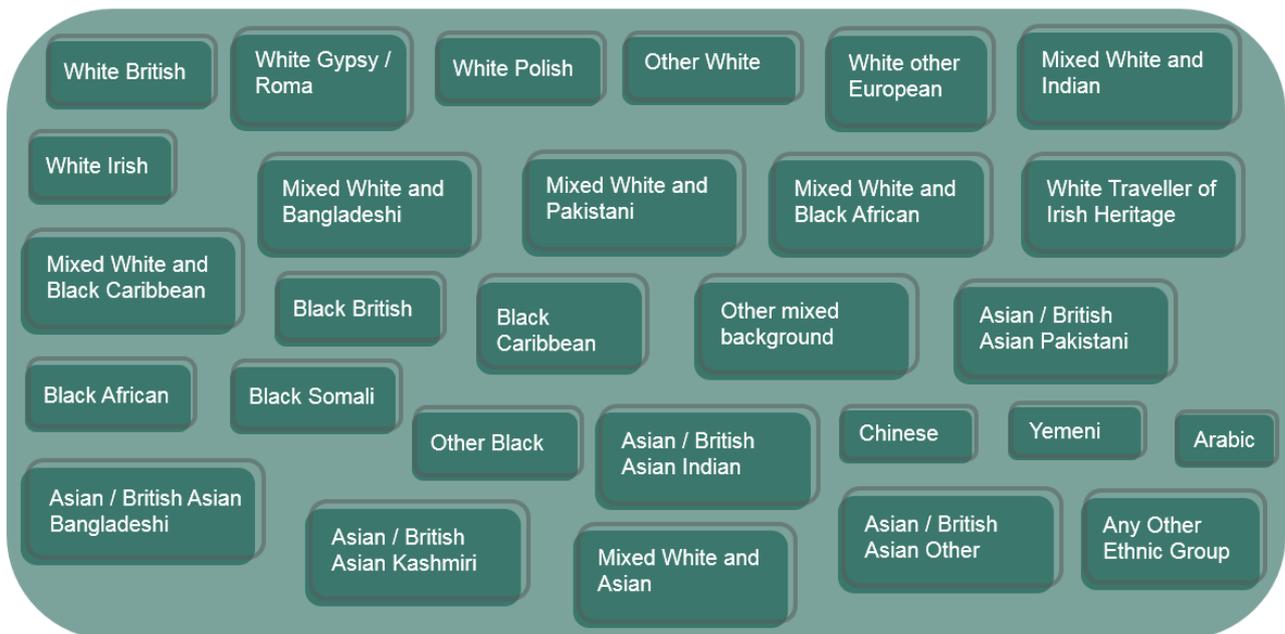
The map on the following page shows we have had feedback from those who work with 0-25s that are resident in all the wards of the city.



Participant Locations



As stated elsewhere in this report we received ethnic diversity data from 12 organisations. The categories are taken from the current census. The diagram below shows the range of ethnicities for the participants we received data on. We were not able to identify ratios. This is simply a statement of identified ethnicities that some organisations were able to give us. Nonetheless it shows a diverse range.



6. Emotional Health and Wellbeing Needs and Outcomes

Wider emotional health and wellbeing work in the city

The wider emotional health and wellbeing into CAMHS transformation aims to improve the effectiveness of emotional health and wellbeing support for young people aged 0-25 through improved commissioning and pathways, and provide a test case for further integration work. Stage 1 delivered a:

- Needs Assessment
- Service Review
- 'Gold Standard' pathway
- Commissioning options appraisal
- An updated Emotional Health and Wellbeing Directory

Stage 2 will:

- Implement new commissioning arrangements for CAMHS and tier 2 mental health services
- Develop and implement the iThrive Hub locally
- Refresh the CCG's CAMHS Transformation Plan
- Provide an Emotional Health in Schools programme
- Improve transitions for young people aged 16-18
- Implement new pathways based on Salford's Emotional Wellbeing Ambitions for Young People

Salford CVS emotional health and wellbeing research in the city

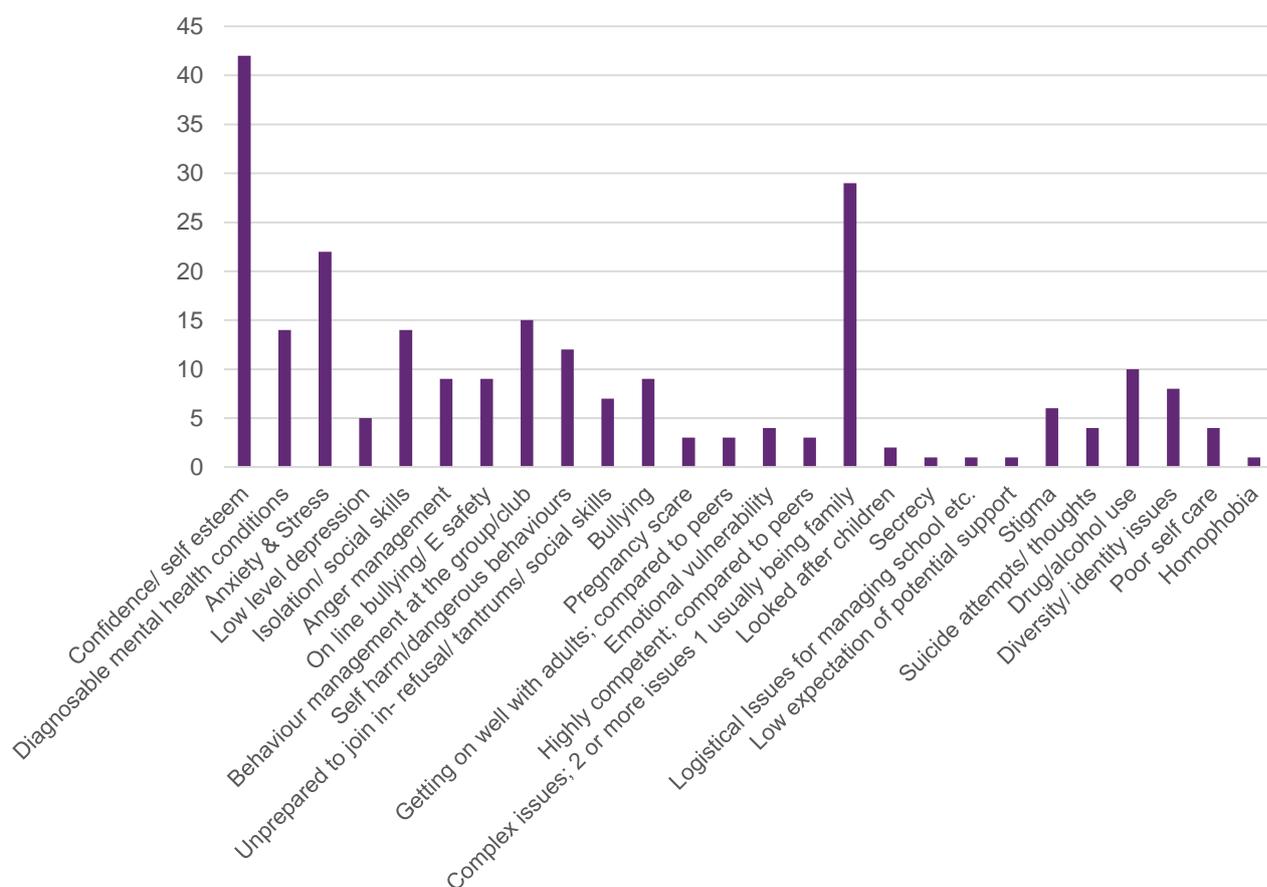
This VCSE research aims to improve the effectiveness of emotional health and wellbeing support for children and young people, and assist in the development of pathways including early intervention and prevention through identifying unmet need in VCSEs working with children and young people. This chapter therefore describes both the needs of children and young people that have been reported in the research and the experiences of organisations in trying to support these needs. It also identifies the positive outcomes for children and young people's emotional health and wellbeing attributable to their involvement in the VCSE activity. Finally specific recommendations are made to help support the development of effective pathways and build the capacity of VCSEs.



Emotional health and wellbeing needs

The graph below gives a general overview of the health and wellbeing needs that organisations reported coming across in their work with children and young people. There is clearly a spectrum of concern ranging from struggling to make friends to experiencing severe hate crime. All these concerns were directly raised by the interviewee, with the CVS Development Worker taking care not to lead the answers, following the questions as shown in the semistructured interview (appendix 2) and when asking for clarification or more information keeping an open questioning style.

Emotional Health and Wellbeing Issues Stated by Interviewees in a VCSE Group Setting



Most interviewees stated that the needs presenting in their VCSE setting have become more frequent and more severe in recent years (in their experience). They reported that children and families were under strain and identified the main sources of this as coming from schools being pressurised and families having less resources. A number of complex family issues were also described and the impact of these in the setting was highlighted. For example children not being picked up by parents/carers, not being able to pay subs or for activities, being “often hungry” when they go to a group and some children being unhappy at home. In this context it is possible to appreciate that group activities led by experienced community workers will be part of



the building blocks where a child or young person is able to grow into a more rounded young adult and may offer vital support to children who are living in difficult circumstances.

Social and outreach organisations' needs

Emotional health and wellbeing issues that were raised by organisations running social and outreach activities were broad, and on the whole low level in comparison to some other organisations. Interviewees spoke of some poor behaviour from new participants that would improve when children and young people settled in. Poor behaviour was also recognised as an indicator of a child or young person undergoing a challenge:

“ A lad's attitude changed - he started bullying other children, angry & vicious, then we learned his mum had cancer. ”

There were further concerns by this category of organisations which were more serious. Some concerns about low confidence and the impact this would have on the children and young people's choices:

“ the weed for the boys, I've seen drug dealing taking place outside the centre in front of my eyes. ”

One interviewee stated that a participant started to display the signs of disordered eating. She was *“avoiding eating and also certain foods.”* *“It was spotted by 2 or 3 staff, we had an internal chat, then spoke to her.”* There was no referral in this case, the young person was supported by the staff and volunteers and the issue improved.

Most interviewees spoke confidently of who to refer to for different concerns that needed external support:

“ We refer to Being Well Salford. ”

“ Brooke, they do family support work as well as sex and relationships. ”





Salford Sea Cadets has been based in Worsley since 1936, and although they are on the canal, they make many trips to Royal Naval ships or sailing centres in Liverpool, Edinburgh or in other parts of the country. Salford Sea Cadets welcomes children and young people from all walks of life, they say *“once we have the uniform on we are all the same”*.

Salford Sea Cadets is run by volunteers from in and around Salford. The volunteers come from a wide range of backgrounds and have a range of different skills. The children and young people wear uniforms and learn to parade, as well as learning engineering, sea-faring and adventure training. Children and young people attend one or two sessions a week, as well as **camp and trips throughout the year**.

Salford Sea Cadets undertakes fundraising which supports many activities including subsidy for those who need financial support.

Success for Salford Sea Cadets includes 2 young men earning valuable spots at Wellbeck Sixth Form College, an exclusive Naval College as well as the continual journey of young people to becoming confident and competent sea cadets and members of their communities.

Sports groups' needs

Those interviewed who ran sports clubs referred to tackling particular needs that they witnessed as significant for their cohort: *“we partnered with the NHS and talked about safe sex, drugs.”*

“ We see them dieting in the lead up to prom and talk about good nutrition, having strength to play the game. ”

All the interviewees spoke of needs of their participants, how they are willing to support a struggling family if they cannot afford subs or kit and that they *“always find a way.”* They have noticed there was some stigma regarding this and the researcher was told it sometimes took a bit of detective work to identify what the problem was.





Cadishead Rhinos is a vibrant rugby club with many opportunities for children and young people. Established in 1993, they are Cadishead and Irlam's only Rugby League side. Cadishead Rhinos do partnership work with local schools and with **Salford Red Devils Rugby Club**, as well as the **Health Improvement Team**- learning about healthy eating, taking care of your emotional health and wellbeing and safe sex initiatives.

Cadishead Rhinos have many training and match opportunities so children and young people can gain fitness and rugby skills. The club values family engagement and has spin off teams such as lady's football and netball. Cadishead Rhinos recently won a grant to refurbish their clubhouse. Cadishead Rhinos is run by a **committed network of parents and team members** who continually work to maintain the values and skills of all their members.

This rugby team love to win but they value discipline, being part of a team and the social networks created when people engage well with the wider Cadishead Rhinos community.

Learning and training groups' needs

Although there is a range, the majority of organisations that run learning and training opportunities do so with teenagers and young adults who have had an unrewarding school experience, who may have been in trouble with the police and may be struggling to find work. Interviewees stated that these young people often came from troubled families with complex needs, from families or extended families engaged with crime and/or gangs. One interviewee described their role as:

“ the last stop for these young people. ”

All of those who work with young adults and teenagers who do not attend school stated that there is a high level of drinking and drug taking within these cohorts. They all stated that “a lot of” this drug taking was self-medicating due to depression (the specific level of depression was not reported on), particularly with the use of marijuana.

“ Cannabis is an escapism as well. One lad has had a lot of trauma so he can't sleep, the reason for getting high is self medicating. ”

Those who work with young people who drink and take drugs stated they followed safeguarding guidelines. For example if anyone attended while under the influence, they tackled the issues relating to drink and drugs as part of their programme and if they learned that a young person was dependent on cannabis (or another substance)



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they “find out the basic stuff and then ask a drug support expert, they know what to do.”

This interviewee also stated that they know that:

“ without the assistance and help of other agencies or groups you can't transform the life of a young person. ”

One interviewee spoke of needing to escalate a concern to The Bridge and stated “within 3 phone calls we were speaking to their case worker. The turnaround was really quick.”

“ social services should talk to us. They don't. ”

However, another interviewee stated that:

It was generally reported that CAMHS were hard to get in touch with or engage with. Interviewees indicated that this barrier warranted more attention. The researcher tried to unpick this in questioning, but clear and specific examples were not given. It may be that there is an issue of negative perception around engagement with CAMHS. This has been reported in other areas of the 0-25 Transformation Programme.

Another interviewee supported a young person who had been told to leave home and had nowhere to go. They reported that the young person went to Salford City Council for support but received no constructive help “I thought the council really let her down.” The young person ‘sofa surfed’ until the parent agreed to them returning home.

All of the organisations that work with young adults and teenagers who do not attend school had concerns about some of the parenting they witnessed. One organisation stated that they gave a phone call home if the young person had a good day, and that in one instance a young person asked for a phone call home and said that the reward from the parent would be a:

“ £10 bag of weed. ”





Warm Hut UK runs a homework club set up to improve maths and English skills for children and young people from African migrant communities in Salford.

There are 2 hour sessions every Saturday for Primary school children and 1:1 support during the week for Primary school and high school students, especially those in transition between primary to High School. They run a range of activities for the children including maths and English, art, museum visits, outdoor games and any suitable ideas that come from the children. Warm Hut UK focus on improving creativity, communication skills, personal development, team work and building friendships.

Warm Hut UK, the children and their families love to watch the progress as the children receive better marks in school as a result of the extra learning opportunities they receive at the Homework Club.

Children and young people are also encouraged to make friends to reduce isolation and improve their network of support. This network extends to the parents and one added benefit is that they have formed friendships themselves and families as a whole have become less isolated.

Health and wellbeing organisations' needs

These organisations tend to focus their activities on a particular community, whether geographical or in identity. For example: a faith group works in the Langworthy area both in partnership with schools and also running some activities outside of partnership relationships; a young person's mental health charity runs an LGBTQ+ group; a voluntary agency runs drop-in, crèche, support services and ESOL classes for a largely refugee community.

All of the interviewees from this group of organisations identified concerns about high levels of anxiety and stress for their participants. They were aware of some mental health conditions that were diagnosed and supported, but in addition reported on experiences of witnessing behaviours that showed vulnerability which they felt came from a history of trauma. This was a common theme.

Another common theme was concern regarding isolation of the service users, the parents and the children. One interviewee stated a belief that the single weekly session was the only activity that a particular family undertook.

The geography of the city is relevant to note here, some children and young people find themselves isolated in certain parts of the city, such instances as living at the opposite end of an estate from where the bus stops. Another example was that of a young parent in emergency accommodation who was unable to afford the bus to the food bank, so walked with young children from one part of the city to another.

The interviewee who works directly with refugee families raised strong concerns regarding the impact of poverty. Navigation of the benefits system, Salford CVS was



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told, is a slow and complex journey which can “easily” result in a family being without money for a number of weeks. In one instance, knowing there was a destitute family with no food or money coming in the interviewee contacted the social services duty desk and reported that the person on duty decided not to pursue the concern because “things are different for refugees.” “I told her” the interviewee stated:

“ we are talking about a destitute family and children who have nothing and will be hungry. ”

This interviewee identified increased need:

“ numbers are going up, 2 years ago we generally had about 40 visits to the drop in, now its 70+ ”

There were some emotional health and wellbeing concerns raised that were particular to identity issues. One organisation stated that following Brexit the focus of the organisation shifted significantly to tackling hate crime. The interviewee knew of a number of incidents that followed the referendum. One example given was:

“ classmates of our participants are saying that other children feel more comfortable saying semi racist things like saying their parents voted to leave Europe. ”

Other concerns included homophobia which was stated as sometimes being “an issue when we do outreach, because some young people don’t want to or can’t be seen in our group - they come from really homophobic communities.”

Interviewees also spoke of the impact of the fear of homophobia or racism, describing children and young people who “felt embarrassed by their parents... accent and the way (they) speak English affects this.” And LGBTQ+ young people who have grown up in a heteronormative society so are very aware of hate crime or bullying “50% have experienced severe homophobia I would say, the rest is casual or the fear of it.”



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One interviewee stated that the children and young people whose families were immigrants, whether first, second or third generation, sometimes:

“struggled to conform to two cultures.”

Some of those working with young people who have struggled with school and identity issues stated it would “*not be a surprise*” if they had “*suicidal thoughts*” disclosed to them. Mental health is an issue that was discussed frequently with the health and wellbeing organisations. Those who worked with these children and young people had concerns about anxiety, isolation, time spent at computer screens, having anger issues or self-harming.



Lifecentre Salford is a Christian organisation that has been based at the heart of Seedley and Langworthy since 2000. Working in partnership with local schools Lifecentre delivers three projects to meet the needs of children in the area.

The school holiday programme **Make Lunch** combats holiday hunger by providing a hot meal and activities for children on free school meals. **Breakfast Nurture Group** provides a meal, emotional literacy interventions and a safe place for children experiencing stress at home. This enables them to start the school day calm and ready to learn. **Transition Group** builds the resilience of children making the big move to high school. Alongside this, Lifecentre runs **Space for Young People**, a mobile project that reaches young people at risk of anti-social and criminal activity in Langworthy. In partnership with Greater Manchester Police, they provide positive activities and role models for young people.

Lifecentre also has a foodbank, a counselling service, a youth venue and a free legal advice clinic. Lifecentre’s projects create social capital in Langworthy by increasing social bonds between community volunteers, children, young people and families.

Emotional health and wellbeing outcomes

All of the 42 organisations taking part in the semistructured interview reported an increase in confidence and self-esteem for children and young people as a result of the work they had done with them. Interviewees were asked about the difference they had made to the biggest proportion of service users. The words most often used in response to this question were “*resilience*” and “*confidence*”. As you can see in the word cloud below other aspects of emotional health and wellbeing were also highlighted such as “*belonging*” “*safe*” and “*positive*.”





All of the organisations reported that there was either a reduction of anxiety and stress for the children and young people attending, or the children and young people were in a position where they had support for that anxiety or stress. Organisations found children and young people also displayed an improvement in their social skills through ongoing attendance and participation in activities.

These outcomes are the perception of the people interviewed. Most organisations do not have a structured outcome measure in place (although some of the larger and more formalised organisations do). The primary purpose of most of the organisations interviewed will be to provide an activity or opportunity. They provide this in a nurturing environment and through building positive relationships with their service users engaging with the emotional health and wellbeing of the children and young people they encounter.

Social and outreach organisations' outcomes

E-safety was reported as being tackled in both health and wellbeing groups and social and outreach. Interviewees stated that they ran sessions on e-safety and tackled issues as and when they arose and were happy to report that the children and young people were well versed on the issues and potential problems. One organisation was contacted by a school because a teenager had photos on their phone of "people's bums" but it turned out to be one picture of the teenager, no photos had been shared, the problem was less severe than anticipated.



Sports activities organisations' outcomes

Emotional health outcomes reported by organisations running sport clubs began with a broad agreement that being part of the club gave the children and young people a strong sense of membership of the club as a unit:

“ It gives them a sense of belonging. Who owns the place? You. ”

Another interviewee said that from their sports club they saw the young people had *“friends for life.”*

All the interviewees from sports clubs talked about the discipline of the sport being a transferable skill and how learning to be a disciplined player strengthened their life skills.

One sports club stated the building they rented was a comfortable place to spend time and everyone felt *“like family.”* One example of this supportive environment was high school pupils revising for their GCSEs in the ‘home room’ area and they would all *“help each other.”* Interviewees spoke with pride about the achievements of their participants outside of the sport as well as within:

“ You can achieve with the club, doing your best, everyone needs to do that. ”

Learning and training organisations' outcomes

The programmes for these young people tackle the needs of being an independent young adult, using public transport, managing money, gaining employment skills and in some cases retaking English and Maths GCSEs with the extra support offered.

All of the interviewees told of a number of instances of where they had witnessed young people grow and change:

- Passing GCSEs
- Overcoming depression post injury and re-engaging with life
- Becoming more stable and resilient following some time in a safe daily environment where *“they learn that we are not against them, we are on their side and working really hard for them.”*

One interviewee witnessed that young people will go from a position where they expect that all the opportunities are provided for them to saying *“I have found this... job opportunity, or something, and they then ask for help with such and such or whatever it is they need.”*



Health and wellbeing organisations' outcomes

There was a positive element to children and young people undertaking activities with a VCSE group that had an identity specific focus. Examples include:

“ a lot of the special needs children are not in Jewish schools so here it gives them an opportunity to be integrated into their own community. ”

“ Gender identity issues can change while young people find the identity that fits. Sharing that space with others empowers everyone, we get a lot of testimonies about feeling empowered. ”

All organisations that run health and wellbeing activities had positive stories to tell about achievements of the children and young people and the growth and change they had witnessed. For example young carers *“blossoming as people and they are really coming together and being able to contribute.”* Also children learning how to garden in a highly deprived area of the city:

“ they want to know how they can dig, where can they plant stuff, and they have seed bombed. It has made them see the world beyond the garden differently. ”

Previously angry boys displaying new ways to *“negotiate peer relationships, have them move on from fighting, to walk away.”*



Mums' and Dads' Club is run on Friday afternoons at Fiddlers Lane Primary School with the specific purpose of giving children and their parents an opportunity to spend quality time while participating a variety of activities together.

Each week the children and their family member make exciting crafts such as key rings, aeroplanes, glass painting or jewellery. **The crafts are carefully resourced with a low budget to provide a quality gift to take home.** Alongside the craft session, the children and families are encouraged to communicate verbally, share, take turns and enjoy interaction with others.

This is a fun bonding experience and provides **quality family time.** The crafting helps with motor skills and learning how to make choices (what tools to use, how to decorate). By stimulating the children and family members creativity, Mums' and Dads' Club helps the **children express their thoughts and emotions** and appreciate the importance of following their own creative instincts.

Mums' and Dads' Club help parents to learn that you can have fun with a bag of pasta and some tubs of glue and paint.



Arts and culture organisations' outcomes

One aspect of the 'arts and culture' organisations to note is that the children and young people are learning skills in addition to undertaking enjoyable activities where they are able to express themselves. In the current digital age these skills include programming, recording and editing film and sound. These are in addition to the creative skills they are learning.

The interviewees stated that supporting the children and young people to undertake that learning experience was their role in running these groups. They also stated that the positive experience enjoyed by the children and young people was clear when witnessing their journey. Having recorded a song or a film or having done a live performance of theatre and/or music was a validating experience for the children and young people.

The confidence building aspect of this type of activity was described in all cases: learning the skills, taking the courageous step of performing in front of an audience, working backstage or on technical elements of a performance or film making project. These elements added to the resilience of the children and young people.

“ When they won that competition they were made up. ”

Feedback from children and young people taking part in focus groups

Salford CVS worked in partnership with CLES to undertake focus groups with four organisations. 19 children and young people were involved, each one completing their own survey (appendix 3) with guidance from CVS; each step was taken together and the questions were asked in the same way for all participants with reminders that no answer could be wrong and to follow their own opinion and feelings.

The survey aimed to identify how the children and young people managed 'worries' within the group setting, how their experience regarding their own disability felt, how they felt witnessing another's experience and what their favourite element of the group or club was.

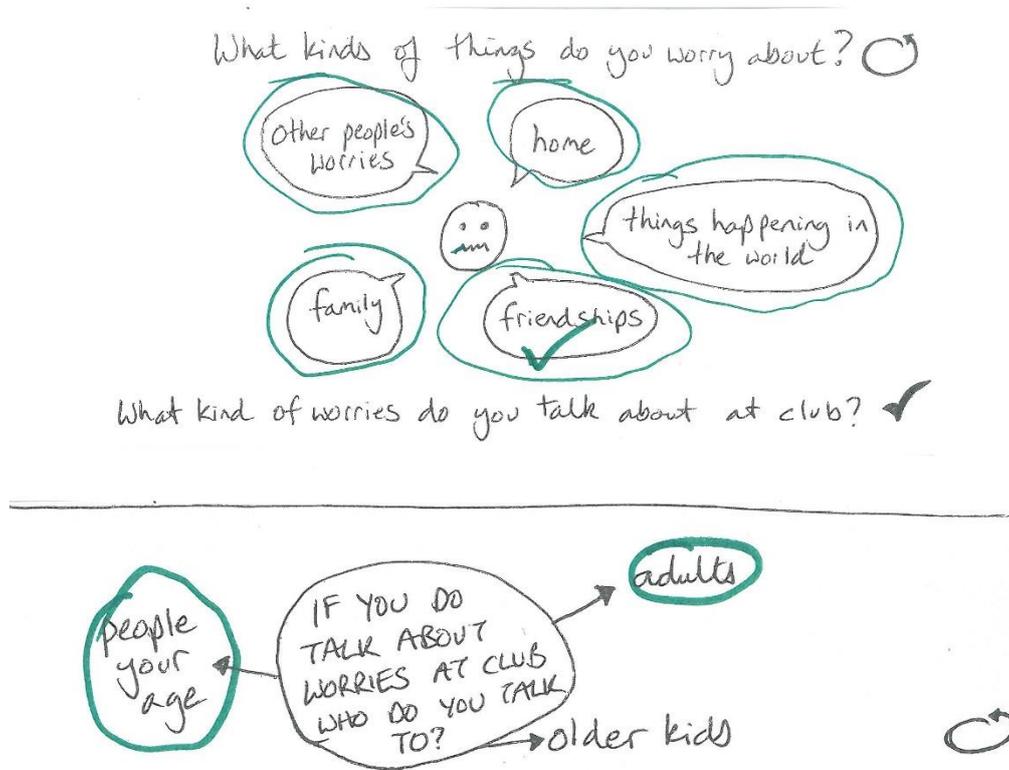
To maintain anonymity we have disclosed as few identifying factors as possible when sharing the findings here.

Firstly, it is important to note that no children or young people gave negative feedback, none of the “*made better*” sections were filled in. Salford CVS gave the children and young people the opportunity to verbalise any concerns at the end of the focus group session, to ensure that no concerns raised were left unspoken if a child or young person was unable to write them down. Nothing was raised verbally.



Feedback regarding 'worries'

This first section filled in with green pen is from an 11 year old, the page clearly shows the child worries about all the options given, talks about "friendships" at the club and chooses to talk to "people your age" and "adults."



The responses about what worries the participants had and how they experience and act on those worries varied. Participants generally responded that they did not talk about *all* their worries at the club, although they did talk about some.

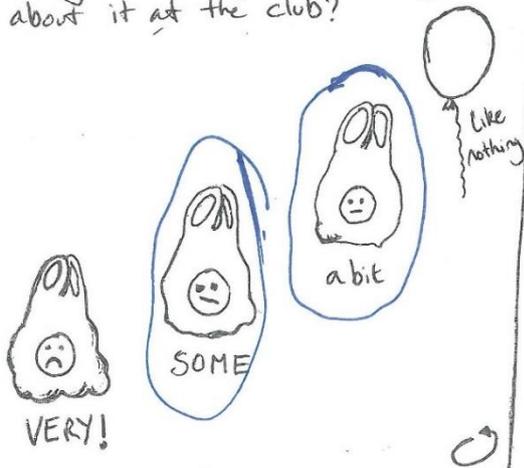
At a social and outreach organisation that ran a busy session with music playing and well planned and resourced activities, *all* participants responded that they did not talk about their worries.

Elsewhere, one respondent stated that before and after talking the 'bag of worries' weighed the same, all the others who responded to this question said the bag got lighter. This can be seen in some examples below (from 2 teenagers and a 6 year old).

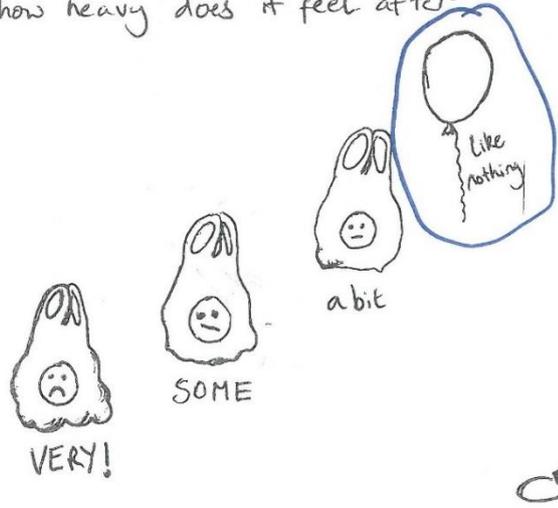


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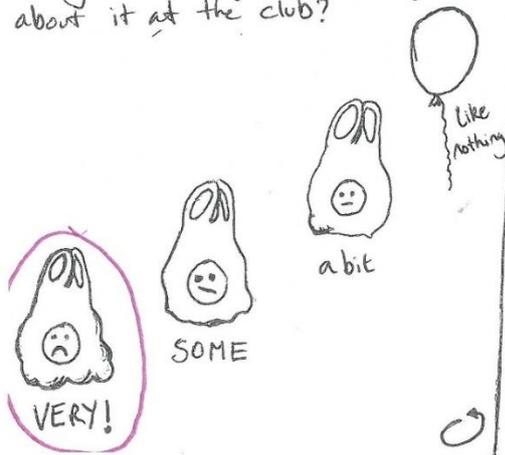
If you have a bag of worries how heavy does it get before you talk about it at the club?



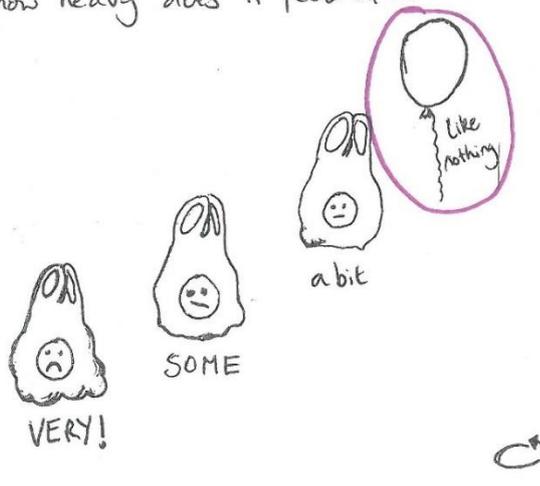
If you talk to someone at the club how heavy does it feel after



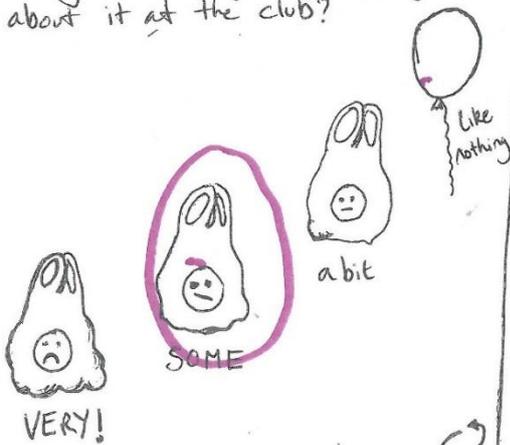
If you have a bag of worries how heavy does it get before you talk about it at the club?



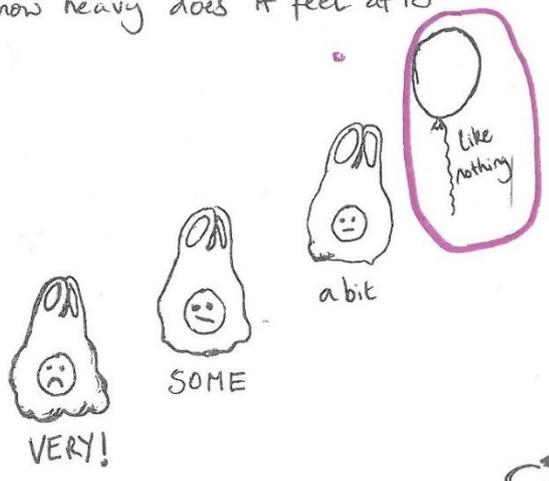
If you talk to someone at the club how heavy does it feel after



If you have a bag of worries how heavy does it get before you talk about it at the club?

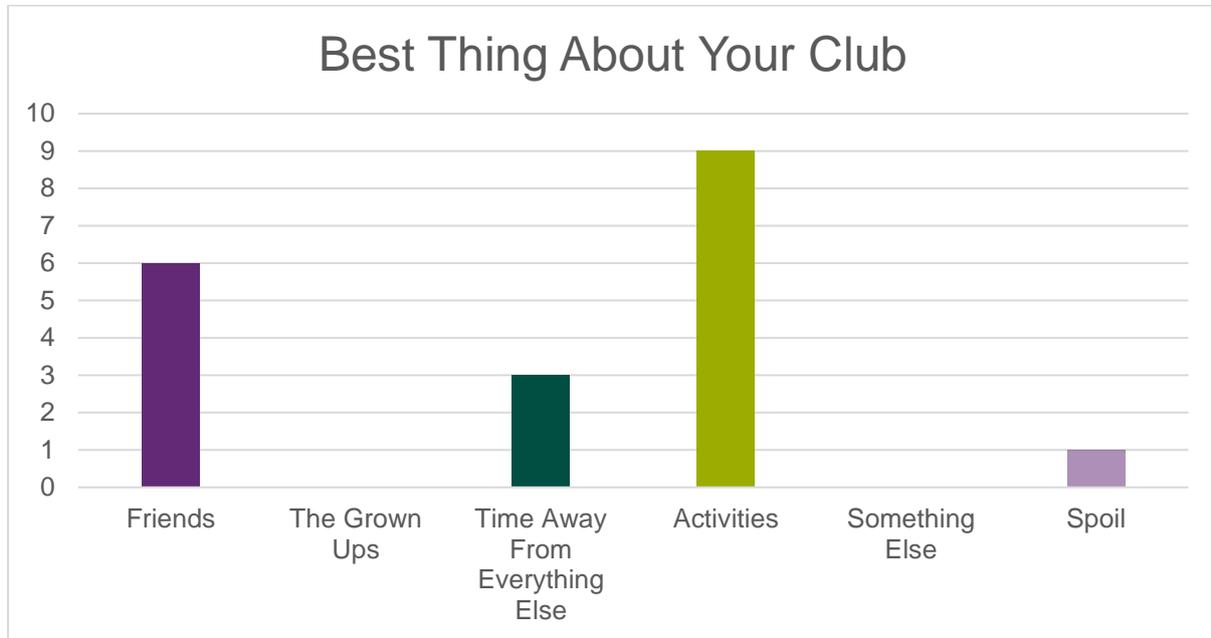


If you talk to someone at the club how heavy does it feel after



Feedback regarding the best thing about the club

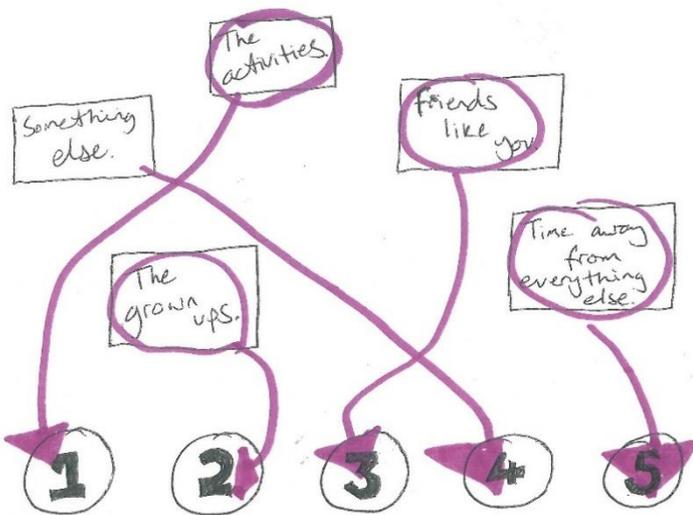
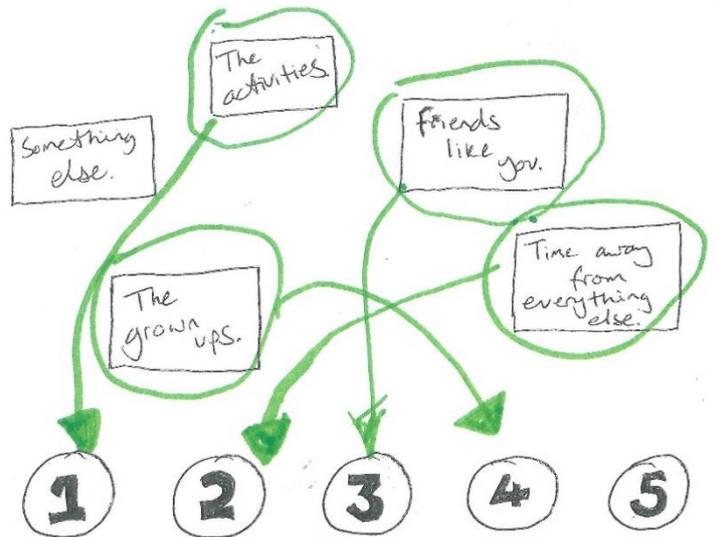
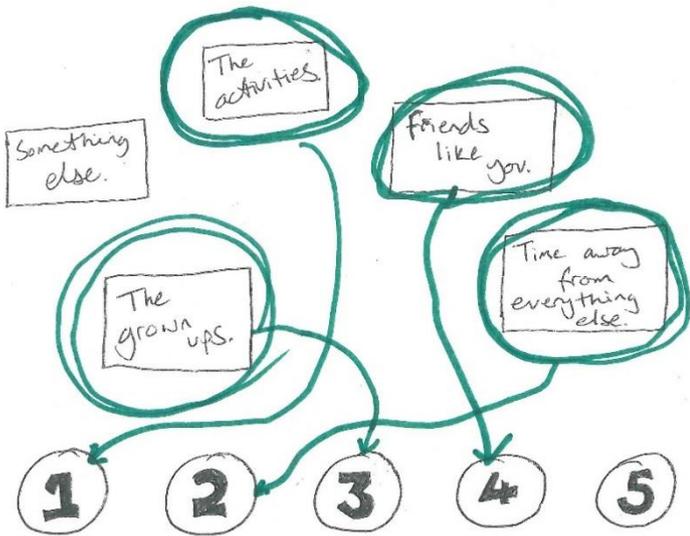
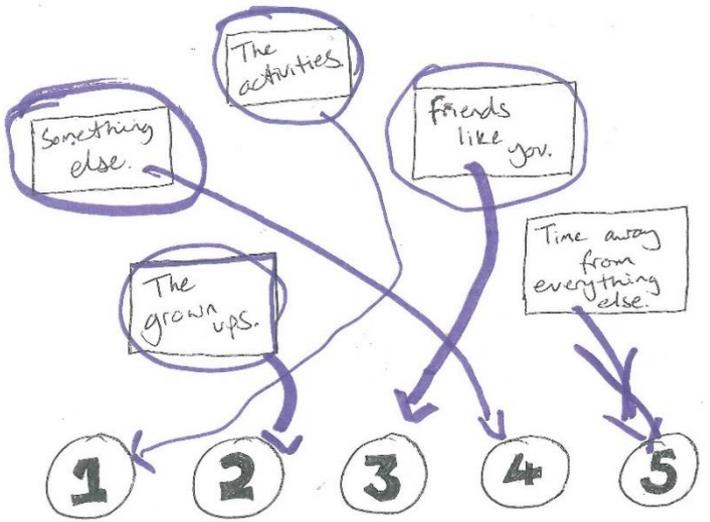
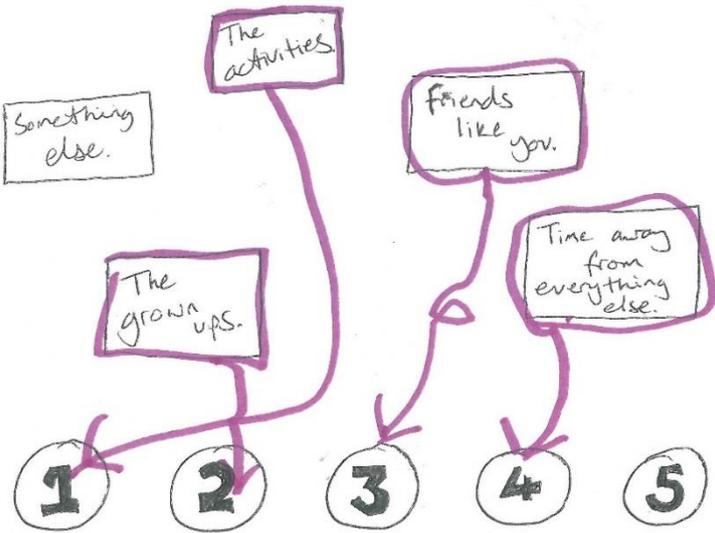
Responses from young people stating the 'best thing' about the club they attended highlighted activities and friends as most significant with time away from everything else also important for some. Please see the graph below for the full breakdown:



Feedback worth noting here is that the participants mentioned previously who did *not* talk about their worries in club and who had well planned and resourced activities unanimously stated that the activities were their favourite aspect of the club they attend. Please see next page:

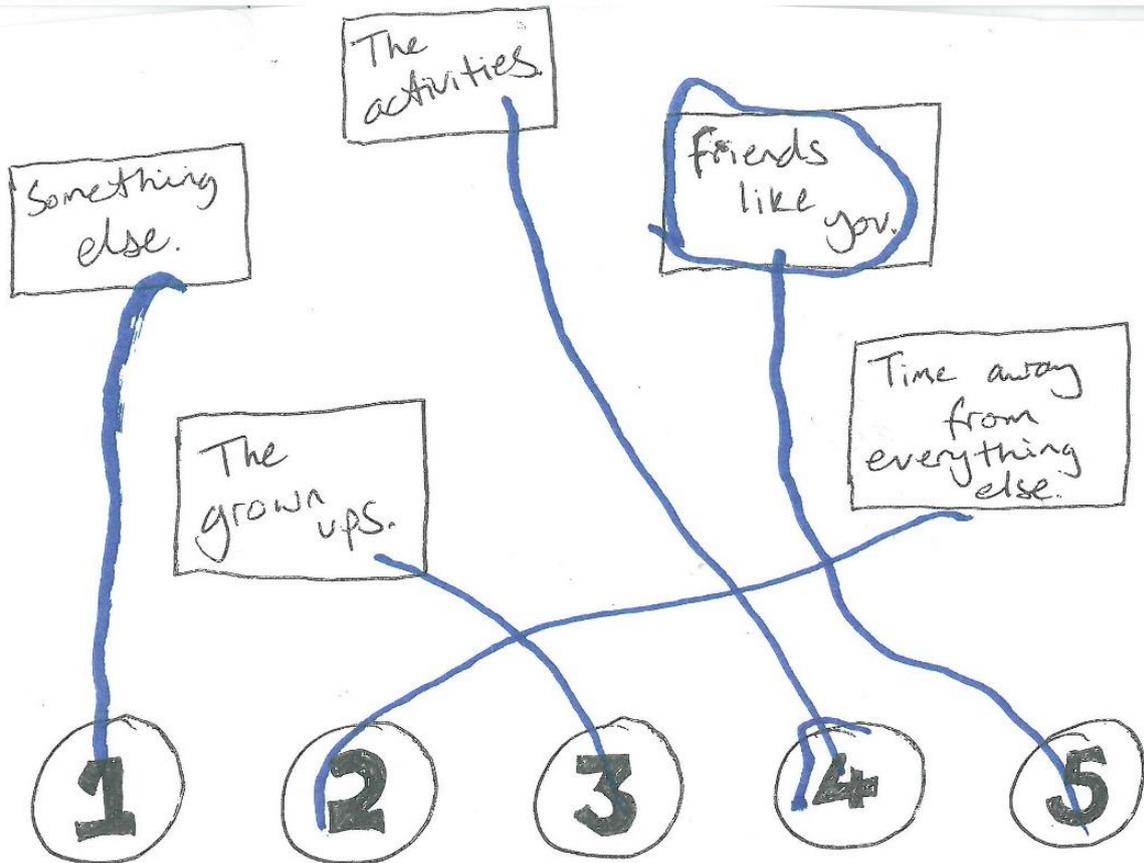


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The final response worth noting from the children and young people's feedback is this 'best thing' page filled in by a disabled teenager. The ranking system has been misunderstood but the response makes a clear point that the best thing is "friends like you."



My something else is friends like you



Recommendations for emotional health and wellbeing

NHS Salford CCG and Salford City Council to **support the development of VCSE provision for 0-25 year olds** through the **0-25 transformation** and to **involve the VCSE in ongoing co-design of pathways and services in line with the iThrive model**.

- The VCSE sector should be supported to access and contribute to [Salford's Emotional Health and Wellbeing Directory](#) growing this resource so that it includes more VCSE provision
- Salford City Council and Salford CCG should enable VCSE staff and volunteers to access training on emotional health and wellbeing in line with the iThrive model
- This training to include emotional health and wellbeing and equalities awareness, support the emotionally friendly schools agenda and enable appropriate referrals and support to be accessed.
- Mind Ed online training promoted within the VCSE sector alongside promotion in Salford City Council <https://www.minded.org.uk/>
- Validation of training by a recognised body should be investigated to ensure value
- Barriers to engagement with and referral into CAMHS from VCSEs to be addressed as part of the ongoing transformation



7. Disabilities Needs and Outcomes

Wider disabilities work in the city

The children with disabilities transformation aims to improve outcomes for children, young people and young adults with disabilities by providing an integrated, person centred, proactive and responsive service. This will ensure that local needs are met in the most effective and efficient way and provide a test case for further integration work. Salford will implement a new pathway based on better engagement with children and families to help them find their own solutions where possible, followed by more creative and child-focussed resource allocation where needed. Salford will run a commissioning review, including developing the market to promote creative solutions led by families using direct payments.

Salford CVS disabilities research work in the city

This VCSE research aims to improve the effectiveness of disabilities support for children and young people, and assist in the development of pathways including early intervention and prevention through identifying unmet need in VCSEs working with children and young people. This chapter therefore describes both the needs of children and young people that have been reported in the research and the experiences of organisations in trying to support these needs. It also identifies the positive outcomes for disabled children and young people attributable to their involvement in the VCSE activity. Finally specific recommendations are made to help support the development of effective pathways and to build the capacity of VCSEs.

With regard to disabilities, the organisations we researched fell into two categories;

- Those whose organisation or activity was set up to cater for disabled children and young people who sought to provide specialist support (specialist)
- Organisations who welcomed disabled children and young people and made reasonable adjustments for those who engaged with their service (inclusive)



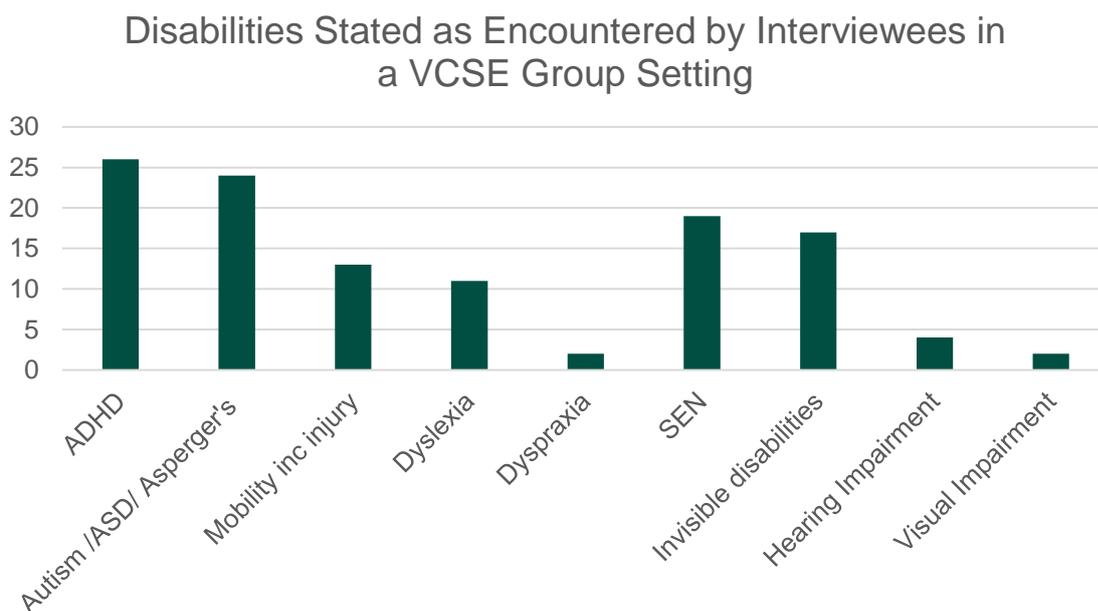


Club Tikva is an afterschool club for children with social and communication difficulties based within the Jewish community. They run 4 sessions a week during term time, the sessions are gender split. The children have a range of needs, not all of them have a statement. The children who attend **Club Tikva** work on identifying feelings, this supports their emotional literacy and helps them behave appropriately more often and in more situations. The volunteers who set up and run the group met through work and started the group in response to a special school closing. They also employ staff, throughout the staff and volunteers there is a range of professional skills. These staff provide a valuable opportunity for the children to enjoy activities that help them grow in a lovely atmosphere. Each week the children play a range of games to promote sharing, turn taking and discussion making. They are read to, take part in Lego therapy, have an opportunity to bake and enjoy a focussed social skills group. Skills such as empathy are targeted and the children are encouraged to express themselves in a positive and meaningful way.

Disabilities needs

The exclusive organisations stated an aspiration to run a group for parents that was supportive, but also a place to learn more about the disabilities, appropriate behavioural management techniques and ways to improve the experience of home and family life for their disabled child so that home life can be smoother for all. For example *“preparing much more now for when he gets home so his transition is easier.”* Parents of course are experts of their own children but *“strategies that make a difference”* can be a great help for some.

Below is a bar chart which shows the categories of special needs that present for the organisations Salford CVS researched.



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It is however important to note that most of these organisations stated that if they had more disabled children attending they would not be able to cope. This goes against an often assumed understanding that the positive experience, as described in interviews, of the attendance of 1 or 2 disabled children would automatically generate a momentum to grow the capacity for an organisation to work with disabled children.

One interviewee stated:

“ We don't have the staff or the skills where we could be key workers for those who need more help. If we had better funds we could do more but with money we are playing catch up - last month we didn't know if we were getting paid. ”

Another organisation stated bluntly the issue was financial capacity: if someone with a disability needed extra support, a carer or the staff to child ratio to alter, that would be “*one less seat on the bus*” for an oversubscribed trip, limiting those with special needs to 5% of the cohort offered more opportunities for other children. This interviewee also stated there was more demand in recent years and explained the concern for the families who needed respite was ongoing.

Salford CVS researched learning and training organisations that work with young people who have not had a positive experience in school. It is relevant to note them here because these organisations stated that “*more than half*” of their attendees had a disability such as ADHD or ASD or a learning disability that is not immediately apparent.

This has often led to further issues for these young people which could be:

- Crime
- Dangerous behaviours involving drugs &/or alcohol
- Engagement with gangs
- Social isolation
- Lack of support from family

Those who were interviewed spoke of young people who displayed some violent behaviours, were heavily disengaged from the learning opportunities, but who also responded well to patient and consistent treatment. Many of these young people became able to undertake an apprenticeship, gain qualifications and/or attend work experience regularly.





Community Social Inclusion Network was formed in 2012 and has recently formalised as a Community Interest Company. Their volunteers are an excellent team who really enjoy improving people's lives.

CSIN deliver life skills to people who have learning difficulties or barriers to education related to their special needs.

CSIN encourage young people to travel independently to the sessions by doing journey planning and route planning. They teach Money Matters to **help young people understand budgeting** and finance, as well as how to avoid credit and debt.

CSIN run broadcast media courses where young people learn to operate mixing desks, microphones, radio broadcasting, gain speaking and listening skills, team skills and literacy and numeracy. These courses are a great confidence boost.

CSIN also run Drink, Drugs and Alcohol courses where the attendees are referred due to having been in trouble with the police. Through their pathways to employment work CSIN have **generated work placements and further education for 81%** of their client base.

Success for CSIN includes presenters going on to do their own radio show and young people maintaining friendships.

Disabilities outcomes

For the organisations who ran sessions specifically targeting disabled children the interviewees were largely from a professional background that involved working with children with special needs or disabilities. Consequently there was a higher level of confidence with their own skills and the issues they stated presented at the group shifted to issues such as:

- Managing the eight year old with kleptomania whilst maintaining safeguarding good practice and keeping good communication with the parent (and child)
- Choosing to consistently and positively boost the self-esteem of the participants in the choice of activities and management of the session
- Supporting the parents who need respite, but also need to undertake learning from those with professional expertise regarding the condition their child or children have
- Support the parents to be able to navigate the number of professional relationships they need to engage with due to the needs of their child

These kinds of issues came across as the bread and butter of the experience of working with disabled children and young people. The interviewees spoke with confidence and displayed insight when discussing the needs of the children and families.



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Those organisations who made reasonable adjustments found supporting those who attended with disabilities to be a positive experience for the child/young person and their peers in the group. Overall they felt able to cope with the necessary reasonable adjustments with a variety of responses to accommodating the needs. This included talking with parents, sometimes school, doing their own research and using their professional skills acquired in other posts. Some of those interviewed said that:

“ people tend to be hesitant about disclosure (of a disability) ”

However those running sessions fed back that they were open to the needs of all the attendees and if adjustments needed to be made because of a disability then that was a part of the process.

It is worth noting that a judo club spoke positively about their sport having a *“strong history of inclusive opportunities; special competitions for Downs’ syndrome and the visually impaired.”* This club was an exception to the belief that they could *“not cope”* if they had a higher number of disabled children and young people attend.

Salford CVS found in their qualitative research the organisations that made reasonable adjustments to their activities stated there were a number of positive outcomes. One group described a busy summer day with a presentation for parents at a full community centre, during which the volunteers invited a young man with epilepsy to undertake an alternative, but important, role that took him out of the sun and into a more relaxed mode and consequently away from his usual triggers. He later told his Mum that he was excited and proud to do the alternative task. All the while his needs were being met without bringing any potential negative attention to difference. Meanwhile others stated:

“ they (children) forget their disabilities when they are with us, it’s so active ”

“ We are deliberately inclusive in all areas. The space is set up to support ease in group situations, for being able to socialise in a peer group, if you’re on the autistic spectrum ”

One interviewee stated that integration of disabled and non-disabled children was a positive experience for all: *“it is good to ‘rub along’ with someone who presents differently.”* This attitude helps to combat any stigma and promote acceptance of difference.



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Many of the young people with ADHD or ASD who attended a learning or training organisation became able to undertake an apprenticeship, gain qualifications and/or attend work experience regularly.



Positive Moves is a Community Interest Company, it was set up in 2006 to work with disadvantaged and vulnerable groups.

Positive Moves are moving people in the right direction.

Positive Moves provides social, educational and recreational services. Positive Stars is the youth club for disabled young people, their siblings are also invited. During the sessions the young people can do arts, crafts, sports, play games, construction building or play musical instruments. The different groups go on frequent trips to bowling, trampolining and to Southport and Blackpool in the summer time.

Positive Moves help achieve a reduction in isolation, build social networks and provide fun activities at a very low cost. Low income families are welcome.

Positive Moves also run the **Youth Information, Advice and Counselling Service** in Irlam, working in a multi-agency partnership to provide a one stop for young people to get help and support. They run holiday play schemes for 5-12 year olds.

Positive Girls is another group run by this CIC which gives young women an opportunity to build their self-esteem, skills and friendship circle.



Salford Wheels for All is part of Cycling Projects, a national inclusive cycling charity promoting cycling for all.

Salford Wheels for All is aimed at people with disabilities and differing needs of all ages and provides a wide range of different cycles that all are welcome to ride around Cleavley Athletics track. They have **2, 3 and 4 wheelers, side by side tandems, hand crank cycles and other types of cycle available, for all abilities to ride.** There are skilled volunteers to set up specialised cycles for those with specific needs.

People come to **Salford Wheels for All** with carers, family members and friends to cycle together. They run all day sessions during term time on Wednesdays and Fridays which are open to all. There are changes in the school holidays.

They also run an **Autism Sports Club** and a Saturday morning **Family Cycle Session** where they have had three generations riding together, each on different types of cycle.

The attendees experience riding outdoors in a safe fun environment.

Many of the participants learn to ride with Salford Wheels for All, which is a massive achievement and a huge self confidence boost.

Feedback regarding disabilities from the CYP Focus groups

Salford CVS worked in partnership with CLES to undertake focus groups with four organisations. 19 children and young people were involved with each one completing



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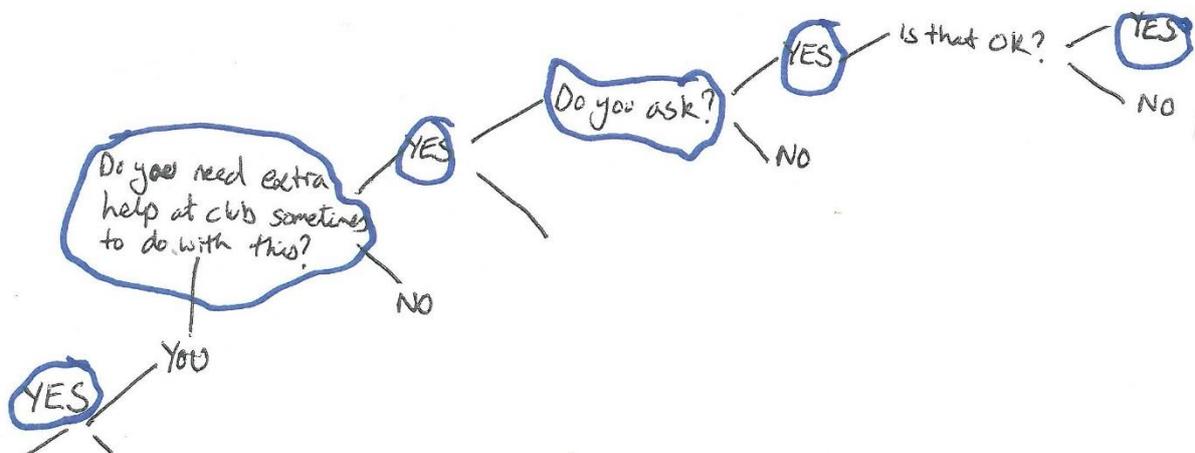
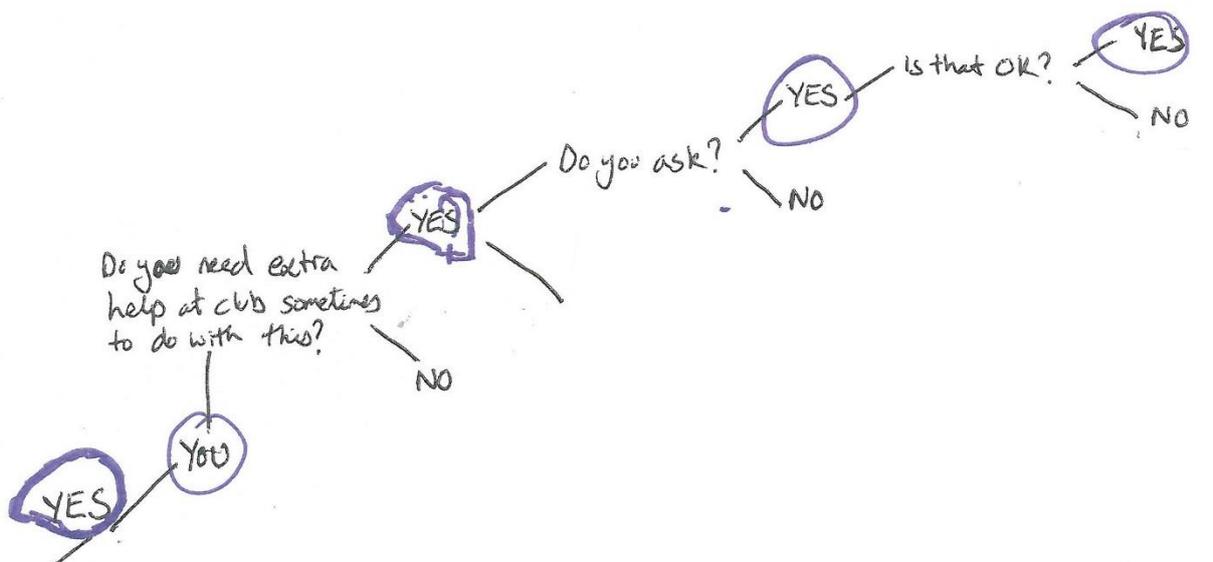
their own survey (appendix 3) with guidance from CVS; each step was taken together and the questions were asked in the same way for all participants with reminders that no answer could be wrong and to follow their own opinion and feelings.

One part of the survey aimed to identify the children and young people's experience regarding their own disability at the club or group they attend. Questions were also asked about witnessing another's experience.

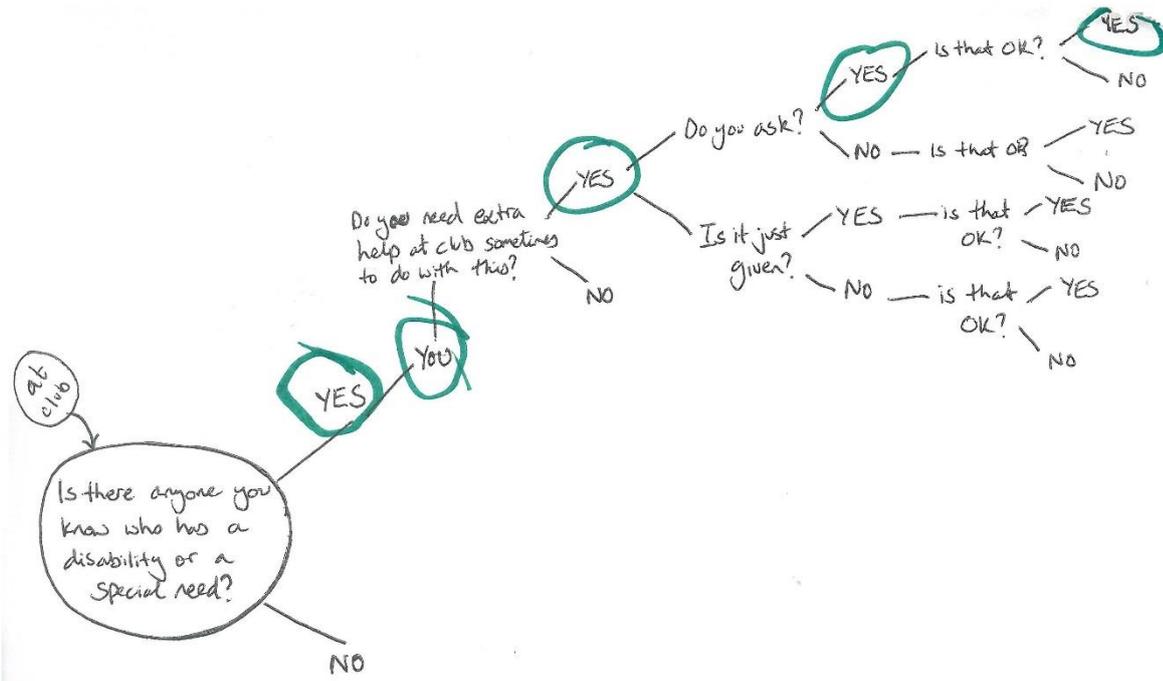
To maintain anonymity we have disclosed as few identifying factors as possible when sharing the findings here.

There were no respondents who answered that things were "not OK." One limitation of this exercise is that some disabled children or young people would not be able to respond. CVS was mindful of this when carrying out the focus group and, as previously stated, gave all respondents an opportunity to vocalise concerns.

There were a number of children and young people who responded that they had a disability. From these respondents the answers to the question 'do you ask for and get help if needed?' were all "Yes" as you can see in the responses below.



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Recommendations for Disabilities

NHS Salford CCG and Salford City Council to **support the development of VCSE provision for 0-25 year olds** through the **0-25 transformation and to involve the VCSE in ongoing co-design of pathways and services for disabled children.**

Learning from this VCSE research has identified needs in 2 areas with regard to disabilities: needs of the parents of disabled children and needs of those who work or volunteer in VCSE organisations working with children and young people. Meeting these needs will impact positively on disabled children and young people who access services within the sector and will support early help. In addition learning from this research has identified that VCSE provision for disabled children in Salford is limited and that the confidence and skills to grow this provision needs to be nurtured. Where organisations have experience of working with 1 disabled child does not necessarily lead to an increase in confidence and skills to work with others.

Needs of the parents:

- Salford City Council and NHS Salford CCG should invest in VCSE support for parents of disabled children and young people
- This to include professionals with disability specific skills to attend and support parent groups explaining their work and the language used in a context where the parents are comfortable, have the support of the group and are able to ask questions freely
- Align this with the iThrive model/the Emotionally Friendly Schools model and include specific consideration of the new Autism Pathway



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Needs of the staff and volunteers:

- Salford City Council and NHS Salford CCG should invest in the development of staff and volunteers working with disabled children in VCSE organisations
- This to include sharing of knowledge, skills and techniques that support disabled children on the autistic spectrum or with ADHD - a disability that was evident in every organisation participating in the research
- This training to also provide a vehicle for the development of relationships between VCSEs and disability specific professionals to ensure more effective community support and pathways into specialist services
- To support and encourage job swap/shadowing opportunities to build relationships, knowledge and understanding across organisations

Growth of VCSE provision for disabled children and young people:

- Salford City Council to continue investing in specific grants such as Short Break Care Grants in order to grow community provision for disabled children and young people in Salford



8. Speech, Language and Communication Needs and Outcomes

Wider speech, language and communication work in the city

The speech, language and communication transformation aims to implement agreed improvements to speech, language and communication support, and to provide a test case for further work. In Stage 1 Salford reviewed current support for children with additional speech, language and communication needs. This included analysis of public health data, targeted questions within schools, and user journey mapping. In Stage 2 Salford will begin implementing the recommendations in one cluster of schools, and develop a joined-up commissioning strategy.

Salford CVS speech, language and communication research work in the city

This VCSE research aims to improve the effectiveness of speech, language and communication needs support for children and young people, and assist in the development of effective pathways including effective early intervention and prevention through identifying unmet need in VCSEs working with children and young people. This chapter therefore describes both the needs of children and young people that have been reported in the research and the experiences of organisations in trying to support these needs. It also identifies the positive outcomes for children and young people with speech, language and communication needs attributable to their involvement in the VCSE activity. Finally specific recommendations are made to help support the development of effective pathways and to build the capacity of VCSEs.

When Salford CVS undertook the semistructured interviews gathering qualitative data on the three test cases there was much less evidence reported for speech, language and communications needs than in the other test cases. In interviews Salford CVS asked directly if nothing on this test case was mentioned to ensure the interviewee was able to respond if they had feedback. The response was usually that there were no specific issues to report. For the small number of groups who did discuss this area, the needs and outcomes were specific and clear as outlined below.

Speech, language and communication needs

In response to the question ‘what presents?’ the feedback fell into two distinct categories:

- Issues for children with secondary speech, language and communication needs whose primary disability is a learning disability or being on the autistic spectrum
- Issues for children that involve a delay



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The organisations that reported the former were those that specifically worked with children or young people that were on the autistic spectrum or had learning difficulties. Those who reported the latter worked with children of pre-school or primary school age and were based in the highly deprived areas of the city.

Some providers referred to 'poor speech' and when they did so stated they were not sure how to explain the issue, some apologised because they did not really understand the conditions or needs for this test case.

Providers working with families that have a family member (sometimes more than one) who is on the autistic spectrum and has severe needs expressed concern for the communication needs of additional siblings. They witnessed some siblings presenting similar communication issues although not to the severity of the sibling who received support. It was felt that these additional needs within the family were often overlooked. A volunteer, who also works in education in a paid role, said:

“ Some children are not getting the support they need, they are not diagnosed but definitely have tendencies. ”

In the more deprived areas of the city, incidences of speech delay were reported such as *“a five year old who chooses to make noises and gesture rather than using words”* describing the child having little vocabulary and low confidence in communicating. This was explained by the provider as:

“ a lot of children who aren't having conversation at home so there is a delay. ”

Half of those who fed back regarding the speech, language and communication needs test case stated surprise that the children and young people they knew who needed support (in their opinion) were not receiving it, this includes the siblings as above. One person presented their understanding of one child's situation that they had a disorder and *“speech and language has worked with her for years but wants to stop because she can't get (the child) to progress.”*



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A number of statements from providers revealed a lack of understanding of the referral pathway and highlighted concerns about children's needs possibly not being met. Additional statements also revealed confusion about the nature of speech, language and communication needs and any possible action that could be taken:

“ could I refer to speech and language? School health? It's not necessarily my place. I know there is a process but I don't know what that process is. ”

“ Speech and language therapy is not my remit, a deeper understanding would be useful though. ”



Larkhill Parents' Forum have a base in the grounds of Larkhill Primary School that includes a community room, set up to be like a comfy living room and a garden with flowers, herbs and vegetables.

Their volunteers deliver nine programmes of work and target the children and families from the primary school. **Children and adults attend Garden Club** with school, in their own peer group or as a family. They run ESOL classes for the local Arabic community and any newly arrived non English speakers.

The **Environmental Rangers** group of year 6 pupils took over a piece of overgrown land and turned it into a wildlife area for everybody. This project built respect in the community between all groups: racial barriers are broken down, the children become better citizens and the community spaces are respected more.

In the **Grow and Eat** project children and families learn to grow produce and make wholesome soups. This is a valuable opportunity in an urban area and leads to a stronger connection to where their food and health can come from and how the children and families are able to impact on this for themselves. The volunteer programme grows year on year with some moving into employment, all grow in skills and self-esteem.



Speech, language and communication outcomes

Those who reported an awareness of speech and communication needs of the children and young people they worked with showed a good level of concern and a patient and nurturing approach. One generic positive outcome for speech, language and communication was the opportunity the activities afforded to develop social and communication skills with peers in a supportive environment.

“ Praising the children for their attempts, rephrasing sounds and words they attempt and allowing the silence whilst the children find their voice ”

“ We have speech and language prompts in the kitchen for the team, reminding them of best practice ”

Recommendations for speech, language and communication needs

NHS Salford CCG and Salford City Council to **support the development of VCSE provision for 0-25 year olds** through the **0-25 transformation and to involve the VCSE in ongoing co-design of pathways and services for children and young people with speech, language and communication needs**. Specific recommendations for this test case are to provide information and training for those who work or volunteer in VCSEs in these following elements:

- General training for VCSE staff and volunteers so that they are aware of the core issues for children and young people's needs whether it is speech delay or disorder
- Information regarding pathways to care so those who work with children and young people are more able to signpost those in need to support and have a fuller understanding of the offer - this would again support delivery of early help
- Training in some basic techniques that support children and young people who have speech language and communication needs delay or disorder



9. Impact on a Page

Of the 42 organisations participating all were invited to create an Impact on a Page report. 23 took up the invitation and were supported to create an impact analysis and an Impact on a Page report. You will find all the Impact Reports in the appendices.

Here is the impact report for the Yemeni Community Association based in Eccles. This shows the format and balance of outputs, outcomes and impacts described as well as aspiration or 'things to work on' that an organisation identifies.

IMPACT REPORT Yemeni Community Association Produced February 2017



The YCA is a registered charity in Salford that has an impact on the development of the local Yemeni, Arab-origin and BME community, by providing an ongoing support service and by acting as the crucial link between these communities and statutory bodies.



Founded officially in 2004, the YCA continues to be the first point of contact for Yemeni, Arab-origin and minority groups in the local area. The YCA provides translation, in addition to partnership work with groups in the Greater Manchester area. The YCA development, and works to tackle the challenges providing a range of services, both educational and the local community, the YCA works continuously to

Supporting the local BME community

ongoing advice, welfare and various statutory bodies and voluntary has an overall goal of community facing the local community, by recreational. As the primary lobby for promote cohesion in the local area.

1: The YCA has approximately 250 beneficiaries per week from across the Salford area.

2: Thanks to funding from GMP, the YCA took part in hate crime awareness week by hosting two stalls at Eccles mosque and producing translated leaflets, successfully raising awareness about the importance of reporting hate crime and working with the police.

3: 30 children take part in weekly karate classes at the YCA taught by a qualified instructor from Red Sun Karate. The children are developing new skills every week, including self-discipline, listening skills, team work skills and concentration skills.

4: The YCA worked with the Lowry Theatre to produce a Middle Eastern arts exhibition in the mobile Roundabout theatre at Eccles festival. Art, literature, history and poetry from the Arab world was shared with the local community in a bid to promote understanding and celebrate diversity.

"We were delighted that YCA joined us to support the Roundabout project. It was an innovative concept but was entirely embraced by the YCA. The exhibition itself was excellent; thoughtful, diverse and well produced. It suited the occasion perfectly and was extremely accessible to visitors to the Roundabout"

Matthew Eames- Theatres Programmer and Producer, The Lowry

6: Members of the community took part in free NHS health checks run by Salford Health Improvement Team.

7: Community awareness about gangs was the topic in February when the YCA invited the play Terriers (Liverpool's Royal Court Theatre) to perform a piece of theatre aimed at young people, service providers and the voluntary sector. Attended by the Mayor, the event was successful

"I've never been to a play before so I wasn't expecting much. The play really got me thinking about my life and the kind of people I hang around with"

Local Young Person, following performance of anti-gangs play, the 'Terriers'

9: A new partnership with Barton Athletic club resulted in a women-only gym session at the club's new facility. Women now have a place to exercise using state of the art equipment.

10: The YCA acted as the community partner at St. Andrew's Primary School's 'Families and Schools Together' initiative developed by Save the Children and the University of Middlesex.

11. The YCA was nominated for the Equalities Award at the Heart of Salford Awards and was in the top three runner ups.

12. The boys youth club is attended by up to 30 boys thanks to funding from Awards for All. There are upcoming trips for canoeing and rock climbing.



10. Value for Money CLES Executive Summary

Introduction

The Centre for Local Economic Strategies (CLES) is pleased to present this final report to NHS Salford CCG, Salford City Council and Salford CVS. The report relates to work undertaken by CLES as part of the wider Salford 0-25 research and development project, which seeks to understand the scale and nature of organisations in Salford which provide activities for children and young people aged 0-25. The focus of CLES' work has been upon exploring the Value for Money (VfM) of activities provided by the Voluntary, Community and Social Enterprise (VCSE) sector for children and young people (aged 0-25) in Salford. It complements the work undertaken directly by Salford CVS around mapping and impact on a page. The Executive Summary largely follows the structure of the final report.

CLES approach and methodology

The VfM element of the 0-25 research and development project has involved five activities:

The first stage of the VfM element of the 0-25 research and development project has been to develop a bespoke VfM framework.

Following approval of the VfM framework, CLES began the process of populating it with information from 17 VCSE organisations. We held telephone interviews with each organisation to gather further information around funding and outcomes, for example and to fill in any other gaps.

Following the initial population of the VfM framework, CLES identified 10 organisations to undertake further case study work with. In particular, we hosted focus groups with children and young people; participated in some of each group's activities; and hosted interviews with project managers to gather further information for their VfM assessments. The focus during this deeper consultation has been upon gathering evidence to give a fair analysis of VfM against the four E's – Economy, Efficiency, Effectiveness and Equity.

For each of the participating 17 VCSE sector organisations. We have undertaken two different levels of VfM assessments. For every organisation, we have used the framework to assess their Efficiency using a 'cost per output' calculation. The other 10 organisations worked with us to produce a more detailed case study. For these organisations, we produced further outcome based assessments of VfM which take into account a broader set of metrics related to the activities of the organisation and the other three of the four E's.

Finally, we have put the findings of the VfM assessments in the context of wider policy and strategy in both Salford and Greater Manchester and developed specific recommendations.



Key qualitative findings of engagement with organisations

The work identified a number of key qualitative findings about the VCSE organisations undertaking activities with children and young people aged 0-25. These can be summarised as follows:

Looking across the 17 VCSE organisations which have been involved in the VfM element of the research and development project, it is clear the organisations have a diverse set of aims and objectives. There are five common themes of aims and objectives which the organisations are seeking to achieve: to improve confidence and self-esteem; to improve (family) lives; to enhance the skills of individuals; to improve health and well-being; and to enhance opportunities for children and young people.

Looking across the target groups it is evident that there are three different types of target group for their activities. First, there are children and young people as a collective in Salford. Second, there are groups of children and young people with specific needs such as: those with disabilities; young parents and carers; children of refugees and migrants; and children and young people from families with multiple and complex needs. Third, there are children and young people from different communities, geographical communities such as Langworthy; and religious communities such as the Jewish community.

From looking across the direct costs associated with the 17 VCSE organisations, it is evident that the scale of the sector varies, as does the scope of activities for children and young people. The cost of providing activities for children and young people varies from less than £10,000 per annum in some cases; and up to £700,000 in others. The vast majority of organisations however operate on resource of less than £50,000.

The activities undertaken by the 17 VCSE organisations are shaped by their diverse aims and objectives. As such, the activities on offer are many and varied and include: weekend trips and summer camps; respite activities; youth clubs; and drop in sessions and advice and guidance activities.

Of the 17 VCSE organisations we talked to, some have been active for over 100 years, while others only became established a year ago. Whilst the length of time they have been in operation is varied, every organisation is operating in response to an identified need in the community.

The outputs each of the 17 organisations record include the numbers of people they are working with; the number of sessions provided; number of people attending the sessions/courses; and number of members.

There are common types of outcomes across the 17 VCSE organisations including: building individual resilience through improved self-confidence/self-esteem; addressing social isolation to facilitate the growth of wider social and employability skills; raising aspirations and ambitions of young people – particularly for those in



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multigenerational workless household and those without family role models; improving physical health; and developing specific academic skills;

Key VfM findings of engagement with organisations

The work undertaken with the 10 case studies enabled us to determine the value added by the organisations (the net costs; the total value added (economy and effectiveness metrics); and the effective value generated) as detailed in the table below.

	Net Costs	Total value added	Effective value generated
53rd BB&GA	£6,558	£95,600	£89,042
Barton Athletic Club	£11,946	£79,220	£67,274
BINOH & Compass	£80,000	£247,600	£167,600
CSIN	£5,320	£261,954	£256,634
Manchester Giants Netball	£8,220	£40,118	£31,898
Mums' and Dads' Club	£583	£6,100	£5,517
Positive Moves	£48,200	£52,936	£4,736
Salford Musical Youth	£3,328	£2,988	£0
Salford Wheels for All	£24,624	£209,692	£185,068
Warm Hut	£6,885	£728,294	£721,409
Totals	£195,664	£1,724,502	£1,529,178



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The findings from the ten case study organisations have been subsequently used to derive an overarching estimation of the value of VCSE organisations focused on children and young people when compared to their costs. This is done by dividing the total value added (£1,724,502) by the net costs (£195,664).

We therefore estimate that every £1 spent by the ten organisations creates £8.81 of value.

53rd Boys Brigade & Girls Association

Attribution

The 53rd BB&GA provides a similar experience to other structured youth activities such as the Scouts and Girl Guides which also operate in the local area, but there doesn't appear to be any crossover. There is also a local youth club which provides a safe space for young people to socialise, some of the younger members attend this group and tend to be engaged in a wider range of activities outside the 53rd BB&GA than the older members of the troop. Considering the regularity of sessions for the 53rd BB&GA and member's evident affinity for the group, we estimate a fair attribution to be 80% to allow for the positive impact of other activities members may be involved in and the support of friends and family.

Economy

While the young people who attend the 53rd BB&GA may be at risk of low confidence and poor leadership skills in its absence. It is not assumed that in the groups absence that the young people in attendance would incur a cost to the public purse. For the 53rd BB&GA the real value is in their Effectiveness, equipping young people with softer skills to help them move through their own lives successfully and with a desire to help and support those around them.

Efficiency

The 53rd BB&GA spends £65.58 per young person per year to maintain their sessions.

Gross cost = £10,433

Less money charged to groups (including tuck shop and fund raising) = £3,875

Net cost = £6,558

Number of unique attendees = 100

Cost per unique attendee per year = £65.58

Effectiveness

Improved confidence was an outcome common across all age groups within the troop. The confidence that the young people gain is of equivalent efficacy and value to a young person's Self-Confidence and Assertiveness training course (valued at £1,195 per person)¹. The estimated value of the work done at the 53rd BB&GA to increase the

¹ <http://www.globalvaluexchange.org/outcomes/8279e41d9e5e0bd8499f0757>



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confidence of its members is therefore £119,500. When accounting for 80% attribution this figure comes to £95,600.

Equity

The 53rd BB&GA is well rooted in the local area and is currently at capacity with very low levels of turnover. While the organisation does not turn people away if they want to join, they are not conducting active outreach to recruit new members. The current membership base is formed mostly of people that discovered the troop via family networks and word of mouth, it is broadly reflective of the demographics of the population in the area.

VfM summary – 53rd Boys Brigade & Girls Association

Net costs = £6,558

Total value added* = £95,600

Effective value generated = £89,042

*Economy and Effectiveness indicators

Barton Athletic Club

Attribution

Barton Athletic is unique in Patricroft/Eccles as no other facility provides the environment, training, and support for young people to pursue specialist sports and general fitness at such an affordable rate. The nearest alternative is a council leisure centre that is not in walking distance from Barton Athletic. As few families have a car this is not an option for the members of Barton Athletic.

The young people interviewed felt that the club was almost entirely responsible for the positive impacts they experienced, as for many Barton Athletic was the only sports club/service they accessed. However, as we were unable to ascertain the wider services accessed by the young people we assume an 80% attribution rate to account for such impacts.

Economy

Looking specifically at the young people group at Barton Athletic the total cost saving to the public purse can be aligned to the number of children that may have required access to a GP. For example, if the ethos and access to the club had not encouraged them to keep active and adopt healthier lifestyles, it can be assumed that young people would be more likely to experience ill health or become over weight.

Assuming all 233 attendees currently attending the various groups at Barton Athletic would require access to a GP we can estimate a cost saving of £29,125 per year



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(based on the cost of £125 per child for access to General Medical Services per hour)
[1]. When 80% attribution is applied this comes to £23,300.

Efficiency

Barton Athletic are currently spending £51.27 per young person per year to maintain their sessions.

Gross cost of groups = £13,846

Less money charged to groups = £1,900

Net cost of groups = £11,946

Number of unique attendees = 233

Cost per unique attendee per year = £51.27

Effectiveness

Improved health and physical fitness was an outcome common to all of the young people at Barton Athletic. The progress they make at this group is of equivalent efficacy and value to a low cost gym membership (valued at £300 per person per year). The value of the work to improve physical fitness at Barton Athletic is therefore estimated to be £69,900 per year². When 80% attribution is applied this comes to £55,920.

Equity

The location of the club, word of mouth promotion and the low prices make this club affordable to many young people in the local area. This has helped Barton Athletic to reach its target group with over 50% of its membership base comprising young people aged 0-25.

VfM summary – Barton Athletic Club

Net costs = £11,946

Total value added* = £79,220

Effective value generated = £67,274

*Economy and Effectiveness indicators

BINOH & Compass

Attribution

Compass is completely unique in Salford due to its specialist skills and expertise in working with orthodox Jewish communities. No other group provides tailored

[1] Unit cost database - E&S4.0 - GP - cost per hour, General Medical Services activity

[2] Global Value Exchange - Value of one years membership to a local low cost gym



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educational support for pupils within independent Jewish religious schools. Compass are able to provide specialist support and resources to Learning Support Workers and work with them to enhance the learning experience and outcomes of children with special educational needs. However, as we were unable to ascertain the wider services supporting each child we have assumed an 80% attribution rate to account for such impacts.

Economy

Looking specifically at the special needs pupils supported by Compass, the total cost saving to the public purse can be aligned to the number of children that may have required access to a school-based emotional learning programme if this group was not available.

Assuming all 100 attendees currently receiving support from Compass continue to do so throughout their time at school. We can estimate a cost saving of £14,800 per year (based on the cost of £148 per child per year for access to a school-based emotional learning programme)³. When the attribution rate of 80% is applied, this figure comes to £11,840.

Efficiency

Compass are currently spending £263.25 per young person per year to provide their one on one sessions. However, as discussed Compass also provide teacher training (at a cost of £53,675 per annum). Despite not being directly spent on 0-25's, this spend is a crucial part of how Compass make the one on one sessions so effective for young people. The cost of teacher training will therefore be included in the following Efficiency calculation.

Gross cost of groups (and teacher training) = £26,325 (£53,675)

Less money charged to groups = £0

Net cost of groups and teacher training = £80,000

Number of unique attendees = 100

Cost per unique attendee per year = £800

Effectiveness

Improved educational attainment was an outcome common amongst young people engaged with Compass. The progress they make at this group is of equivalent efficacy and value to Special Educational Need (SEN) support for children in education valued at £2,947 per person per year. The value of the work to improve educational attainment is therefore estimated to be £294,700 per year⁴. When the attribution rate of 80% is applied, this figure comes to £235,760.

³ Unit cost database - E&S4.0 - School-based emotional learning programme - cost of delivery, per child per year

⁴ Global Value Exchange - Special Educational Need (SEN) support for children in education (change in)



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Equity

Compass relies on referrals from local schools (where a child in need is identified) or from word of mouth and proactive advertising in orthodox Jewish communities. To that end BINOH and Compass are effectively reaching their target group.

VfM summary – BINOH & Compass

Net costs = £80,000

Total value added* = £247,600

Effective value generated = £167,600

*Economy and Effectiveness indicators

Community Social Inclusion Network

Attribution

CSIN say they are there for those that the system has failed. Many of their attendees have worked with other services in the past but none seem to have been able to get the same results CSIN has. With that in mind, we can assume that the progress made by attendees is 90% attributable to CSIN, allowing 10% for support from family members and other unknown organisations.

Economy

As all young people at CSIN are studying they are no longer classed as NEET. The total cost saving to the public purse from the work of CSIN can therefore be aligned to the average cost of one young person becoming NEET (£4,637 per year). So we can estimate the total value saved per year is £278,220⁵. When the attribution rate of 90% is applied this figure comes to £250,398.

Efficiency

CSIN are currently spending £89 per young person per year to maintain their sessions.

Gross cost of groups = £5,320

Less money charged to groups = £0

Net cost of groups = £5,320

Number of unique attendees = 60

Cost per unique attendee per year = £89

Effectiveness

⁵ Unit Cost database - E&E10.0 - Not in Employment Education or Training (NEET) - Average cost per 18-24 year old NEET



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Improved self-esteem was a clear outcome for all attendees at CSIN. The unique way they have designed their programme has allowed this outcome to flow naturally from the learning they are providing. The cost of a course to improve self-esteem currently sits at £214 per person per year⁶. The value of the work to improve self-esteem at CSIN can therefore be estimated at £12,840 per year. Accounting for the 90% attribution, the figure comes to £11,556.

Equity

CSIN set out to help disadvantaged young people in the local area to break through their social isolation by giving them the tools to tackle social exclusion. In this sense CSIN are achieving their objectives. However, the sessions are currently very male dominated. Joe wants to broaden the diversity of the groups CSIN provides, but limited funds make it difficult to both advertise and hold sessions that might attract a broader group of disadvantaged young people.

VfM summary – Community Social Inclusion Network

Net costs = £5,320

Total value added* = £261,954

Effective value generated = £256,634

*Economy and Effectiveness indicators

Manchester Giants Netball

Attribution

Manchester Giants Netball is unique to Eccles. It provides the girls with a safe space and a shared purpose facilitating the formation of relationships and increasing levels of confidence. Whilst some of the girls involved play netball at school, the girls attribute the vast majority of their outcomes to the club as a result of the social activities also involved. The chair of the club and the coach agree that approximately 80% of the outcomes listed above is attributable to Manchester Giants.

Economy

Manchester Giants Netball is teaching young women to play together effectively and maintain an active and social lifestyle that keeps their weight at a healthy level. The estimated value of adopting a healthier lifestyle to avoid obesity per person per year is £485⁷. Assuming all unique attendees keep up their attendance for a full year and maintain their healthy lifestyle the potential value of this is an estimated £43,650. When 80% attribution is applied this figure becomes £34,920.

⁶ <http://www.globalvaluexchange.org/valuations/8279e41d9e5e0bd8499f28f8>

⁷ Global Value Exchange - Weight loss costs; years of life saved from being a healthy weight



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Efficiency

The Manchester Giants Netball club are currently spending £91.33 per young person per year to maintain their sessions.

Gross cost of groups = £15,900

Less money charged to groups = £7,680 (based on 32 regular attendees)

Net cost = £8,220

Number of unique attendees = 90

Cost per unique attendee per year = £91.33

Effectiveness

Whilst there are significant outcomes for the players such as confidence development and improved social skills, it is also important to highlight the important impact of the club on those that run it. Two under 25s regularly volunteer in organising and running the sessions and coaching; and in developing the social activities. The value of volunteering can be estimated to be £3,248.82 per person per annum meaning an estimated impact from the two volunteers at Manchester Giants Netball is equal to £6,497.64. Accounting for attribution this figure comes to £5,198.11⁸.

Equity

The club is cohesive in its approach and looks to include everyone. One example is the integration of two young girls from traditional Jewish backgrounds with other communities.

'Normally I would just do stuff in the Jewish community. I really like making new friends from across the city.'

The current membership of Manchester Giants Netball is largely drawn from middle class families reflecting the costs associated with subscriptions and other activities. The group is seeking to diversify through further engagement with schools and is looking to secure sponsorship to support the membership of some individuals less able to afford the fees from deprived communities in Salford.

VfM summary – Manchester Giants Netball

Net costs = £8,220

Total value added* = £40,118

Effective value generated = £31,898

*Economy and Effectiveness indicators

⁸ Global Value Exchange - Regular volunteering (value to an individual of unknown age and unknown geographical location in the UK, per annum)



Mums' and Dads' Club

Attribution

Mums' and Dads' club is unique in the local area as it is the only club where parents can do arts and crafts activities with their children during school time. No other group we are aware of provides a similar environment for young people to spend time with their siblings and parents. As such we have estimated an 80% attribution rate, the remaining 20% accounts for other unknown groups and sources of support for the families.

Economy

Improved social skills was an outcome common to each of the pupils at the Mums' and Dads' Club. Assuming all 20 attendees age 0-25 currently attending the group stay with Mums' and Dads' Club for a full year we can estimate a cost saving of £2,960 per year (based on the cost of £148 per child per year for access to a school based emotional learning programme)^[1]. Once the 80% attribution rate is applied this figure comes to £2,368.

Efficiency

Salford Mums' and Dads' Club are currently spending £29.15 per young person per year to maintain their sessions.

Gross cost of groups = £583

Less money charged to groups = £0

Net cost of groups = £583

Number of unique attendees = 20

Cost per unique attendee per year = £29.15

Effectiveness

A further outcome common to all attendees was noticeable improvement in their educational attainment, this was far less likely to happen if this group was not available.

It can therefore be assumed that the progress they make at this group is of equivalent efficacy and value to a change in Education for individuals (valued at £233.27 per person per year) resulting in a projected difference in earning between individuals with NVQ level 3 and NVQ level 1 qualifications. The value of the work to improve school readiness at the Club is therefore an estimated £4,665 per year⁹. Once the 80% attribution rate is applied this figure comes to £3,732.

Equity

^[1] Unit cost database - E&S4.0 - School-based emotional learning programme - cost of delivery, per child per year
⁹ Global Value Exchange - Education (change in)



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Mums' and Dads' Club relies heavily on word-of-mouth and advertising through the school to let people know what they do. Fiddler's Lane Primary School is located in a deprived area, and additional activities such as the Mums' and Dads' Club have been introduced to help parents become more involved in their child's education and to enhance pupil's educational experience. However, whilst the club supports children with complex needs, the club is open to children of all abilities and can therefore be considered to be effectively reaching its target group e.g. pupils and their parents.

VfM summary – Mums' and Dads' Club

Net costs = £583

Total value added* = £6,100

Effective value generated = £5,517

*Economy and Effectiveness indicators

Positive Moves

Attribution

Positive Moves is completely unique in Cadishead in its offer. No other group provides a similar environment for young people with special needs to spend time with their siblings and other children in similar situations. Positive Moves recently lost a grant for a project they'd been running to a big national company. The company chose to provide their services in one centre in Warrington which was too far for most to travel meaning young people and families were cut off from support. As such we estimate the attribution for Positive Moves to be 90% to account for any unknown external support.

Economy

Looking specifically at the special needs group at Positive Moves, the total cost saving to the public purse can be aligned to the number of children that may have required access to a school-based emotional learning programme if this group was not available.

Assuming all 26 attendees currently attending the group stay with Positive move for a full year (most stay longer) we can estimate a cost saving to the public purse of £3,848 per year (based on the cost of £148 per child per year for access to a school-based emotional learning programme)¹⁰. When the attribution rate of 90% is applied this figure comes to £3,463.

Efficiency

¹⁰ Unit cost database - E&S4.0 - School-based emotional learning programme - cost of delivery, per child per year



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Positive moves are currently spending £1,048 per young person per year to maintain their sessions.

Gross cost of groups = £49,500

Less money charged to groups = £1,300

Net cost of groups = £48,200

Number of unique attendees = 46

Cost per unique attendee per year = £1,048

Effectiveness

Improved self-esteem was an outcome common to each of the groups at Positive Moves. The progress they make at this group is of equivalent efficacy and value to a self-esteem course (valued at £1,195 per person per year). The value of the work to improve self-esteem at Positive Moves can therefore be estimated at £54,970 per year. When the attribution rate of 90% is applied this figure comes to £49,473.¹¹

Equity

Positive Moves relies to some extent on word-of-mouth to let people know what they do and how to access their services, they also have a website and a Facebook page with over 800 followers. However, mostly they rely on referrals from local schools where a child in need is identified. To that end Positive Moves is effectively reaching its target group and is representative of the population of the area. The gender and age balance in the special needs group is notable, with few children from ethnic minorities but this is a feature of the demographics in the area where 95% of residents are white.¹²

VfM summary – Positive Moves

Net costs = £48,200

Total value added* = £52,936

Effective value generated = £4,736

*Economy and Effectiveness indicators

Salford Musical Youth

Attribution

Salford Musical Youth, while unique, provides a similar experience to a more structured music group called MAPAS established at Moorside school, however young people tend to be attracted to this group as a more relaxed alternative. Those

¹¹ Global Value Exchange-Confidence (increase) for Person (Individuals), cost of confidence training

¹² DC2101EW - Ethnic group by sex by age - Cadishead



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attending music college will also be benefiting from similar outcomes as part of their formal education. As such their attribution is estimated to be around 50% to allow for the impact of their formal education elsewhere.

Economy

While the young people who attend Salford Musical Youth may be at risk of lower confidence and less well developed music skills if the group was unavailable. It is not assumed that in the groups absence that the young people in attendance would incur a cost to the public purse. For Salford Musical Youth the real value is in their Effectiveness, exposing young people to experiences that build their confidence and in teaching them the skills they need to access and excel in musical college courses.

Efficiency

The cost of running Salford Musical Youth is largely dependent on the number of tuition weeks delivered as this is variable, while the venue costs are fixed. Based on the previous year Salford Musical Youth are currently spending £655.60 per young person per year to maintain their sessions.

Gross cost = £4,000 (assuming 50 weeks tuition)

Less money charged to groups = £672 (based on 192 attendances counted from the register)

Net cost = £3,328

Number of unique attendees = 5

Cost per unique attendee per year = £665.60

Effectiveness

The confidence that the young people gain from attending this group and performing is of equivalent efficacy and value to a young person's Self-Confidence and Assertiveness training course (valued at £1,195 per person)¹³. The value of the work at Salford Musical Youth to boost confidence is therefore an estimated £5,975. When the attribution rate of 50% is applied this value comes to £2,987.50.

Equity

While Salford Musical Youth has been running for a number of years, the change of venue a year ago has reduced the size of their membership. The group, run by volunteers, requires some additional support in marketing Salford Musical Youth to new members, ensuring a consistent programme of tuition over the year and also looking to engage with local businesses as sponsors to reduce costs of new music equipment.

¹³ Global Value Exchange-Confidence (increase) for Person (Individuals), cost of confidence training



VfM summary – Salford Musical Youth

Net costs = £3,328

Total value added* = £2,988

Effective value generated = £--¹⁴

*Economy and Effectiveness indicators

Salford Wheels for All

Attribution

Salford Wheels for All run a variety of groups on their own or on behalf of a wider organisation (Public sessions, school visits, the Sunday session and Red Pepper) and some in conjunction with partner organisations (Saturday afternoon group). For the sessions they run alone, an estimated 80% attribution will be applied to account for the support of the young people's parents and the use of cycles at home. For the Saturday afternoon club the attribution applied will be 40% as both Salford Wheels for All and Salford Action for Autism have equal contributions in terms of grant funding and recruiting young cyclists. The remaining 20% again will account for the support of the young people's parents and the use of cycles at home.

Economy

Focussing on the Saturday afternoon group for young people with Autism it can be estimated that this group adds value of £123 per person per session. This figure has been drawn from the cost listed for one session of Multi-Systemic Therapy (MST) in the unit cost database. MST is often used to help people with Autism learn how to manage their behaviour.

The annual value added by the Saturday afternoon group alone is therefore an estimated £98,400 (assuming one therapy session per child per week). With the 40% attribution rate applied this figure comes to £39,360.

Efficiency

Salford Wheels for All are currently spending £48.38 per young person per year to maintain their sessions.

Gross cost of groups = £30,000

Less money charged to groups = £5,376

Net cost of groups = £24,624

¹⁴ As Salford Musical Youth spend more money to run the group than the value they generate (based on selected assessed outcomes) their effective value generated is deemed to be £nil as oppose to a negative figure.



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Number of unique attendees = 509

Cost per unique attendee per year = £48.38

Effectiveness

All sessions held by Salford Wheels for All help attendees to improve their physical fitness and manage their weight (excluding the school visits due to infrequency of sessions). The estimated value of adopting a healthier lifestyle to tackle obesity per person per year is £485.¹⁵ Assuming all attendees incorporate regular exercise over the course of their time at Salford Wheels for All the potential estimated value of this is £217,765. Accounting for 40% attribution for the Saturday afternoon club and 80% for the public sessions, the Sunday group and Red Pepper this value comes to £170,332.

Equity

Salford Wheels for All have worked hard to provide facilities and groups for people facing different challenges. The Saturday afternoon group for example is held on a Saturday afternoon to allow time for parents with Autistic children to go through their child's morning routines which can often be lengthy. They are also working towards becoming accredited under the Autism Education Trust (AET) standards which are usually reserved for schools, but they are making special arrangements to allow the Saturday afternoon group to become the first accredited Autism friendly cycling group.

In addition, Salford Wheels for All noticed there was a gap in provision for members of the orthodox Jewish community with disabilities, they started to run sessions on a Sunday to accommodate these young people as they are unable to attend on the Sabbath.

VfM summary – Salford Wheels for All

Net costs = £24,624

Total value added* = £209,692

Effective value generated = £185,068

*Economy and Effectiveness indicators

Warm Hut

Attribution

The long waiting list for Warm Hut's homework clubs is evidence of its uniqueness within Salford. To our knowledge, there are no other services that offer this support, and certainly none with a clear understanding of many of the challenges that children of migrant parents may face at school. Furthermore, when asked directly, it was clear that the children placed great value on how the homework club enabled them to

¹⁵ <http://www.globalvaluexchange.org/valuations/8279e41d9e5e0bd8499f2b13>



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improve their learning and social networks, often valuing it to a greater extent than other opportunities to improve these outcomes, such as school.

With the above considered, we estimate the attribution to Warm Hut to be 60%.

Economy

If the children were not able to attend the homework club, it can be assumed that their performance at school would suffer. This could in turn lead to poor behaviour in school, including truancy. Even if we take a highly conservative estimate that just 5% of the 81 unique attendees per year would miss at least five weeks of school over the course of one year, this would result in an estimated cost of £15,024 (8 children x £1,878¹⁶) with the cost assumed to be bared by a variety of organisations and agencies including the local authority and health agencies.

An application of 60% attribution to Warm Hut for averting this outcome brings this figure to £9,014.

Efficiency

It currently costs Warm Hut approximately £85 per child per year to run the homework club.

Gross cost of groups = £17,415

Less money charged to children = £10,530

Net cost of groups = £6,885

Number of unique attendees = 81

Cost per unique attendee per year = £85

Effectiveness

A key outcome at Warm Hut for the children was improved social networks, that resulted from the increased opportunity to spend time with friends and family associated with other schools. Powdthavee (2008)¹⁷ conducted an economic valuation that estimated that the value of moving from seeing friends or family once a month to seeing them approximately once a week (how often the children attend the homework club) was £14,800 per child.

£14,800 x 81 children gives a total value of £1,198,800. When the attribution figure of 60% is considered, this gives a total estimated value of £719,280.

Equity

The mission of Warm Hut is focused on the support of African people, and the homework clubs reach this target group, supporting greater inclusion of children from African backgrounds in the education system. Because of the background of the

¹⁶ Unit cost database – total cost of persistent truancy

¹⁷ Powdthavee, N. (2008) Putting a price tag on friends, relatives, and neighbours: Using surveys of life satisfaction to value social relationships. *The Journal of Socio-economics* 37(4), 1459-1480



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founders of Warm Hut, most people accessing its services were originally from French-speaking African countries. However, a number of Portuguese-speaking people are now also using the charity. A conscious decision was taken by Warm Hut to not ask parents of children attending the homework club about their resident status. However, there are known to be UK citizens, refugees and asylum seekers also accessing the service.

VfM summary – Warm Hut

Net costs = £6,885

Total value added* = £728,294

Effective value generated = £721,409

*Economy and Effectiveness indicators



Overarching summary

The 10 case studies provide a wealth of information about the value of VCSE organisations in Salford with a focus on Children and Young People. The data that helped us to determine the value added by the organisations (the net costs; the total value added (economy and effectiveness metrics); and the effective value generated) is listed in table 11 below.

Overarching costs and values

	Net Costs	Total value added	Effective value generated
53rd BB&GA	£6,558	£95,600	£89,042
Barton Athletic Club	£11,946	£79,220	£67,274
BINOH & Compass	£80,000	£247,600	£167,600
CSIN	£5,320	£261,954	£256,634
Manchester Giants Netball	£8,220	£40,118	£31,898
Mums' and Dads' Club	£583	£6,100	£5,517
Positive Moves	£48,200	£52,936	£4,736
Salford Musical Youth	£3,328	£2,988	£0
Salford Wheels for All	£24,624	£209,692	£185,068
Warm Hut	£6,885	£728,294	£721,409
Totals	£195,664	£1,724,502	£1,529,178



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We can use the findings from the ten case study organisations to derive an overarching estimation of the value of VCSE organisations focused on children and young people when compared to their costs. This is done by dividing the total value added (£1,724,502) by the net costs (£195,664). **We therefore estimate that every £1 spent by the ten organisations creates £8.81 of value.**

Increased confidence as a universal outcome

For each case study, we carefully selected the most appropriate metrics to evidence the value for money for the assessed outcomes. However, it could be argued that improved confidence is an outcome experienced by most if not all children and young people engaged with these organisations. We have therefore calculated an estimation of the value generated by improving confidence alone across the 10 organisations. There are 1,193 children and young people engaged with these groups, the cost of a young person's self-confidence and assertiveness training course is £1,195 per person. Assuming 50% attribution to allow for external influences in the beneficiary's lives, the value associated with increased confidence is estimated to be £712,818.



11. Recommendations

Salford needs to continue to further collaborate and cooperate on policy and activities for children and young people. The VCSE sector provides significant resources, positive outcomes for children and young people and Value for Money and as such should be at the continued heart of such activities.

Recommendations for NHS Salford CCG and Salford City Council

Recommendation 1 – NHS Salford CCG and Salford City Council to utilise the findings of this research to **recognise and promote the value** of the VCSE sector in providing activities for children and young people (aged 0-25): the work has identified that VCSE organisations provide a diversity of activities, contribute towards a range of outcomes, and bring savings for the state and impacts for the local economy and Salford residents. This value to be promoted and recognised when **investing in future services**:

- NHS Salford CCG to continue investing in VCSE's through the Third Sector Fund including by setting up a Partnership Fund for schools and community groups to enable them to work together and build on the successful models identified in this research
- Salford City Council to continue investing in specific grants such as Community Committee Grants (SCC Devolved Budget), Short Break Care Grants and to consider other opportunities for grant investments in the local VCSE sector
- NHS Salford CCG and Salford City Council to consider investing to develop volunteering opportunities for children and young people and to provide appropriate volunteers for children and young people's services in order to **grow** the value of volunteering in Salford (see Recommendation 6)

Recommendation 2 – NHS Salford CCG and Salford City Council to **support the development of VCSE provision for 0-25 year olds** through the **0-25 transformation and to involve the VCSE in ongoing co-design of pathways and services**:

- Salford City Council and NHS Salford CCG to provide wider support and opportunities for **collaborative working** with schools, locality teams and child specific professional services actively seeking to develop working relationships with VCSEs including through access to training, work swaps, use of the Joint Working Protocol and Community Open days. This to include an investment in delivery of training for schools, locality teams and child specific professionals on effective engagement with VCSE organisations



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- NHS Salford CCG and Salford City Council to **exchange information** with VCSE organisations working with 0-25 year olds in order to **co-produce activities and services** that meet gaps in needs and build on community assets
- NHS Salford CCG and Salford City Council to **share resources** with local VCSEs for example enabling access to free/cheap room hire for their activities and actively seeking to develop community management of unused buildings

Recommendations for Salford CVS

Recommendation 3 – Salford CVS to continue **signposting** children and young people focused VCSE organisations **to a full range of funding opportunities**, particularly those with activities around health and wellbeing. The conversations undertaken as part of the Value for Money work suggested that many organisations were struggling to access appropriate funding and some appeared unaware of opportunities for grant funding at the local level. Salford CVS as managing agents for the Salford Third Sector Fund Grants Programme, which has annual funds available of £1million should continue to signpost this available funding and develop the awareness and skills in the sector.

Recommendation 4 – Related to recommendation 3, Salford CVS to continue **providing capacity building support** to children and young people focused VCSE organisations to support them **to be grant and tender ready (where appropriate) and able to take up other relevant funding opportunities** (e.g. community fundraising, sponsorship, subscriptions, social investment, corporate social responsibility funds etc.). By this we mean VCSEs have the capabilities to understand and capacity to complete documentation and other processes (e.g. marketing) to an adequate level and in a way that enables them to secure that funding.

Recommendation 5 – Salford CVS to continue providing **specific support to organisations to enable them to demonstrate their impact and value for money**. This should not be burdensome but should be relevant to the operating context and proportionate to the size and nature of the group. For example, a small number of outcomes and indicators which groups can relate to and tools which they can utilise to collect data and subsequently demonstrate the value of their activities.

Recommendation 6 – Salford CVS and Volunteer Centre Salford to continue **supporting organisations working with 0-25 year olds with their recruitment, retention and recognition of volunteers** in order to **strengthen** the value of volunteering in Salford. In addition Salford CVS and Volunteer Centre Salford should seek additional resource to develop volunteering opportunities for children and young people and to provide appropriate volunteers for children and young people's services in order to **grow** the value of volunteering in Salford.



Recommendations for VCSE organisations

Recommendation 7 – Each of the organisations engaged with as part of this work should **know that their work is valued** by partners, families and communities and should look to **continue the provision of activities** for their beneficiaries aged between 0 and 25. In addition they should be encouraged and supported to **access development opportunities** offered through the 0-25 transformation Programme including: training opportunities in emotional health and wellbeing, disability including autistic spectrum & speech language and communication awareness.

Progress with these recommendations will be supported and monitored through a task group of senior representatives from Salford CVS, VOCAL Children, Young people and Families Forum, Salford City Council Children Services and NHS Salford CCG. This task group to report to the 0-25 Strategic Board.

Recommendations specific to the test cases

Emotional health and wellbeing

NHS Salford CCG and Salford City Council to **support the development of VCSE provision for 0-25 year olds** through the **0-25 transformation and to involve the VCSE in ongoing co-design of pathways and services in line with iThrive model.**

- The VCSE sector should be supported to access and contribute to [Salford's Emotional Health and Wellbeing Directory](#) growing this resource so that it includes more VCSE provision
- Salford City Council and Salford CCG should enable VCSE staff and volunteers to access training on emotional health and wellbeing in line with the iThrive model
- This training to include emotional health and wellbeing and equalities awareness, support the emotionally friendly schools agenda and enable appropriate referrals and support to be accessed
- Mind Ed online training promoted within the VCSE sector alongside promotion in Salford City Council <https://www.minded.org.uk/>
- Validation of training by a recognised body should be investigated to ensure value
- Barriers to engagement with and referral into CAMHS from VCSE's to be addressed as part of the ongoing transformation



Disabilities

NHS Salford CCG and Salford City Council to **support the development of VCSE provision for 0-25 year olds** through the **0-25 transformation and to involve the VCSE in ongoing co-design of pathways and services for disabled children and young people.** Learning from this VCSE research has identified needs in 3 areas with regard to disabilities: needs of the parents of disabled children and needs of those who work or volunteer in VCSE organisations working with children and young people. Meeting these needs will impact positively on disabled children and young people who access services within the sector and will support early help. In addition learning from this research has identified that VCSE provision for disabled children in Salford is limited and that the confidence and skills to grow this provision needs to be nurtured. Where organisations have experience of working with 1 disabled child does not necessarily lead to an increase in confidence and skills to work with others.

Needs of the parents:

- Salford City Council and NHS Salford CCG should invest in VCSE support for parents of disabled children and young people
- This to include professionals with disability specific skills to attend and support parent groups explaining their work and the language used in a context where the parents are comfortable, have the support of the group and are able to ask questions freely
- Align this with the iThrive model/the Emotionally Friendly Schools model and include specific consideration of the new Autism Pathway

Needs of the staff and volunteers:

- Salford City Council and NHS Salford CCG should investing in the development of staff and volunteers working with disabled children and young people in VCSE organisations
- This to include sharing of knowledge, skills and techniques that support disabled children on the autistic spectrum or with ADHD - a disability that was evident in every organisation participating in the research
- This training to also provide a vehicle for the development of relationships between VCSEs and disability specific professionals to ensure more effective community support and pathways into specialist services
- To support and encourage job swap/shadowing opportunities to build relationships, knowledge and understanding across organisations



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Growth of VCSE provision for disabled children and young people:

- Salford City Council to continue investing in specific grants such as Short Break Care Grants in order to grow community provision for disabled children and young people in Salford

Speech, language and communication needs

NHS Salford CCG and Salford City Council to **support the development of VCSE provision for 0-25 year olds** through the **0-25 transformation and to involve the VCSE in ongoing co-design of pathways and services for children and young people with speech, language and communication needs**. Specific recommendations for this test case are to provide information and training for those who work or volunteer in VCSEs in these following elements:

- General training for VCSE staff and volunteers so that they are aware of the core issues for children and young people's needs whether it is speech delay or disorder
- Information regarding pathways to care so those who work with children and young people are more able to signpost those in need to support and have a fuller understanding of the offer - this would again support delivery of early help
- Training in some basic techniques that support children and young people who have speech language and communication needs delay or disorder



12. Directory of Organisations

Voluntary, Community and Social Enterprise Organisations Supporting Children and Young People in Salford



Directory of Organisations 0-25 Transformation VCSE Research Project 2016 -17 Report



Organisations

42nd St LGBTQ+ Project

53rd Manc Boys Brigade & Girls Association

A.F.C. Monton

ANTZ Junction

Barton Athletic Club

BINOH

Cadishead Rhinos Rugby

Club Tikva

Community Social Inclusion Network CIC

De La Salle FC

Eccles Youth Ministry

Europaia

Lark Hill Parent Forum

Lifecentre Salford

Lower Kersal Young People's Group

Lubavitch Day Camp

Manchester Giants Netball Club

Mencap Step Up Project

Mums' & Dads' Club

Positive Moves

Rainbow Haven

Reclaim

Red Sun Karate

Salford Community Leisure

Salford Dadz

Salford Foundation

Salford Mixed Martial Arts

Salford Musical Youth

Salford Sea Cadets

Salford Wheels for All

Salford Young Carers

Swinton Judo Club

The Broughton Trust

The Enthusiasm Trust

The Federation of Jewish Services

The Prince's Trust

Unity Radio CLG

Unlimited Potential

Visit From The Stork CIC

Warm Hut UK

Yemeni Community Association

YMCA Training



42nd St LGBT Project
0161 228 7321
Q42.org.uk



Getting involved in a group or project is a great way to meet new people, try something new or hone your creative talents.

The Q42 website is being created by LGBTQ+ young people for LGBTQ+ young people, to grow online and offline friendships, explore and develop creative ideas and to challenge any isolation and loneliness felt within our community.

Q42 is the LGBTQ+ project run by 42nd Street, the weekly sessions for 2 youth groups take place at the 42nd Street premises in Ancoats, Manchester for 15-25 year olds.

53rd Manc Boys Brigade & Girls Assoc
Emmanuel Church Salford M6 5FW
boys-brigade.org.uk/company/ 53rd-
manchester



53rd Manchester Boys Brigade and Girls Association have been based in Langworthy with the Methodist Church providing educational and fun activities with a Christian ethos since the beginning.

Our vision is to share God's love with children and young people, to help them grow and develop physically, spiritually and mentally.

We run weekly activities every Monday evenings from 6.30 to 9.30 for an average of 50 children and young people. We do a range of activities including arts and crafts, sports, games and faith based activities for all attendees.

A.F.C Monton
Winton, Manchester
M30 8JN
0161 793 8033 07836 321193
www.afcmonton.com



AFC Monton Ltd is a Community Benefit Society (No.1155) promoting community participation in amateur association football and to provide facilities for the playing of association football by its members together with related recreational facilities. The club was formed in 1916 as a schoolboy team playing friendly games on Monton Green during the First World War when no organised football was available. In 1922 the Club moved to play at a ground on Worsley Road, Winton. We have 8 youth teams and 9 mini teams.

Please call or see our website for details of training and matches.



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ANTZ Junction
Unit 10, Junction Eco-Park
Rake Lane, Swinton M27 8LR
0161 728 6868
daisydixon@antzjunction.com



Our bold Work Ready Training Academy supports communities getting back to work, we work with young adults in a broad context that includes emotional health and wellbeing support and technical training. The Junction offers a new life that brings benefits for the wider community with our wide range of 3rd sector partners.

Our projects are led by businesses in the North West who are members of Antz Network and Greater Manchester Chamber of Commerce.

For more information on how we can help please get in touch.

Barton Athletic Club
www.barton-ac.co.uk
0161 775 0799
J_lightfoot@btinternet.com



Barton Athletic Club was founded in 1953. We are a Community Amateur Sports Club. Our new building was opened in Barton in 2016 and we have top of the range facilities, disabled access and will always welcome new members.

Our club motto is BRAIN AND STRENGTH TO CONQUER.

The gym is open to members week days from late afternoon through the evening and weekend mornings. We have groups of members who meet at different times (eg the women's session) so please give us a ring or check the website to see if there is something that interests you.

BINOH
0161 720 8585
office@binohofmanchester.org.uk

BINOH/בינה

BINOH of Manchester is a registered charity that has been working since 1985 to support members of the Jewish community of Salford to develop initiatives for training, education, health and life needs from the starting point of the special needs child in the family. Every person is precious and each responds to challenges in their own way, the secret is to find the key that will unlock their interests.

COMPASS is our sister organisation doing Special Education Advice & Support to approx. 20 of the independent schools in Salford. The support involves training courses for staff and putting in processes to help the schools better assist the SEN pupils.



Cadishead Rhinos Rugby
Fit City Cadishead
Lord Street
Manchester M44
**www.pitchero.com/clubs/
cadisheadrhinosarlfc**



Our club was established in 1993 by founder members Mike Owen, Darren Broadstock, Eddie Dean and Rob Young. We have teams for all age ranges with training during the week as well as weekend games with our league. We have partnership opportunities for young people with (eg.) the Health Improvement Team and Salford Red Devils.

The Rhinos play all their home games on the rugby field at Lord Street Park with players using the changing room facilities at Cadishead Recreation Centre which is adjacent to the field, this is a council run facility.

Club Tikva
07771 297782
shelley@socwork.co.uk



Club Tikva is a unique after school club, supporting isolated children with communication difficulties. We provide a warm, safe environment as an 'oasis of calm' in their otherwise challenging lives.

We offer professional input to learn the tools to make friends and cope with life struggles.

Club Tikva was founded in 2011 by Shelly Sluckis, Shana Taylor and Ros Burland. We run 4 sessions a week during term time for children who need support with communication difficulties. Our sessions are gender split.

Community Social Inclusion Network CIC
0161 728 7613
admin@csinco.uk
www.csin.co.uk



We formed in 2012 and have grown from doing 1 to1s to group work in our new premises. We now have a fully equipped training suite and radio studio. We deliver courses and broadcast live on www.contactfm.co.uk

We challenge exclusion to education, employment, community and society. Everybody has the right to grow and learn free from barriers and pressure.

We deliver life skills to young people who have learning difficulties and barriers to education related to their additional needs. Our volunteers are an excellent team of people who really enjoy changing people's lives.



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De La Salle FC
Lancaster Rd
M6 8AQ
www.delasallefc.co.uk



De La Salle are a grassroots football team with 15 children's teams, we have training and matches during the week and on Saturdays. We are members of the City of Salford Soccer League. We also have adult teams. We have regular fundraising and social events such as our popular De La Salle Comedy Night. Come down and see us or get in touch via our Facebook page, we are always happy to have new members.

Eccles Youth Ministry
mmcritchlow@btinternet.com
c/o The Vicarage
11 Abbey Grove
Salford
M30 9QN



Eccles Youth Ministry is part on St Andrew's Church in Salford. We work in the community to influence young people for good. We introduce the young people to moral and spiritual values. We create a safe space so they feel they can be open to our support and the teachings of Christ. We work with after school clubs, Messy Church sessions and our 11-18 youth group, including weekends and camping trips. We are a Christian organisation but we work with children of different faiths and those with no religious beliefs.

Europaia
0161 833 8823
07763 711888
kush.c@europaia.org.uk



Europaia is a Charitable Incorporated Organisation. Our Mission: support, educate, empower and represent East and Central Europeans across Greater Manchester to prosper in their communities. Our Values: integrity respect inclusion for all people, tolerance, creativity, innovation, flexibility, credibility, trustworthiness, solidarity, openness, courage, celebrating diversity. We run a range of sessions such as last summer we had Mums & Tots with themed Play and Stay sessions such as oral health and rehearsals for our summer event. 30 Football Coaching sessions were delivered in 2016 for 25 children under 10 years old, the coach is training a new group to join in with the local league matches.



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Lark Hill Parent Forum
0161 9211390
w.hugues@salford.gov.uk



The purpose of Lark Hill Parent Forum is to support the community, break down barriers and respect all cultures and backgrounds.

The group impact on wellbeing with the community garden Grow and Eat project has been powerful. Children and families learn to grow produce and make wholesome soups for the family to enjoy.

The volunteers deliver nine programmes of work supporting children and families. 45 children attend Garden Club during school lunch times and early afternoons. Adults attend Garden Club each morning. We teach ESOL to 15 adults from our Arabic community. This programme of work is run by a volunteer and an English Tutor. 20 volunteers overall have engaged in the programme of learning for our Garden Club and Arts and Crafts for families.

Lifecentre Salford
0161 736 7644
www.lifecentre.org
lifecentreonline@gmail.com



From our centre in Langworthy we aim to build resilience for Langworthy children to be successful in the future.

Lifecentre has been at the heart of Seedley and Langworthy community since 2000 committed to the local community by advising, caring, training and providing opportunity for young people, their families and the wider community. In partnership with local schools we deliver 4 projects to meet the needs of children in the area.

Our school holiday programme MAKE LUNCH combats holiday hunger by providing a hot meal and activities for children on free school meals. We also have BREAKFAST GROUP, TRANSITION GROUP for Y6-7 and MAKE TEA.

Lower Kersal Young People's Group
enquiries@lkypg.co.uk
0161 782 1786
07748 774409



BRIGHTENING YOUNG PEOPLES LIVES

Lower Kersal Young People's Group is a community group that has been working with children and young people teaching cooking, gardening and drama skills since 2004.

Brightening young people's lives through educational and recreational activities for young people and adults.

We have worked with a number of non-profit groups and completed a Kersal Flats magazine project, over 55s cooking, allotment and sewing course, a volunteers programme, a film called Then & Now about the Salford Pals and a pilot scheme with Achieve to support people getting off substances by working on the allotment and cooking their own food.



Lubavitch Day Camp
Please contact Rifka on
0161 792 3819 or 07890831375
manchesterldc.com



Lubavitch Day Camp North Manchester is a proud member of the Camp Gan Israel network, the largest and fastest growing network of Jewish day camps in the world. Gan Israel enjoys a well-earned reputation as a trendsetter with innovative ideas, creative programs and new activities. We are a well-established camp. We have been providing Summer day camps since 1963. Our day camp is much more than a physical break from the school routine, it's a comprehensive program designed to strengthen the body and soul. It provides children with a rich and wholesome summer vacation of fun and excitement along with friendship and meaningful educational experiences.

Manchester Giants Netball Club
Eccles College, 12 The Broadway
Salford, M30 9FJ
Deborah Henley 07557 234213
netball@manchestergiants.com



Manchester Giants Netball Club was founded by a dedicated group of parents so that Netball would be accessible within the community for all ages. With the support of England Netball and Manchester Giants Basketball, along with affiliating with De La Salle Netball the club would like to invite new members to play or volunteers to help and coach. The training is carried out for all age groups on a Thursday night each week with matches played during the week and also on Sundays.

Mencap Step Up Project
Golden Lane Housing
West Point, 501 Chester Road Stretford,
M1 9HU
0161 888 1200



Based in Manchester and the West Midlands, Step Up is a two-year pilot programme for people with a learning disability or communication difficulty (PWLDCD) aged 16 - 30 who have offended or are at risk of offending. This is a two-step peer-led programme that engages and prepares this hard to reach group to move into employment through social action initiatives and tailored support. Step 1: Engagement will involve assisting small groups to carry out community projects within their local community. Step 2: Employment support will involve meeting regularly with assigned individuals to keep them motivated, engaged and to support them with challenges.



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Mums' & Dads' Club
a.zgrabczynska@salford.gov.uk
0161 775 2490



Mums' and Dads' Club is a unique opportunity to spend quality time at school with the purpose of improving the wellbeing of our families.

We create high quality arts and crafts using everyday objects so families can have fun in the session and be inspired to try new things at home. We help families improve communication by focusing on verbal and face to face skills - no phones allowed.

Every Friday in the school year we have a session in our school hall; playing music and doing arts and crafts but most importantly spending quality family time while participating in activities together.

Positive Moves
sylvia@icy-positivemoves.org.uk
www.icy-positivemoves.org.uk
0161 211 5921
07746 559301



Irlam and Cadishead Youth Project is a not for profit social enterprise making positive changes to the lives of children, young people, families and communities by providing safe and age appropriate activities for 5 to 19 year olds. We run free sessions throughout the week, as well as during half term and summer holidays. All our staff are trained and DBS checked, and we risk assess our activities and have all relevant policies/procedures and insurances.

There are a range of activities available, including football, table tennis, creative activities such as arts and crafts, dance, drama, graffiti workshops, filming sessions, and trips and outings.

We offer help and information support in areas such as health and substance issues.

Rainbow Haven
113 Abbey Hey Lane, Gorton, Manchester,
M18 8TJ
0161 370 3472



Rainbow Haven aims to be a safe haven for people who are displaced and unsure of their future. We provide information, advice and advocacy to support people with accessing services and understanding UK systems and policies.

We promote access to activities that provide educational and social opportunities and support community integration. We seek to overcome some of the causes of poverty and social injustice and support people to address barriers that affect their ability to settle into life in the UK.



Reclaim
www.reclaim.org.uk
0161 234 2950
info@reclaimproject.org.uk



RECLAIM is a grassroots, values-based organisation with young people at its core. We use a strengths-based approach to deliver innovative and engaging programmes which inspire young people.

Our participants develop the skills and experience necessary to be leaders in their community and to create positive social change. We believe in young people. We listen to them closely after giving them time to think critically and speak authentically. We have honest, often challenging conversations with young people about class, community and our society.

Red Sun Karate
07766 768742
info@karatemanchester.org



Our instructors have many years experience in training, competing and teaching Shotokan Karate. We teach students from 5 years old and upwards and have classes on most days of the week at our own full time dojo.

A warm welcome awaits new members both young and old and especially families because this is a sport which really can be enjoyed by all the family. Especially because the benefits of Karate training taught by experienced and qualified instructors can be enjoyed by everyone.

Salford Community Leisure
www.salfordcommunityleisure.co.uk



Run by the people for the people.

We are committed to enhancing the physical and cultural wellbeing of the community through the sport, library and cultural opportunities we offer across 40 venues, which attract millions of customer visits each year.

We reinvest all our profits because we believe that leisure and culture should be at the heart of every community.



Salford Dadz

www.facebook.com/pg/SalfordDadz



We are a group of dads and granddads in Little Hulton helping each other to help our children. Salford Dadz aims to improve the wellbeing of both dads and through that, their children. This work is led by a small planning group consisting of local fathers and grandfathers in Little Hulton and was helped to start up by a Salford-based social enterprise called Unlimited Potential.

It is important to say that the work is all about helping family life and especially the happiness of children it is intended to be complementary to the excellent mums we have in Little Hulton- we just think dads need a bit of extra help so they can support you better!

Salford Foundation
3 Jo St, Salford M5 4BD
0161 787 8500
www.salfordfoundation.org.uk



Salford Foundation is a social inclusion organisation that provides opportunities for young people and adults in Salford and surrounding boroughs to develop social, academic, vocational and personal skills.

It provides opportunities for those in education, business and the wider community to work together for their mutual advantage.

The Foundation engages with businesses and the wider community in shaping and delivering its services. Many of its programmes of work include significant volunteer support with a particular focus on mentoring or group led activities.

Salford Mixed Martial Arts
mail@salfordmma.co.uk
0161 794 7147
Salford MMA, Unit 8
Deans Road Industrial Estate
M27 0RD



Salford Mixed Martial Arts runs classes for children of all ages from Little Ninjas learning hand/eye coordination and being active to adults training in MMA and fighting in international competitions. Children and young people improve their health and behaviour by attending classes and training at Salford MMA. We give them a focus which keeps them occupied and they build discipline and skills.

Get involved in fitness, training and a healthy lifestyle through martial arts.



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Salford Musical Youth
salfordmusicalyouth@gmail.com
Albert Park off Great Clowes Street
Salford
Call 07927 725693



Salford Musical Youth is a volunteer led organisation founded in 2014. We run weekly music workshops in a non-pressured environment that are built around the young people's choices. Salford Musical Youth allows young people a safe space to rehearse their music, provides support to book gigs, get to and from gigs and also has some capacity for supplying equipment. DON'T SUFFER IN SILENCE. JUST COME ALONG AND BE AS LOUD AND CREATIVE AS YOU CAN.

City of Salford Sea Cadets
The Old Boatyard, Worsley
Salford, M28 2WN
0161 793 7981
salfordseacadets@yahoo.co.uk



We are Salford Sea Cadets and part of the UK's oldest nautical youth charity. As a Sea Cadet you can go to sea, learn to sail and do adventure training, plus get extra skills to give you a great head start in life. Salford Sea Cadets is run by volunteers from in and around Salford. Our volunteers come from a wide range of backgrounds and bring a wide range of different skills to the unit. Our cadets come from across the city. We are open to young people aged from 10 to 18.

Salford Wheels for All
Facebook.com/salfordwheelsforall
wheelsforall@salford@gmail.com
07759 984559



We are part of Cycling Projects, the national inclusive cycling charity promoting cycling for all. Salford Wheels for All is aimed at people with disabilities and differing needs of all ages and provides a wide range of different cycles. Some cycles are new, some refurbished and recycled. People come with carers, family members and friends to cycle together. We run all day sessions at Cleavley Athletics Track on Wednesdays and Fridays which are open to all during term time (please check the Facebook page for holiday changes because we may limit some sessions to a disability focus). We also run an Autism Sports Club and a Saturday morning Family Cycle Session.



Salford Young Carers
St Philip's Pl, Salford, M3 6FA
0161 833 0217
www.salfordyoungcarers.org



Salford Young Carers is a charity that has been supporting young carers aged 24 and under since 2000. We are one of several services managed by the Gaddum Centre, a health and social care organisation based in Manchester.

We aim to raise awareness and increase identification of young carers, reduce inappropriate caring and support young carers. We support approx. 300 young carers aged 24 and under each year by trying to minimise the impact of the caring role and working with young people to build up their resilience.

Swinton Judo Club
Swinton Judo and Martial Arts Centre,
187-189 Moorside Road, Swinton
Salford, M27 9LL



Swinton Judo Club was founded in 1957 and has had many homes but has been in the current premises since 2004.

We teach judo to people aged 5 upwards. We teach for recreation and competition, from beginner to black belt and from a local to an international level.

We run 6 classes a week for all ages and have extra YOU CAN classes for disabled teenagers as well as extra adult classes on some Saturdays Please get in touch to find out.

The Broughton Trust
www.thebroughtontrust.org.uk
0161 831 9807
office@thebroughtontrust.org.uk



As over 25% of East Salford's population is under 18 the Trust listens to and works with young people to raise their aspirations and plan recreational activities and events.

The Trust is committed to creating opportunities and activities for personal and social growth and development, meeting the needs of young people at risk and requiring specific forms of support. We promote social cohesion through sports activities and targeted group work and work with young adults who are not engaging in education, employment or training to find them placements and offer the support needed to keep them.



The Enthusiasm Trust
caleb.jackson@enthusiasm.org.uk
07873 555648



The young people we support are socially excluded and their complex needs and family lifestyles hold them within a negative cycle that contributes to poverty and lifelong problems. Some are vulnerable to abuse and exploitation and many live in deprived and broken homes. We aim to break the cycle of deprivation and give young people a more positive life experience. In order to meet our aims and vision, we deliver core programmes to fully engage and support young people from local communities which include mentoring, universal youth work, family support and community development work.

The Federation of Jewish Services
www.thefed.org.uk
0161 772 4800
info@thefed.org.uk



The Fed's Children and Families' Services consist of two complementary projects which work closely together – our Children & Families' Social Work Team and Project Smile. Together the projects offer support to children with special needs, or in need, and their families. Our services help children living through a crisis e.g. parental illness, or in need of safeguarding. We also support foster carers. Support is provided by social workers, family support workers and volunteers. Additionally we provided group activities. These are Stay and Play Sessions, boys-only group, occasional Parenting Courses and an Annual Respite Holiday.

The Prince's Trust
0800 842842
www.princes-trust.org.uk
salfordcentre@princes-trust.org.uk



Working with young people in Salford we help 13 to 25-year-olds work towards their personal goals through Fairbridge, a free and fun personal development programme to equip you with the tools you need to move forward. Our Fairbridge programme offers you a mix of group activities and one-to-one support to develop the skills and confidence you need to move forward. Starting with a five-day Access course, you'll get the chance to do outdoor adventurous activities, as well as take part in a residential trip. Once the Access course is complete, you can choose from lots of different activities from sports to drama and photography to cooking. We'll work with you to help reach your goals.



Unity Radio CLG
www.unityradio.fm



Unity Radio is more than just a radio station...it is a trusted voice.

Unity Radio is a leading value led independent multi-platform influencing its target audience of 15-40 yrs underpinned with creative activities to improve well-being amongst young people.

The station broadcasts across the Manchester region on 92.8 FM and around the world via www.unityradio.fm and smart phones. It has broadcast on the FM for over 5 years and has a long 10 year broadcast history of reaching into communities combined with engaging outreach work, helping young people in the community.

Unlimited Potential
Salford Innovation Forum
51 Frederick Rd, Salford M6 6FP
0161 743 0088
www.unlimitedpotential.org.uk



We are a company limited by guarantee incorporated in 2002 as Community Health Action Partnership (CHAP). As a social enterprise, we are a business that operates for a social and environmental purpose and reinvests all of our surpluses towards our mission.

Dadly Does It in Winton builds on our exploratory project in Little Hulton in Salford, whose aim was to find new ways to improve the wellbeing of disadvantaged fathers and to understand whether this can improve the wellbeing of their children. Using a 'positive deviance' approach they have created both male-friendly spaces where positive role models talk openly 'shoulder to shoulder' and also fun dad-child activities that enable bonding.

Visit From The Stork CIC
visitfromthestork@gmail.com
07402 630671
www.visitfromthestork.co.uk



Visit From The Stork is a Community Interest Company founded in 2014. Our vision is to be the place that young parents turn to first for information and advice and to be the publication they trust the most.

We inspire and empower young parents to achieve for themselves and their children by providing accessible education and training opportunities.



Warm Hut UK
G17 Technology House
2 Lissadel Street, Salford, M6 6AP
0161 278 2758
info@warmhutorg



WARM HUT UK

We aim to improve the educational attainment of children and young people. Supporting young people through information, advice and homework club to make informed choices.

Warm Hut Homework Club started in 2013 and the main aim was to improve maths and English skills for children and young people from African migrant communities in Salford. We also give them the opportunity to make more friends because most of these families are isolated so we aim to improve their network of support.

**Yemeni Community Association of
Manchester**
1 Gladstone Road, Eccles
M30 0WY
0161 707 7012



The YCA is a registered charity in Salford that impacts on the development of the local Yemeni, Arab-origin and BME community by providing an ongoing support service and by acting as the crucial link between these communities and statutory bodies.

Founded officially in 2004, the YCA continues to be the first point of contact for Yemeni, Arab-origin and minority groups in the local area. The YCA provides ongoing advice, welfare and translation, in addition to partnership work with various statutory bodies and voluntary groups in the Greater Manchester area.

YMCA Training
The Old Coach House
25 Bolton Road, Pendleton
Salford, M6 7HL
0161 737 6699



YMCA Training helps young people who are looking to develop themselves, their skills and experience to help them find employment or progress in the workplace. We provide a safe and supportive environment and only work with fully-trained practitioners.

Our programmes include Apprenticeships and National Vocational Qualifications (NVQs) and we work with young people from the age of 16. YMCA Training will give you a flexible and supportive way to learn new skills and make a real difference in your life!

We are an OFSTED graded good provider across all our programmes nationwide.



13. Glossary of Acronyms

ADHD	Attention Deficit Hyperactivity Disorder
ASD	Autistic Spectrum Disorder including Asperger's syndrome
BME	Black and Minority Ethnic
CAMHS	Child and Adolescent Mental Health Services
CCG	Clinical Commissioning Group
CLES	Centre for Local Economic Strategies
E-safety	Electronic media safety (internet, phones, apps eg Snapchat)
ESOL	English for Speakers of Other Languages
GVA	Gross Value Added
iThrive	New model for facilitating emotional health and wellbeing support in Salford
LGBTQ+	Lesbian, Gay, Bisexual, Transgender, Queer or Questioning
SEN	Special Educational Needs
VCSE	Voluntary, Community and Social Enterprise



14. Appendices

Appendix 1



0-25 VCSE Research and Development Project

This survey aims to collect information about how much voluntary organisations, community groups and social enterprises (VCSEs) support good mental health and wellbeing and your work with children and young people who have disabilities, speech, language and communication issues. Salford CVS will share the information in a report and keep any quotes anonymous. Your responses will inform and influence the wider work of Salford City Council and NHS Salford Clinical Commissioning Group.

Your organisation will receive £50 for participating in this part of the 0-25 Research & Development Project. A further £50-£100 is available for additional levels of engagement.

I will be in touch to book an interview for further research, this may be followed with some case study work- when we do the interview I will clarify the payment process.

A key aim of this research project is to identify what support is available for children and young people and celebrate the good work you do. **Thank you for participating :)**

Any questions please ask **Lucy** on lucy.sutcliffe@salfordcvs.co.uk or on **0161 787 7795**

Your organisation			
Your name			
Your role			
Contact phone number			
Contact email address			
Your organisation's annual turnover		Number of paid staff	
Number of volunteers		Number of volunteers active in the last year	
What is your main priority for children & young people?			
What data do you currently collect?		Do you ask children & young people for their views?	Yes/ No
Are you happy to be quoted in a way that does not identify your group or yourself?	Yes/ No	PLEASE TURN TO SECOND PAGE J	



Are you commissioned by Salford City Council or the NHS Clinical Commissioning Group to provide services for children and young people that directly relates to emotional health & wellbeing, working with children and young people with disabilities or children and young people with speech, language and communication issues? If YES please tell us in your Description of Sessions below.							Yes/No
YOUR ENGAGEMENT WORK Page 1; please give details of the work you do with children & young people and complete to the best of your ability. Please continue on extra sheets if necessary. Thanks again! J							
Name of Session	Description of Session	Frequency of Session	Who attends? How many per session?	Age range of attendees? How many of each age range?	Main activity that you deliver	Any additional important outcomes?	



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YOUR ENGAGEMENT WORK Page 2; please give details of the work you do with children & young people and complete to the best of your ability. Please continue on extra sheets if necessary. Thanks again! J

Name of Session	Description of Session	Frequency of Session	Who attends? How many per session?	Age range of attendees? How many of each age range?	Main activity that you deliver	Any additional important outcomes?



YOUR ENGAGEMENT WORK Page 3; please give details of the work you do with children & young people and complete to

the best of your ability. Please continue on extra sheets if necessary. Thanks again! J

Name of Session	Description of Session	Frequency of Session	Who attends? How many per session?	Age range of attendees? How many of each age range?	Main activity that you deliver	Any additional important outcomes?



Appendix 2

For this page please focus your answers on **EMOTIONAL HEALTH & WELLBEING** (this is about more than just being happy - it includes self-esteem, self-confidence and enjoyment). Respond for within the last 2-3 years please J

<p>What's going on? What kind of emotional health & wellbeing concerns/ issues do the children & young people you work with present? BIG and</p>	<p>What are the outcomes? What is the difference that you make for your children and young people? When a child or young person moves</p>
<p>What are the gaps/issues? Are there issues that you are not able to resolve? Are there needs you come across that you cannot meet? (if</p>	<p>Are there any training issues? This is for your staff/ volunteers. Can you find courses your staff need to attend? Can you afford for</p>

For this page please focus your answers on **EMOTIONAL HEALTH & WELLBEING**.



For this page please focus your answers on **DISABILITY, SPEECH, LANGUAGE & COMMUNICATION ISSUES** (this can also be 'invisible' disabilities such as epilepsy or ADHD). Respond for within the last 2-3 years please J

<p>What's going on? What kinds of disabilities do the children you work with present (physical disability/learning disability/both)? This</p>	<p>What are the outcomes? What is the difference that you make for your children and young people? When a child or young person moves</p>
<p>What are the gaps/issues? Are there issues that you are not able to resolve? Are there needs you come across that you cannot meet? (if</p>	<p>Are there any training issues? This is for your staff/ volunteers. Can you find courses your staff need to attend? Can you afford for staff</p>

For this page please focus your answers on **DISABILITY, SPEECH, LANGUAGE & COMMUNICATION ISSUES**.



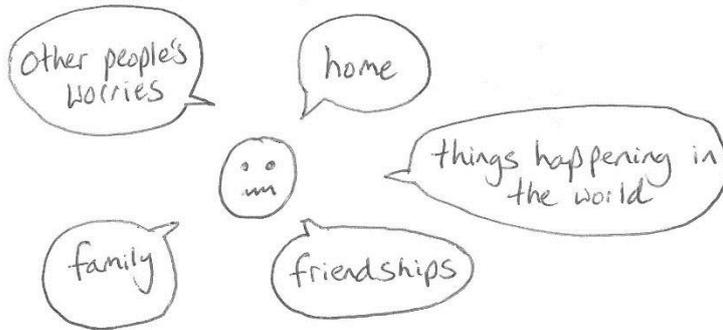
<p>Please tell us about the difference you make to the biggest proportion of your service users?</p>	
<p>Can you tell us a 'magic moment'? A success story that is a great example of your work (no real names or identifiable info please!) related to what you have told us today.</p>	
<p>What would you describe as your current most pressing problem with regard to the service you provide?</p>	
<p>Do you have any evidence of longer term impacts on children and young people?</p>	



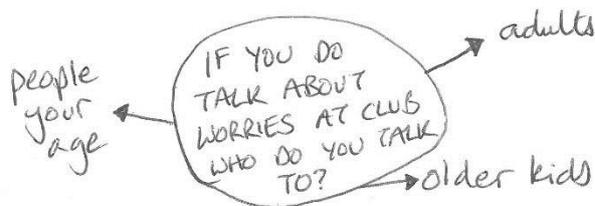
Appendix 3

Your group/club _____ Your age _____ G/8

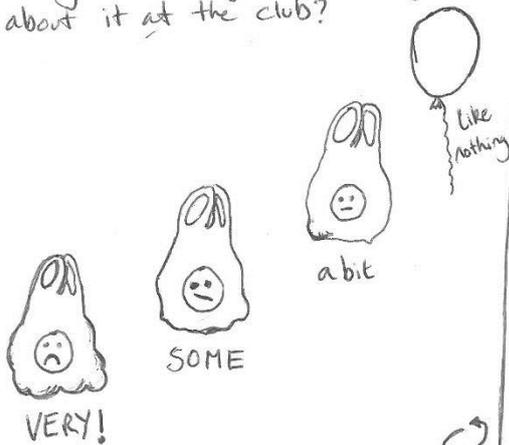
What kinds of things do you worry about? 



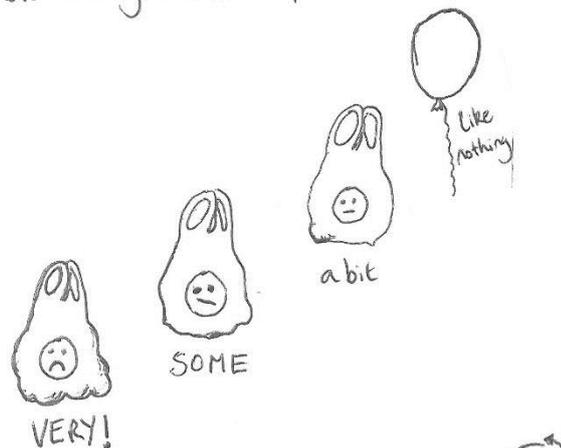
What kind of worries do you talk about at club? ✓



If you have a bag of worries how heavy does it get before you talk about it at the club?

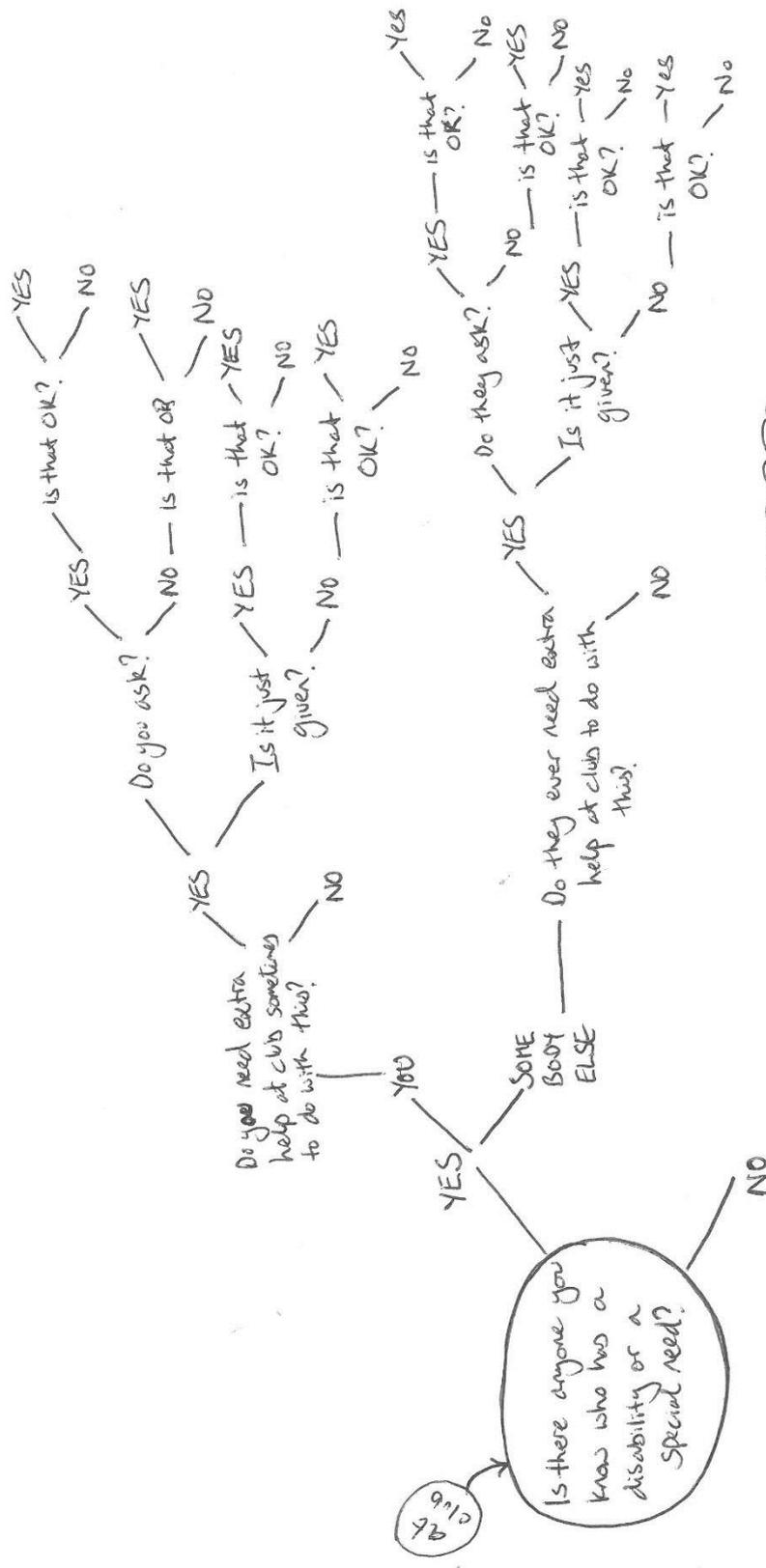


If you talk to someone at the club how heavy does it feel after



Is there anything that could be made better to do with this?





Everyone is awesome!

Disabilities & Special Needs

Is there anything that could be made better to do with this?



Best thing about your club/group!

Something else.

The activities.

Friends like you.

The grown ups.

Time away from everything else.

- 1
- 2
- 3
- 4
- 5

My something else is

Thank you!



you are fab.



Appendix 4

Type of activity	Year founded	Annual turnover	Number of paid staff	Volunteers active in last 12 months	Number of year round weekly sessions	Attendees per week	Attendances per year for weekly sessions	Number of other sessions per year	Attendances per year for other sessions	Total number sessions per year	Total attendances per year
arts & culture	2004		3	20	2	65	3,250	0	0	100	3,250
arts & culture	2014	£1,500	0	5	1	7	350	15	105	65	455
disability	1985	£80,500	4	4	18	8	400	0	0	900	400
disability	2011	£40,000	13	1	4	25 in scope	1,250	0	0	200	1,250
disability	1946 (project 2015)	info not provided	4	0	10	10	50	37	372	537	587
disability	2006	£90,000	8	6	2	36	1,800	0	0	100	3,600
disability	1991	£15,000	3	10	6	50	7,500	0	0	300	7,500
disability	2009	info not provided	20	info not provided	2	16	800	15	75	115	91
health & wellbeing	1985 org, 2015 project	£34,843	1	2	2	26	1,300	1	1,200	112	1,500
health & wellbeing	2014	£9,500	2	5	0	0	0	31	9,036	1,080	9,036
health & wellbeing	2000	£40,000	3	40	1	40	2,000	294	7,220	344	9,220



Appendix 4

Type of activity	Year founded	Annual turnover	Number of paid staff	Volunteers active in last 12 months	Number of year round weekly sessions	Attendees per week	Attendances per year for weekly sessions	Number of other sessions per year	Attendances per year for other sessions	Total number sessions per year	Total attendances per year
health & wellbeing	2014	info not provided	1	0	0	25 in scope	0	36	25 in scope	36	900
health & wellbeing	2003	£186,000	6	40	6	30 in scope	1,500	0	0	300	1,500
health & wellbeing	2007	info not provided	18	0	N/A	N/A	N/A	100 hours	N/A	N/A	35
health & wellbeing	2000	£174,000	7	24	1	6	300	82	663	116	963
health & wellbeing	2007	£160,000	5	75	0	0	0	30	324	30	324
learning & training	2011	135	8	21	12	12	600	162	1,572	762	2,172
learning & training	2012	£3,000	0	10	1	3	150	18	204	68	354
learning & training	Info not provided	£700,000	18	8	4	200	10,000	1 (daily job club)	20	450	220
learning & training	2001	£714,000	20	20	2	34	1,700	115	1,320	215	3,020
learning & training	1976	£66 million	1,100 Nation ally	info not provided	2	24	1,200	37	51	39	75



Appendix 4

Type of activity	Year founded	Annual turnover	Number of paid staff	Volunteers active in last 12 months	Number of year round weekly sessions	Attendees per week	Attendances per year for weekly sessions	Number of other sessions per year	Attendances per year for other sessions	Total number sessions per year	Total attendances per year
learning & training	2014	£17,000	2	6	0	0	0	34	234	34	234
learning & training	2009	£100,000	3	6	3	50	150	15	15	225	375
learning & training	2002	info not provided	10	1	daily	59	14,750	0	0	0	14,750
social & outreach	1913	£9,000	0	13	3	50	7,500	14	50	164	7,550
social & outreach	1998	£3,500	2	8	0	0	0	48	852	48	852
social & outreach	2009	£26,000	1	15	0	0	0	90	1,650	90	1,650
social & outreach	1964	£56,000	50	100	0	0	0	10	4,500	10	4,500
social & outreach	2014	£4,500	0	8	2	20 in scope	20 in scope	0	0	100	1,000
social & outreach	1988	£2 million	45 FT 100+ seasonal	100-120	1	45	2,250	88	4,390	138	4,395



Appendix 4

Type of activity	Year founded	Annual turnover	Number of paid staff	Volunteers active in last 12 months	Number of year round weekly sessions	Attendees per week	Attendances per year for weekly sessions	Number of other sessions per year	Attendances per year for other sessions	Total number sessions per year	Total attendances per year
social & outreach	1936	£16,500	0	23	4	62	3,100	4	260	204	3,360
social & outreach	2002	£600,000	1.2	5	0	0	0	8 (new project)	226 (new project)	8 (new project)	226 (new project)
social & outreach	2005	£55,000	2	15	5	250	12,500	0	0	0	12,500
sport	1916	£44,000	0	30	7	218	10,900	0	0	350	10,900
sport	1953	£17,000	0	30	9	26	1,300	0	0	450	1,300
sport	1993	£25,000	0	20	14	238	11,900	72	1,224	772	13,124
sport	1978	£10,000	0	50	8	192	9,600	28	280	428	9,880
sport	2004	£11,500	1	9	2	47	4,700	36	1,620	136	6,320
sport	1976	£11,000	0	3	3	40	2,000	0	0	150	2,000
sport	2003	£13,653,287	490	100	not	possible	to	quantify			
sport	2002	£20,000	1	5	2	85	4,250	36	432	136	4,682
sport	1957	info not provided	0	40	6	51	5,100	0	0	300	5,100



IMPACT REPORT

42nd Street- Q42

2016-2017



Getting involved in a group or project is a great way to meet new people, try something new or hone your creative talents.

The Q42 website is being created by LGBTQ+ young people for LGBTQ+ young people, to grow online and offline friendships, explore and develop creative ideas and to challenge any isolation and loneliness felt within our community.



1. Q42 is the LGBTQ+ project run by 42nd Street for 15-25 year olds. It involves weekly sessions for 2 youth groups and take place at the 42nd Street premises in Manchester.

2. Q42.org.uk is run by LGBTQ+ young people for LGBTQ+ young people to grow online and offline friendships, explore and develop creative ideas and to challenge any isolation and loneliness felt within their community. The young people are working with leading artists and movers and shakers from the creative media sector to co-design and produce this new digital platform, which will build an innovative online network.

“The group has given me the opportunity to meet other people my age ... in the LGBTQ community. I was hiding my sexuality but now I am happy with who I am.”

3. Our Q42 young people’s groups have formed friendships and reduced isolation for those who attend. Some have feedback it has reduced homophobia for them, which illustrates their improved resilience. It’s great to witness a young person becoming comfortable with themselves, accepting their identity and no longer feeling ashamed.

4. Partnership work has been an exciting part of the Q42 project. As work has gathered momentum we have partnered with The Royal Exchange, Gaydio, Reclaim and others. These opportunities have been taken up by our young people who have been attending for longer and feel more confident to participate.

Re the training in schools: “Very approachable, inclusive and engaging. [It was] accessible, honest, easy to understand and with lots of discussion, built our confidence in supporting the LGBTQ students”

5. The wider project has done outreach work at the Oasis Academy in Salford. We ran an Identity Day with the Year 9 students in partnership with the Integrated Youth Services and Child and Adolescent Mental Health Services. We have also run Trans Awareness days at Salford University.

6. We aim to run sessions with staff and pupils at many more GM schools, including faith schools. We’ve had positive feedback from all the schools we’ve been into and we intend to get more off the ground. This way we can reach more young people who don’t come to the group and who are questioning their identity and feel unable to seek advice and support.

0161 228 7321
Q42.org.uk

Impact report produced with support of:



IMPACT REPORT

53rd Boy's Brigade and Girls Association
2016-2017



53rd Manchester Boys Brigade and Girls Association have been based in Langworthy at the Methodist Church providing educational and fun activity with a Christian ethos since the beginning.

Our vision is to share God's love with children and young people, to help them grow and develop physically, spiritually and mentally.



1. We run weekly activities every Monday from 6.30pm to 9.30pm for an average of 50 children and young people. We deliver a range of activities including arts and crafts, sports, games and faith based activities for all attendees.

2. In addition to our Monday nights we have events most weekends including cross country, football, arts and crafts events. Some activities are delivered in partnership with other GM Boys Brigade companies. We also take groups camping for weekend trips twice a year. Furthermore we engage with the broader Boys Brigade opportunities nationally. For example the 14 to 18 year olds attend Leadership course or an annual fun day.

"My son's social skills have improved massively since coming to BB"
"I don't know much about what he does on a Monday, but he really looks forward to coming each week and clearly enjoys every moment."

3. We grow leaders from within our Boys Brigade Company by developing their skills and abilities. This helps to grow our next generation of leaders, which enables the company to sustain and grow in the future.

4. All our activities are geared towards the Boys Brigade awards system. Children earn one award per year. The system builds opportunities reaching a Gold Standard - the Queen's badge.

"It is the fun place in the world."
"It's the best club ever."
"BB's really good for developing my leadership skills. It's great on my CV – showing what I've belonged to and what I've achieved for so long."

5. We provide a balanced program of activities which enables all children and young people to achieve awards and progress through the scheme to become well rounded adults. We also enable our attendees to explore and engage with their spirituality within a Christian context.

6. We enable young people who are on the autistic spectrum or have any other additional need to attend together. Our attendees come from different backgrounds and the activities provides an opportunity for children and young people to mix socially and this diversity encourages understanding and friendship.

Appendix 5

IMPACT REPORT

Barton Athletic Club
2016-2017



Barton Athletic Club is a Community Amateur Sports Club and was founded in 1953. Our new building opened in 2016, which has enabled us to have top of the range facilities, disabled access and able to welcome new members.

BRAIN AND STRENGTH TO CONQUER



1. The gym is open to members on week days from late afternoon through the evening and also weekend mornings. We have specific groups who meet at different times (e.g. the women's session) so please give us a ring or check our website to see if there is something that interests you.

2. We do run evening sessions for children and young people in wrestling, boxing and weight lifting. We have an adult's road running club that meets twice a week - they run various distances and have a range of abilities. General keep fit for all is always available: we have cardio machines, weights, rowers, cycles and boxing equipment.

“My own children became members when they were 11 and 13. They have both since left school, been away to university and have returned and continue as members at 21 and 23 years old.”

3. We work with the Boys and Girls Clubs of Greater Manchester doing outward bounds activities, skiing, golfing, rock-climbing, canoeing, snooker, pool and table tennis. Our young members are able to join in with these activities as we take the children and young people and work together with families to organise transport.

“The dedication the volunteers give to each individual member is second to none. Every club member is given 1:1 time and attention so their own specific needs are met.”

4. Achieving in sport gives people resilience. Aiming for fitness goals and skills in boxing and wrestling gives participants a sense of personal achievement. We promote a healthy lifestyle for all our members of all ages and the longstanding members can provide a positive influence for the younger members. Our gym has a strong sense of community and many social groups that have formed through our club.

5. As we have now built our own club this means we no longer have to pay rent, therefore all our funds can be reinvested into the club. The gym was purpose built for our members needs and we now have a tremendous space to train.

6. With the new facilities we are able to have a 5 year development plan for sport. We will encourage a walking club, cycling club and continue to support what we have. We are now able to welcome people with disabilities as we have the adapted facilities. Through developing health and wellbeing and growing our membership we will have a stronger club in Barton.

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IMPACT REPORT

BINOH of Manchester

2016-2017

בינה/BINOH

BINOH of Manchester is a registered charity which has been working since 1985 to support members of the Jewish community of Salford to develop initiatives for training, education, health and life needs from the starting point of the special needs child in the family.

Every person is precious and each responds to challenges in their own way, the secret is to find the key that will unlock their interests.



1. COMPASS is our sister organisation doing Special Education Advice & Support to approximately 20 of the independent schools in Salford. The support involves training courses for staff and putting in processes to help the schools better assist their SEN pupils.

2. We run a Family Advocacy Service to ensure that children get the best support available through the new legal procedures following the new Educational, Health and Social Care Plan instigated in 2014 as parents have struggled to navigate the process.

3. Through our support program the SENCOs in the school our children attend have created their own support network due to common challenges.

“BINOH has continued to provide a much needed service to our hard to reach community whose members are being empowered to access their entitlements.”

4. Through our Family Advice Service we have discovered that several parents who come to us are not receiving their state benefits or entitlements, so we have been able to assist them to access these.

5. Following the 2014 Educational, Health & Social Care Plan parents have struggled to navigate the process. We support them to achieve good outcomes for their SEN children through our Family Advocacy Service.

“Thank you for choosing me to talk about this wonderful organisation. There are so many schools and groups who have blossomed from their support”

6. We have helped over 150 families who have a child with learning difficulties and/or behavioural difficulties. Often one issue impacts on another, so the support offered tackles all sides of an issue. This support includes respite care, buddy support programmes and programmes to see how people can make best use of statutory services available.

7. In the context of the cuts we are currently experiencing we believe the Local Authority and school staff do not have an effective way to implement the Health and Social Care services. We intend to find a way with them to help implementation it on practical level that improves the education experience for the SEN children we know.

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Appendix 5

IMPACT REPORT

Club Tikva

2016-2017



Club Tikva is a unique after school club, supporting isolated children with communication difficulties. We provide a warm, safe environment as an 'oasis of calm' in their otherwise challenging lives.

We offer professional input to help them learn the tools to make friends and cope with life's struggles.



1. Club Tikva was founded in 2011 by Shelly Sluckis, Shana Taylor and Ros Burland. We run 4 sessions a week during term time for children who need support with communication difficulties. Our sessions are gender split.

2. We do exercises based on feelings identification to support emotional literacy and appropriate behaviour. We create a calm culture here at Club Tikva to support our children. Some of our children have shown remarkable change.

"Thanks so much, it's great knowing he's in such good hands"

"He is more in control of his behaviour"

3. Our children learn emotional and social skills and learn not to 'act out'. The children learn to interact with their peers in a calm way. They gain enough confidence to be themselves so they do not have to be the clown. We get positive feedback that others who look after the children observe a difference.

4. The children are able to transfer the skills they learn with us and use them at home and

at school. This impacts positively on all their relationships.

"She is more able to make friends"

"I am really happy, he hasn't stopped talking about Club Tikva"

5. We are good friends who met through work and set up Club Tikva in response to a school closing down and the pupils having to go into mainstream schools. We felt they needed additional support to cope with mainstream school. Club Tikva has enabled us to develop our professional skills further. We create a lovely atmosphere, our friendship has grown stronger and now we are not phased by anything.

6. We are hoping to start another session for older girls as there is a need. We would also love to get transport so we could take the children and young people on trips to museums or take part in other opportunities.

"He came home beaming, thanks a million"

"He enjoyed all the activities and can't wait for next week"

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Appendix 5

IMPACT REPORT

Community Social Inclusion Network

2016-2017



We formed in 2012 and have grown from doing 1-2-1s to group work in our new premises. We now have a fully equipped training suite and radio studio - we deliver courses and broadcast live on www.contactfm.co.uk

We challenge exclusion to education, employment, community and society. Everybody has the right to grow and learn free from barriers and pressure.



1. We deliver life skills to young people who have learning difficulties and/or barriers to education related to their additional needs. Our volunteers are an excellent team of people who really enjoy changing people's lives.

2. Drink, Drugs & Alcohol is one of our courses aimed at people who are caught driving under the influence while drunk or high. We raise awareness about the impact of drugs on reaction times and the consequences of driving while high.

3. Through our **Pathways to Employment** work we have generated work placements and further education for 81% of our clients. From a range of groups friendships are maintained. 5 presenters have gone on to do their own radio show and have stayed with us.

"It's important for people to be given the opportunity, because if I'd not been pushed I'd be still laying in bed."

4. Through **Money Matters** we have enabled people to effectively understand credit and debt (and how to avoid both), identify their priority debts and create a management plan

to deal with 3rd party debts that have been sold on to debt collectors. We have seen people freed from worry and stress. People are referred to us from agencies who work with vulnerable adults, but we also work with people from all walks of life.

"Dealing with people would have been frightening two years ago. I couldn't face anyone. But it's part of the job and I love it now. I've never spoken so much in my life."

5. We encourage young people to travel independently to the sessions when they enrol on the **Broadcast Media** courses by doing journey planning and route planning. Once they attend the course they learn speaking and listening skills, radio broadcasting, to operate mixing desks, mic technique, literacy, numeracy and team skills - all this boosts their confidence and life skills.

6. We aim to deliver training to a wider range of people who we feel could benefit from our support: we are building partnerships with other agencies to reach the client base we feel we could serve; those who are disengaged from education and work; and those who are isolated from their communities.

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Appendix 5

IMPACT REPORT

Eccles Youth Ministry

2016-2017

Eccles Youth Ministry is part of St Andrew's Church in Salford.

We work in the community, influencing young people for good. We introduce the young people to moral and spiritual values.

We create a safe space so they feel they can be open to our support and the teachings of Christ.



1. We work with after school clubs and Messy Church and our 11-18 youth group, including weekends and camping trips. We are a Christian organisation but we work with children of different faiths and those with no religious beliefs.

2. KIDS CLUB is for high school age children. We meet on the third Friday of every month, in the church, for the kids to play sports such as badminton, have refreshments, do arts and crafts, watch films and do bible study.

3. JAM CLUB is for younger children. They sing songs, play games, have a story and a prayer at the end. We also have an occasionally weekend away.

From an 11 year old "I went to Jam Club from Y1 it was really fun and we get stories about Jesus and it's like school but more fun."

4. TODDLER GROUP is for toddlers and their carers and they meet every Tuesday in the church during term time. We provide refreshment for the adults and toddlers as well as play games and an opportunity to make friends.

5. MESSY CHURCH is held once a month on Saturday lunchtimes. We are open for all children and their parents and carers are welcome to come along to enjoy games, craft activities, a bible story and a meal.

From a volunteer "We have really great young people who come to play games and hear about Jesus. They enjoy being with each other. We make it a friendly place to be and the young people feel happy here."

6. The outcomes for the children and young people who attend any of our sessions varies. These include improved friendships, a sharing of a Christian life, having fun, growing stronger and better at team work through their experiences on trips.

7. Every May we take the participants from Kids Club away for a residential trip. The children love it and we have lots of outdoor adventure activities. Their firm favourite is the midnight walk where they climb up a hill at night with torches and then tell ghost stories in the dark. Other activities include rock climbing and archery.

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IMPACT REPORT

Europaia

2016-2017



Europaia is a Charitable Incorporated Organisation.

Our Mission: support, educate, empower and represent East and Central Europeans across Greater Manchester to prosper in their communities.

Our Values: integrity respect inclusion for all people, tolerance, creativity, innovation, flexibility, credibility, trustworthiness, solidarity, openness, courage, celebrating diversity.



1. We run a range of sessions including last summer we had **Mums & Tots** with themed **Play and Stay** sessions such as oral health and rehearsals for our summer event. In 2016 we delivered 30 **Football Coaching** sessions for 25 children under 10 years old. Now the coach is training a new group to join in with the local league matches.

2. The sessions bring parents together which creates genuine bonds and helps socially isolated children. Our annual **summer event** is a celebration of our community where our participants come together as a team to create the event including producing a puppet show and a talent show.

3. We use sport as a way to bring people together to overcome frictions of current migrant life and give the children and their parents the opportunity to **create genuine friendships**. We have recruited a Police Sergeant as our next football coach. We are funding his coaching qualifications and are excited by the prospect of **building positive relationships** between local services – in this case the police and the local community. We are also building relationships with the local police and Manchester United FC to create an affordable and sustainable physical activity offer for our children.

4. We have built a strong relationship with the **Health Improvement Team** in Salford which has helped them build contacts with our socially isolated members of the community and therefore our community members can access HIT services such as oral health for children or pre and post natal classes.

5. As a result of Brexit government services have contacted us as we are well established with the purpose of **getting a better understanding** of Eastern European community members and support our work.

6. Through our volunteers, participants and staff we have brought together **people from different nationalities and backgrounds**, some of whom have undertaken a learning curve and embraced a multi-cultural environment. This has resulted in the football sessions from being conducted in Eastern European languages to English.

7. Feedback from parents has shown their interest in getting active alongside their children and we aim to offer something for them. We are **intending to fund a Community Development worker** with a strong background in family work in Salford to focus on creating bridges between current services and our community, particularly those with multiple disadvantages.

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IMPACT REPORT

Lark Hill Parent Forum

2016-2017



The purpose of Lark Hill Parent Forum is to support the community, break down barriers and respect all cultures and backgrounds.

The group impacts on wellbeing with the community garden Grow and Eat project. Children and families learn to grow produce and make wholesome soups for the family to enjoy.



1. The volunteers deliver 9 programmes of work supporting children and families. 45 children attend Garden Club during school lunch times and early afternoons. Whilst adults attend Garden Club each morning. We teach ESOL to 15 adults from our Arabic community. This programme of work is run by a volunteer and an English Tutor. 20 volunteers have engaged in the programme of learning for our Garden Club and Arts & Crafts for families.

2. 60 children from year 6 became Environmental Rangers. They took a piece of overgrown land and turned it in to a wildlife area. The children and the community now enjoy the area and respect it. The children became better citizens and racial barriers were broken down in the local area.

“The school plays a pivotal part in the community and this new funding will help us introduce children to creating healthy meals from nutritious ingredients.”

3. For the **Grow and Eat** project children and families learnt to grow produce and make wholesome soups for the family to enjoy. This project supports SEN children, children with speech and language difficulties and lone parents. The volunteers have a sensory room

and the community garden has sensory items. Parents have reported they feel less isolated and their wellbeing has improved.

4. Our aims include to continue to grow family programme of work via volunteers, continue to maximise family wellbeing and improve family life by helping to reducing poverty.

5. Our gaps include funding for volunteers to become paid sessional workers.

“Now I have a real purpose and I've got big plans. And the kids are really excited as well. They're signing up to a gardening club and getting involved with other projects in the gardens.”

6. A number of our families are the most vulnerable. Some don't access universal services. They suffer with low self-esteem and are unwilling to talk to other people in the community. The project grows self-esteem allowing the adult to try new things and in some cases become work ready and engage in upskilling. The parent forum are able to signpost and support them through training and celebrate the outcomes of achievement.

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IMPACT REPORT

Lifecentre Salford

2016-2017



From our centre in Langworthy we aim to build resilience for Langworthy children to be successful in the future.

Lifecentre has been at the heart of Seedley and Langworthy community since 2000. It is committed to the local community by advising, caring, training and providing opportunity for young people, their families and the wider community.



1. In partnership with local schools we deliver 3 projects to meet the needs of children in Langworthy. Our school holiday programme MAKE LUNCH combats holiday hunger by providing a hot meal and activities for children on free school meals.

2. The BREAKFAST GROUP provides a meal, emotional literacy interventions and a safe place for children experiencing stress at home. This enables them to start the school day calm and ready to learn.

3. The TRANSITION GROUP builds the resilience of children who are making the big move to high school.

“Just want to say thanks and well done for bringing this to the school. Especially during the holidays, for helping children who have no place to go during holiday time. It’s brilliant.”

4. A SPACE FOR YOUNG PEOPLE is our mobile project for reaching young people at risk of anti-social and criminal activity in Langworthy. In partnership with GMP we provide positive activities and role models for young people. The local police stated the crime rate has dropped following our work.

From school staff “Breakfast Group provides a caring and loving environment...regular routine and positive support from staff... regular morning structure helping them be ready to learn.”

5. Our new project MAKE TEA engages parents of reception and nursery children with school. We have a meal together, make friends and discuss some of the challenges of being a parent.

6. A number of our projects create social capital in Langworthy by increasing social bonds between community volunteers, children, young people and families. This increases the resources available across the community and provides role models for children.

7. In partnership with the Red Cross we deliver weekly food parcels for asylum seekers and their families. The families are signposted to us from the CAB or Rainbow Haven. In addition some of those families choose to join us for a community meal and ESOL teaching with Christian content.

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IMPACT REPORT

Lower Kersal Young People's Group
2016-2017



BRIGHTENING YOUNG PEOPLES LIVES

Lower Kersal Young People's Group is a community group that has been working with children and young people teaching cooking, gardening and drama skills since 2004.

Brightening young people's lives through educational and recreational activities for young people and adults.



1. Lower Kersal Young People's Group (LKYPG) has worked with a number of non-profit groups and completed a Kersal Flats magazine project, over 55s cooking, allotment and sewing course, a volunteers programme, a film called "Then and Now" and a pilot scheme with Achieve to support people getting off substances by working on the allotment and cooking their own food.

2. 10 young people have earned the PEARL qualification in journalism from working on the magazine.

3. LKYPG teaches young people the history of their area. The young people did research by visiting Salford Museum and found out about the estate of flats that had been

Quotes from children and young people; "Digging spuds is like finding treasure." "Youth club gets me out of the house and it helps me meet new friends."

knocked down but also the community life that took place there in the 1970s. The young people were impressed by the community spirit following the floods in the 70s, they also cooked food from the time and were shocked by the difference in the food. The young

people dressed up on 70s clothes for the events, tracked down inhabitants from the time and were excited to learn that one had become a Mayor of Salford.

"Doing the magazine has made more aware of my area. I realised Kersal is full of history- in the 1800s it was all farmland"

4. The film "Then and Now" opening in April 2017 at the Lowry Centre with some local soap stars in attendance. The film celebrated the lives Salford Pals who fought in the First World War. The cast and crew who made the film learned a lot about the reality of war, trench foot and other issues for young soldiers in the trenches. This helped the participants get an understanding and were able to with conviction.

5. 87 people have had Food Safety 1 and 2 qualifications, which included allergies awareness as well as making jam, pies and crumbles, cooking with herbs and basic skills | with veg that came from our allotment.

6. We are really proud at Lower Kersal Young People's Group of how we teach people to work the land and cook and many attendees earn qualifications with us.

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Appendix 5

IMPACT REPORT

Fiddler's Lane Mums' and Dads' Club

Date 2016-2017



Mums' and Dads' Club is a unique opportunity to spend quality time at school with the purpose of improving the wellbeing of our families.

We create high quality arts and crafts using everyday objects so families can have fun in the session and be inspired to try new things at home. We help families improve communication by focusing on verbal and face-to-face skills - no phones allowed.



1. Every Friday in the school year we have a Mums' and Dads' Club session in our school hall - playing music and doing arts and crafts, but most importantly spending quality family time while participating in activities together.

2. We teach how to turn everyday objects in art projects. Finding treasures in kitchen cupboards and recycling bins is easy if you are inspired. A jar lid, seeds and some plasticine can create a wonderful picture. Making it together as a family will help create stronger emotional bonds, improve face-to-face communication and make everybody content.

“Definite improvement in fine motor control. Using tools such as scissors, brushes and clay has helped with handwriting and pencil control.”

3. Everybody benefits from Mums' and Dads' Club being part of our school - children, families, teachers and neighbours. By encouraging families to spend more quality time together we improve their wellbeing and improved family life creates a better sense of community.

4. To encourage families to attend more often we have instigated a loyalty programme. Now families who regularly attend are rewarded at the end of the year with gifts. We feel that families benefit more by attending regularly and through attracting funding we have been able to offer more places every week.

“The emotional and confidence building is seriously boosted by the pride of the work they produce with their parents. Their self-esteem takes a leap knowing that their parents want to spend time with them.”

5. Our school is in a pocket of high deprivation where families have a low income. There are high levels of domestic violence in this area of the city along with significant levels of depression and anxiety, which impacts on the children's wellbeing. Working with our families in this positive way brings people together and creates stronger social bonds so support networks are strengthened.

6. We engage with local organisations in the city to raise awareness of different aspects of wellbeing. Last year the Health Improvement Service came in and taught us about healthy eating, the Red Devils carried out multisport sessions and Salford Community Leisure helped us make trinkets for the Christmas Market.

IMPACT REPORT

Positive Moves CIC

2016-2017



Positive Moves CIC - Moving People in the Right Direction.

Positive Moves was set up in 2006 to work with disadvantaged and vulnerable groups providing social, educational and recreational services for those aged 5-95.



1. Positive Stars is our youth club for children and young people with disabilities and their siblings. During the sessions we provide arts, crafts, sports, recreation, games, construction, building and music equipment. We go on trips every couple of months to Southport, bowling, trampolining and other fun places.

2. We provide 2 sessions a week for older people who are socially isolated. We go out on trips to local markets, the coast or other popular places. One day a week we take them shopping, to the GP or hospital depending on their need. We support people who have dementia and provide escorts.

“When he first started coming to your group his speech and communication abilities were not very good. This did not put you off taking him and with your support he has done fantastic...you and the volunteers and staff understand him and have always been supportive.”

3. For our participants we help achieve a reduction in isolation, build social networks and provide fun activities at very low cost so low income families can come along.

4. We run the Youth Information Counselling Services by working in a small multi agency

partnership to provide a one stop shop for young people to help and support and improve self-confidence and skills. The young people go onto education, training or find work and/or volunteering opportunities.

“I love coming to the Youth Club, I meet my friends, the staff are really nice, it’s fun. It keeps me off the streets and I can escape from my brothers!”

5. It’s really important that young people are treated as their own selves and they get the chance to integrate and socialise with their peers who may or may not have disabilities.

6. We also provide support for parents as they need to be able to talk about challenging behaviour and emotional problems. This is an opportunity to share strategies and good practice to help them cope and build good relationships with their children.

7. We hope to get more funding so we can run an intergenerational project for a longer period of time. We have witnessed through the summer trips the benefits of intergenerational activities in building friendships and creating a better understanding of each other’s lives.

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IMPACT REPORT

Rainbow Haven

2016-2017



Rainbow Haven aims to be a safe haven for people who are displaced and unsure of their future. We provide information, advice and advocacy to support people with accessing services and understanding UK systems and policies.

We seek to overcome some of the causes of poverty and social injustice as well as support people to address barriers that affect their ability to settle into life in the UK.

1. We run a drop-in at the centre in Langworthy each week, which has 10 appointments and up to 5 emergencies for advice workers (benefits, destitution, employment, registering for schools or GPs) Approximately 40 people attend a lunch we provide, social time or going to classes and workshops.

2. ESOL classes provide a valuable opportunity for refugees, asylum seekers and other migrants to learn English. This in turn helps them integrate into the host country and supports community cohesion. The acquisition of language helps people gain confidence and builds social connections.

From an ESOL volunteer Teacher "I've really enjoyed working here and feel that together we have achieved great things. The students have really benefitted."

3. If somebody attends drop in regularly they become part of the community and are in a position to acquire new skills that will help them integrate into their new home and life. They can learn from the others and benefit from the experience of Advice Workers.

4. We recruit volunteers to help deliver our services. They perform vital roles such as teaching ESOL, staffing reception, supporting the advice workers with tasks such as helping clients to fill in forms, finding info and making referrals. Catering volunteers help provide lunch, which is a vital part of our service.

"You have given me the most precious thing - your time when walking beside me on this journey of life. Thank you for that!"

5. Last year we ran a 6 week Wellbeing Course for 9 attendees. The course covered diet, exercise, mood, keeping well and making social connections. The Health Improvement Team attended and signposted people to further services and agencies to enable people to look after their wellbeing better.

6. We want to improve activities at Rainbow Haven by broadening the spectrum of opportunities offered including employability, parenting, wellbeing and recreational activities such as sewing and crafts. We have a new worker funded by Lloyds TSB who has capacity to introduce new opportunities.

IMPACT REPORT

NCS Powered by Salford Foundation

2016-2017



POWERED BY



Salford Foundation is a social inclusion organisation that provides opportunities for young people and adults in Salford and surrounding boroughs to develop social, academic, vocational and personal skills.

We run SWAN, the integrated National Citizen Service programme, this has been running for 3 years for an annual intake of 60 young people.



1. Alongside our extensive NCS work we run an **integrated programme with 60 participants, 30 of whom have a range of additional needs** including learning difficulties, physical disabilities, and/or social and emotional needs. We create an inclusive atmosphere which accommodates all needs in a positive environment.

2. All participants have the opportunity to meet people from backgrounds they may not encounter in their everyday life. In our integrated programme this is heightened by the ratio of additional needs participants. We find the **participants with different life experiences find common ground** and form strong friendships.

3. Within our cohort of 60 there were 5 groups that ran a social action project. **One project has provided winter hampers for homeless people in Salford.** With a bit of funding and a lot of initiative the young people made hampers for 100 people that included socks, hygiene products, some food and other treats.

4. While on the NCS programme the group take part in a 4 day outward bound residential. This included activities such as **high ropes, gorge walking and raft building.** It was

followed by 2 skills days to equip participants with a range of skills for the next part of the programme and their future. Once equipped with their skills they **plan and deliver a social action project** to benefit their local community.

“The team approached local businesses for donations and raised money from their NCS Dragon’s Den pitch to complete the hampers. They were very committed to the outcome.”

5. On the skills days we link with local businesses such as The Lowry, Salford Lads Club and St Johns Ambulance. These businesses run **workshops for our 60 NCS young people**, providing opportunities not available in school. From this engagement our young people can make links and have access to further opportunities.

6. For our integrated programme we work with special schools and Salford College to recruit. The SEN schools provide staff to support those with additional needs because they are already familiar with the needs and can provide specialist care. The staff value it as a **unique experience** and ensure the SEN students are fully involved in a unique way.

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Appendix 5

IMPACT REPORT

Salford Mixed Martial Arts

2016-2017



Salford Mixed Martial Arts runs classes for children of all ages from Little Ninjas learning hand/eye coordination and being active to adults training in MMA and fighting in international competitions. Get involved in fitness, training and a healthy lifestyle through martial arts.



1. Children and young people improve their health and behaviour by attending classes and training at Salford MMA. We give them a focus which keeps them occupied and they build discipline and skills.

2. We actively encourage volunteers at the club, long term members and new members pitch in to help with maintenance, experienced martial artists help with coaching and when we expand the premises the tradesmen's skills of our members will be utilised to undertake some of the works.

3. For competitions that take place around the country we usually enter 4 or 5 children and young people. Competitions include kick boxing, wrestling or mixed martial arts. Our young members have won medals at tournaments, but above all we ensure those who enter have fun and a positive experience. Leading up to competing we focus on a goal which is a great discipline they can use in other areas.

"Salford MMA is top class friendly environment with the best teachers who push you and make you feel very welcome. Such a good friendly family orientated crew, I absolutely love it."

4. Here at Salford MMA we have built a community around the sport which supports our

extended family of martial artists by gaining skills and boosting each other's confidence in the gym. We pull together to take care of situations when life can be a struggle.

"My daughter goes to Little Ninjas, great fitness and discipline for youngsters. I've also recently started beginners Striking classes, love each class. The lads work me hard. Wish I had more time to attend more classes. Don't just think about joining, just do it!!"

5. Self-confidence always grows when children and young people engage with Salford MMA. Their self-awareness grows so they are more able to be independent and confidently walk through life.

6. 50 adult members and 30 children attend the gym. We have a sprung matted area that is unique for the region - this reduces the impact and chance of injury. We have padded walls, a strength and conditioning area and a 22ft caged training area.

7. We are excited to begin expanding the gym this year - we will have another room with the addition of functional training equipment. We'll also have weight training and cardio vascular equipment, battle ropes and tyres and will be running more classes. We will continue to develop the coaches in the club, which in turn we will raise the standards for our members and keep our aspirations moving forward.

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Impact report produced with support of:



Appendix 5

IMPACT REPORT

Salford Musical Youth

2016-2017



Salford Musical Youth is a volunteer-led organisation founded in 2014. We run weekly music workshops in a non-pressured environment, which is built around the young people's choices.

DON'T SUFFER IN SILENCE. JUST COME ALONG AND BE AS LOUD AND CREATIVE AS YOU CAN.



1. Salford Musical Youth allows young people a safe space to rehearse their music, books gigs, provides transport to get to and from gigs and also has some capacity to supply equipment.

2. We have been invited to play at Festwich for two years in a row. Festwich is a one day music tribute festival in Prestwich. In 2016 the bands and solo artists from Salford Musical Youth played 6 sets to a total standing audience of approximately 420 (although some of them were dancing!).

“Has a fun and inspirational mood, everyone is welcomed appropriately and everyone gets to do something! Great place at an extremely low price. So worth a visit!”

3. Those who have attended since the founding of the organisation are showing signs of independence including getting their own gigs and writing their own music. We intend to support them to record an EP and promote it with live performances.

4. The group professionally recorded a song and have shared the recording through networks. The song also reached No 7 on a

music website and now have an audition for an exciting opportunity.

5. Volunteer tutors attend about a quarter of the sessions, they help to bring out the young people's ideas and teach them musical skills.

“Band stand at Festwich was once again, grand...look forward to seeing you guys again in the following year! Keep up the good work!”

6. Salford Musical Youth have facilitated the opportunities for young people. Two groups have formed called Insignia and Operation Detonation and also two young women are performing as solo artists.

7. We aim to improve our grant application skills so we can be more effective in raising funds to provide more resources. We sometimes struggle to pay for guitar strings and new cymbals due to our current capacity.

8. All the young people who attend Salford Musical Youth have their confidence boosted by attending the group. For example, one member auditioned for X Factor, one band got a manager and one group entered a Battle of the Bands and won a 3 hour recording session.

salfordmusicalyouth@gmail.com
ALBERT PARK off Great Clowes Street
City of Salford
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Appendix 5

IMPACT REPORT

Salford Wheels For All

2016-2017



wheels for all

Salford Wheels for All is part of Cycling Projects, the national inclusive cycling charity promoting cycling for all.

Salford Wheels for All is aimed at people with disabilities and differing needs of all ages and provides a wide range of different cycles. Some cycles are new, some refurbished and recycled. People come with carers, family members and friends to cycle together.



1. We run all day sessions during term time at Cleavley Athletics Track on Wednesdays and Fridays. Please check the Facebook page for holiday changes because we may limit some sessions to a disability focus. We also run an Autism Sports Club and a Saturday morning Family Cycle Session.

2. In our sessions a range of bikes are available for children and young people, as well as adults of all abilities to ride. Some attendees will choose a cycle and just ride around, whilst others will work with the volunteers to set up a specialised cycle. There is always help to choose an appropriate cycle and children and young people can try out many types including companionship cycles, tricycles, quads and hand cycles or wheelchair transporters.

“Did some training for the super hero triathlon with the awesome Wheels for All. Love these guys.”

3. Our attendees experience riding outdoors in a safe, fun environment. Many attendees learn to ride with us, which is a massive achievement and a huge boost to self-esteem. Riding is a skill that can open a whole new social world and be enjoyed with peers and friends within the community. The exercise will improve fitness levels for all involved.

4. We have approximately 5 volunteers at each session who help on the track, liaise with participants or keeping the cycles in working order. We offer training for all our volunteers, some of whom have health needs themselves and their time given here comes to play a big part in their lives. Our volunteers find their health improves and often go on to find employment, sometimes a sessional workers for cycling projects.

“Thanks for all the weekends and events we have enjoyed this year, even in rain sun and fog!”

5. To celebrate the 25th anniversary of our charity we had a Fun Day at the track. As well as cycling we had stalls from local community groups, a bouncy castle, refreshments, raffles and a tombola. 250 people attended the event and medal winners were presented with their prizes by a special guest, Lamin Manneh, winner of two Bronze medals from the Invictus Games.

6. Our diverse community is a unique experience for mainstream children and for those children with disabilities who attend special school. This is an opportunity to socialise and cycle together, which is a great bonding experience and helps to promote a good understanding of differing needs.

Facebook.com/salfordwheelsforall
wheelforall@gmail.com
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Young Carers Centre

2016-2017



Salford Young Carers is a charity that has been supporting young carers aged 24 and under since 2000. We are one of several services managed by the Gaddum Centre, a health and social care organisation based in Manchester. We aim to raise awareness and increase identification of young carers, reduce inappropriate caring and support young carers.



1. We support approx. 300 young carers aged 24 and under each year by trying to **minimise the impact of the caring role and working with young people to build up their resilience.**

2. With our help young carers and their families are better supported, **the impact of the caring role on the young person is reduced** and barriers are removed that may prevent the young carer from achieving along with their peers.

3. We raise awareness of young carers issues with **professionals in both the statutory and voluntary sectors** to enable them to identify and appropriately support young people with caring responsibilities.

“At Salford Young Carers we collect positive thoughts: joy, hope love, understanding, fun, peace, courage and heal.”

“We let go of our worries, tell somebody about our worries and have fun and be silly.”

4. We provide support through group and individual work. This can take the form of weekly sessions in the community or in school. We have residential trips as well as occasional one off projects delivered in

partnership with organisations including The Lowry and Ordsall Hall.

5. With our help there is now a broader understanding of the issues faced by young carers and a realistic understanding within school of their challenges. This **enables them to access appropriate support** and the barrier of stigma is also removed.

6. Self-esteem is raised to a level in which young carers are able to access the **National Citizens Scheme**. In addition 15 are on the **Young Carer’s Board** and have met regularly with **MPs** and other stakeholders, 1 has been in a **BBC** documentary, 2 appeared on **BBC Breakfast** and several were interviewed for national newspapers.

7. Many of our young carers achieve educationally and are able to move on from their caring situations. For example 2 are currently abroad on **university exchange programs**, 1 is about to start an **MA at Salford University** having achieved a first class Music degree.

8. We tailor our work so we are delivering **specialist carer support**. Many schools in the city are on board and understand the value of identifying and supporting young carers, **we would like to replicate this relationship with the NHS health services.**

St Philip's PI, Salford M3 6FA
0161 833 0217
<http://www.salfordyoungcarers.org/>

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Swinton Judo Club

2016-2017



Swinton Judo Club was founded in 1957 and has had many homes but has been in the current premises since 2004.

We teach judo to people aged 5 upwards. We teach for recreation as well as competition, from beginner to black belt, from local to an international level.



1. We run 6 classes a week for all ages and have extra **YOU CAN** classes for disabled teenagers as well as extra adult classes on some Saturdays (get in touch to find out).

2. In a year we have approximately 60 children and young people attend and they join the most suitable class. For example a 14 year old may attend a junior or an adult class dependent on skill level. People progress through the belts at their own pace - there is plenty of support within the club to help people through.

“The coaches and volunteers are brilliant and they all help improve the building. They have repanelled and painted the walls this summer. They are people from all walks of life and abilities. If we have a pupil who is struggling one of the coaches will support that pupil to gain the skills and to upgrade.”

3. We bring people together for at least 4 big events each year. These events celebrate our community feeling - people muck in and prepare food, do the BBQ, clear up after and get involved with fundraising.

4. There are 4 opportunities a year to get higher on the grade system. We have the grading sessions here at the club and the Juniors have 18 grades.

“Myself and my children found the club to have a warm and welcoming feel. It’s very well organised so you get more time to concentrate on the sport. There is a good variety of players to help with progression. That way you can fight with a wider range of abilities which builds your confidence and you become more fluent.”

5. People come here to enjoy themselves in a safe environment. They can become disciplined athletes who can participate in a tough sport where they can defeat somebody without inflicting pain. The discipline of the sport can help them in all areas of their life.

6. We are working towards creating a bigger training area which will allow for better quality lessons and more adults and young people will be able to play at the same time.

7. We are family friendly and have a great community atmosphere.

Swinton Judo and Martial Arts Centre,
187-189 Moorside Road, Swinton,
Salford M27 9LL

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Visit From The Stork CIC

2016-2017



Visit From The Stork is a Community Interest Company founded in 2014. Our vision is to be the place where young parents can turn to first for information and advice and to be the publication they trust the most.

We inspire and empower young parents to achieve for themselves and their children by providing accessible education and training opportunities.



1. Recent funded projects; BE OPEN ON BREASTFEEDING SALFORD (BOOBS) engaged a group of 50 mums in a photo and calendar project about breastfeeding in public.

"I've been very lucky to have a support network of other great social enterprises around me and I hope to develop some really meaningful partnerships in the next twelve months." Kimberly Bond, Managing Director.

2. Through THE STORK ACADEMY, we ran three 6-week journalism and media skills courses which enabled our trainees to move on to work/education and produce content for the Visit from the Stork website.

3. CRAFTY CREATIONS was run in partnership with Grumpy and Ordsall Community Cafe. We held 6 workshops for parents to learn craft for their own business.

"I really enjoyed all of the sessions on the Essential Skills for Journalism course, and the skills I have learnt has now given me the confidence to apply for an NCTJ accredited course in Manchester."

4. Our website www.vistfromthestork.co.uk is nationally successful. Salford ranks the 4th top city for readers (with Manchester being the third) so we have made a great impact locally.

"My son, Max is exclusively breastfed. In the early days following his birth, I felt a great deal of self-consciousness when it was necessary to feed him in public. I now feel at ease whenever and wherever Max needs to feed. The more Mums feed in public, the more "normal" it will become."

5. The CRAFTY CREATIONS sessions have match funded next year's sessions through sales of their wares. We are proud to have created a sustainable model for this project.

6. BE OPEN ON BREASTFEEDING raised £600 for the organisation through sales of the calendar which was sold in various venues across Salford. We took photos of mums' breastfeeding in various places around Salford including the Bridgewater Canal near Worsley Courthouse and on the steps of the iconic Salford Lads Club.

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www.visitfromthestork.co.uk

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IMPACT REPORT

Warm Hut UK

2016-2017



WARM HUT UK

We aim to improve the educational attainment of children and young people.

Supporting young people through information, advice and homework club to make informed choices.



1. Warm Hut Homework Club started in 2013 and the main aim is to improve maths and English skills for children and young people from African migrant communities in Salford. We also give them the opportunity to make more friends because most of these families are isolated so we aim to improve their network of support.

2. We run weekly homework clubs for groups of up to 10 children and young people. We support approximately 30 children and young people each week. We have 2 sessions every Saturday for primary age children and have 1-2-1 sessions for high school students during the week.

“Well I’m very much better in my English and even my spelling. Sometimes I couldn’t even spell ‘because’, I needed a rhyme. I’ve also learned way more in my maths.”

3. Initially 5 pupils came to the first Homework Club in February 2014. One student from this group had weak maths skills and in great need of development. Her literacy level was below that of a 5 year old. Over the weeks and months that followed, the

Homework Club teachers worked hard with her to improve her maths and literacy skills. With consistent coaching and adult support, she became more confident with the reading and reasoning and this showed in her overall attitude to her learning experience by the summer of that same year.

“I’m so proud because since he came to Homework Club he has improved so much. His English, his maths. My other son will join in September and other friends too.”

4. Most of our children come with Cs in their books. Over time this changes to As and Bs. We are really proud of the progress the children make.

5. The children love Homework Club and it helps them enjoy school more too. They are much happier to go to school as they know they can get support here for their homework or if anything comes up for them, in turn this improves their confidence.

6. We really want to support those who are leaving Y6 and going to Y7. This transition can be a struggle for children. We also want to support the Y6s to sit grammar schools exams so they have more options.

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Yemeni Community Association
2016 - 2017



The YCA is a registered charity in Salford that supports the development of the local Yemeni, Arab-origin and BME community. We provide an ongoing support service and act as the crucial link between these communities and statutory bodies. The YCA provides ongoing advice, welfare and translation in addition to partnership work with various statutory bodies and voluntary groups in GM.



1. The YCA has approximately 250 beneficiaries per week from across the Salford area.

“I’ve never been to a play before so I wasn’t expecting much. The play really got me thinking about my life and the kind of people I hang around with.”
Local Young Person, following performance of anti-gangs play, ‘Terriers’

2. Thanks to funding from GMP, the YCA took part in Hate Crime Awareness Week by hosting two stalls at Eccles mosque and producing translated leaflets, successfully raising awareness about the importance of reporting hate crime and working with the Police.

3. 30 children take part in weekly karate classes at the YCA taught by a qualified instructor from Red Sun Karate. The children are developing new skills every week, including self-discipline, listening skills, team work skills and concentration skills.

4. Community awareness about gangs was the topic in February when the YCA invited the play Terriers (Liverpool’s Royal Court Theatre) to perform a piece of theatre aimed at young people, service providers and the voluntary

sector. Attended by the Mayor, the event was successful.

5. A new partnership with Barton Athletic club resulted in a women-only gym session at the club’s new facility. Women now have a place to exercise using state of the art equipment.

6. The YCA worked with the Lowry Theatre to produce a Middle Eastern arts exhibition in the mobile Roundabout theatre at Eccles festival. Art, literature, history and poetry from the Arab world was shared with the local community in a bid to promote understanding and celebrate diversity.

“We were delighted that YCA joined us to support the Roundabout project. It was an innovative concept but was entirely embraced by the YCA. The exhibition itself was excellent; thoughtful, diverse and well produced. It suited the occasion perfectly and was extremely accessible to visitors.”
Matthew Eames- Theatres Programmer and Producer, The Lowry

7. The boys youth club is attended by up to 30 boys thanks to funding from Awards for All. There are upcoming trips for canoeing and rock climbing.