





Salford CVS
making a difference in Salford

Mental Health and Poverty



Making a difference in Salford since 1973

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Delana Lawson

Healthwatch Salford



Mental Health & Poverty

Delana Lawson Chief Officer - Healthwatch Salford

Local HealthWatch

- Give citizens & communities a **stronger voice** to influence & challenge how services are provided in their locality
- **Credibility & public trust** - respond & act on concerns & issues
- **Influence** how services are set up & commissioned - through Health & Wellbeing Board, contribute to JSNA, work in partnership with commissioners, public health, adult social care





Provide people with information, advice and support about local health and social care services



Listen to the views and experiences of local people about the way health and social care services are commissioned and delivered



Use your views and experiences to improve the way services are designed and delivered



Influence how services are set up and commissioned by having a seat on the local Health and Wellbeing Board



Pass information and recommendations to Healthwatch England and the Care Quality Commission

Summary of suicide in Salford 2015

Findings from a consideration of Salford annual suicide audit data for 2015 highlights:

- Salford currently has a higher than average incidence of fatalities from suicide and undetermined injury in comparison to England, the North West and Manchester
- The home address of people who have died correlates to a large degree with areas of Salford with higher levels of deprivation
- Cuts to public services
- Benefit changes
- Inequalities within the mental health sphere - marginalisation and discrimination - BME, homeless people, prisoners, lesbian, gay, bisexual and transgendered people, children in care and care home residents have high levels of mental ill health



Salford

- National Survivor User Network (NSUN) has worked with partners to develop service user and carer led standards for involvement. '4PI' which refers to the following aspects of involvement:
 - Principles
 - Purpose
 - Presence
 - Process
 - Impact
 - Quality Account Priorities, Feedback & Signposting, Quality Visits & Enter & Views and Surveys
 - Not Enough!
1. What's going on in Salford around Mental Health and Poverty?
 2. What the current challenges are?
 3. Anything we can do collaboratively going forward to make additional difference?

Let's get talking!

Today we would like to start a conversation between you and your local Healthwatch!

We want to hear from you about your experiences of across Greater Manchester so we can work together to improve health and social care.



Phone: 0330 355 0300



Email: feedback@healthwatchsalford.co.uk



Post: Healthwatch Salford
The Old Town Hall,
5 Irwell Place,
Eccles, M30 0FN



Website: www.healthwatchsalford.co.uk



Facebook: Healthwatch Salford



Twitter: @HWSalford





Thank you!

@HWSalford

#speakup



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Simone Spray

42nd Street



Twitter @42ndStreetmcr
@TheHorsfall
www.42ndstreet.org.uk

A bit about 42nd Street



Our Shared Mission

To support young people with their emotional well-being and mental health, promoting choice and creativity

We champion young person centred approaches that demonstrate local impact and have national significance



Our Social Objectives

1. To improve well-being and recovery
2. To increase opportunities for young people to shape their own care and influence change
3. To improve and increase inclusion and accessibility to appropriate services and support
4. To increase awareness and reduce stigma



The opportunities for young people at 42nd Street

- One to one counselling, therapy (IAPT), psycho-social support and advocacy
- Therapeutic, issue based and identity based groups and projects
- Residentials / Kieran's Getaways
- Creative projects and approaches to wellbeing and mental health – The Horsfall
- Bespoke services in schools, colleges. Pupil Referral Units (PRUs) and other community settings
- Social Action Programme



Social Action

- Peer Ambassadors
- The Horsfall Creative Agents
- Total Respect
- Peer Research
- Make Our Rights Reality



The possibilities with the backdrop of Devolution



Giving us the power to take charge of health, wealth and wellbeing in our communities. Together, we can make a difference.

GM Mental Health and Wellbeing Strategy

Improving child and adult mental health, narrowing their gap in life expectancy, and ensuring parity of esteem with physical health is fundamental to unlocking the power and potential of GM communities. Shifting the focus of care to prevention, early intervention and resilience and delivering a sustainable mental health system in GM requires simplified and strengthened leadership and accountability across the whole system. Enabling resilient communities, engaging inclusive employers and working in partnership with the third sector will transform the mental health and well being of GM residents.

Our chance to...

- Work as a North West Partnership
- Work as a national partnership
- Work with experts in the field
- Pioneer a new approach in a pioneering region
- Build on our strengths
- Empower young people to have a voice, challenge the status quo and change policy, practice and protocol



The challenges and opportunities

- Continuing to find investment for a diverse programme true to our identity and based on young people's expressed need and choice
- Demand shifts vs increased waiting lists
- Continuous professional development of 42nd Street staff
- Developments in data collection and contributing to local predictive and system data
- Promoting and proving the relationship between arts and creativity and recovery and wellbeing

Local Transformation Plans

- ❖ Responding more quickly and de-escalation
- ❖ Building capacity for front line staff
- ❖ Reducing waiting times
- ❖ Implementing i-Thrive across teams and communities

Devolution

- ❖ Transition
- ❖ Supporting schools and colleges
- ❖ Asset based delivery
- ❖ Opportunities for growth/scale /replication

Always finding

- ❖ Opportunities for young people's expertise and insight to influence best practice and policy locally , across GM, regionally and nationally...internationally?

**"I REMIND MYSELF EVERY
MORNING: NOTHING I SAY
THIS DAY WILL TEACH ME
ANYTHING. SO IF I'M
GOING TO LEARN, I MUST
DO IT BY LISTENING."**

~LARRY KING



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Thank you

Any questions?

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www.42ndstreet.org.uk



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Bernadette Conlon

Start in Salford