

Support Groups *for* Carers in Salford



Support Groups for Carers in Salford

Salford Carers Centre provides advice, support and information for carers as well as emotional support and signposting and referrals to other agencies.

Carers Support Workers

You can contact our team of Carers Support Workers who provide confidential telephone advice and/or one-to-one support to help you deal with the issues of caring for someone.

We offer advice and information on:

- Benefits.
- Support groups.
- Carers assessments and carers personal budgets
- Help in getting back to work, training or education
- Carers Advocacy
- Emotional support
- Practical support

The centre has a specialist Carers Support Worker, working with families who have been identified as having alcohol and/or drug misuse problem.

The service offers free, confidential support, advice and advocacy. Salford Carers Centre also provides specific services for Young Carers and Young Adult Carers (age 16 – 24).



If you require further information, support and advice and if you would like to receive our Carers Information Pack or speak to a Support Worker please contact us **0161 833 0217** or email carerscentre@salford.gov.uk



If you know of any adult carers, young carers or young adult carers who would benefit from being referred to Salford Carers Centre please contact us **0161 833 0217** or email: carerscentre@salford.gov.uk



Founded in 1833, the Gaddum Centre is a leading provider of services to disadvantaged people in Greater Manchester. They work with children, adults and families, and offer a range of services, listening, advising and supporting them

Salford Carers centre is managed by the Gaddum Centre, *a charitable company limited by guarantee number 1348975. Registered charity number 507162* www.gaddumcentre.co.uk

Support Groups for Carers in Salford

This booklet contains information about:

- local carers groups in Salford linked to specific conditions
- local carers groups in Salford run by carers themselves
- websites of organisations which include information relating to carers, or of interest to carers and who may also offer forums, chat rooms, blogs etc.

Am I a carer?

A carer is someone who provides help and support to a partner, child, relative, friend or neighbour who could not manage without their help.

This could be due to age, physical or mental illness, addiction or disability.

A young carer is a child or young person under the age of eighteen carrying out significant caring tasks and assuming a level of responsibility for another person which would normally be taken by an adult.

Anyone can become a carer; carers come from all walks of life, all cultures and can be of any age.

Carers Trust

The Carers Trust is a network of independently managed carers centres, young carers services and interactive sites with carer on line communities. www.carers.org and www.youngcarers.net The Trust has a help directory for access and signposting to information for carers www.carers.org/getting-help



Carers UK

Carers UK charity helps people who care for family and friends and campaigns for change. Advice line 0808 808 7777
www.carersuk.org



Salford City Council

If you provide unpaid support for someone because they are ill, frail, disabled or have a mental health condition or a substance misuse problem, you are a carer. It does not matter how old you are or what your relationship is with the person you look after. The City Council carries out carers assessments.

www.salford.gov.uk/carers.htm

Salford City Council Welfare Rights service

www.salford.gov.uk/welfarerights.htm

Salford City Council

Gov.uk

The new place to find government services and information. Search for 'carer' for information about benefits, carers assessments and carers rights. www.gov.uk

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Alcohol and substance misuse

Local Support Groups

Al Anon

For family and friends whose lives have been affected by an alcoholic's behaviour. Contact 0161 793 4876.

Meetings at: St Mary's Roman Catholic Church, Park Street, Swinton M27 4UR, 8pm - 9.30pm every Monday including Bank Holidays.

St John (Ellesmere) Community Centre, Algernon Road, Walkden, M28 3RH.

Monday 7.30pm - 9pm

Al Anon Confidential Helpline 020 7403 0888

'We Understand' carers group

This group is run by individuals who have experienced first hand what caring for an addict involves and they understand the stigma and isolation around caring for someone affected by substance misuse.

Meetings are on 1st Monday of the month 6pm to 8.30pm

and 3rd Thursday of the month 10am to 2.30pm

Langworthy Cornerstone, 451 Liverpool Street, Salford M5 5QQ

Contact : 07920 325 092

email weunderstand2015@hotmail.com

Websites

Adfam

www.adfam.org.uk

Families of drug and alcohol users need support too. The website has information, local support groups, helpline for families and stories of how families have coped and has details of other national helplines.

Release

www.release.org.uk

Drugs helpline and also provides free legal advice on drug issues.

Contact 0207 324 2989 or ask@release.org.uk

Alateen

www.al-anonuk.org.uk/alateen

Alateen is for teenage relatives and friends of alcoholics. Alateen is part of Al-Anon. For details of local Alateen meetings contact 0207 7593 2070.

Autistic Spectrum Disorders, Aspergers syndrome and ADHD

Local Support Groups

ASGMA (Autistic Society Greater Manchester Area)

Support groups for parents and carers of people with Asperger's syndrome and higher functioning autism www.asgma.org.uk
 ASGMA Centre, 1114 Chester Road, Stretford, Manchester M32 0HL
 Contact 0161 866 848 email: information@asgma.org.uk

Autism and Friends

Provides support and advice to people with autism and their carers.
 Contact Sandra Moore on 07544 649696.

Early Support Parents Group

For parents, families who have a child under 5 with autism. There are various dates and venues across Salford. Contact : 0161 909 6508

Salford Action for Autism (SAFA)

For parents and families of those with autism.
 SAFA holds coffee mornings once a month at Winton Library.
 Please check website for details www.salford-action-for-autism.com
 Contact Kay 07858 495 266 or Louise 07963 024 759.

Salford Autism Groups:

Provides support and advice to people with autism and their carers

AGNIS

Peer support group for carers of people with autism.
 Meets monthly at St George's Resource Centre.
 Contact: 0161 737 6923 email: Sharon.marsden@salford.gov.uk.

ASSP facilitated by Salford Health improvement service

User and carers led group for people with autism and their carers.
 Every Friday 1pm – 3pm Peel Park Pavilion, Ram St, Little Hulton.
 Contact: 0800 952 10 00 email Health.improvement@salford.gov.uk

Salford Autism Friendly Environments (SAFE)

Provides support and advice to people with autism and their carers.
www.salfordautismfriendlyenvironments.org
 email chair.safe.2014@gmail.com

Websites for those affected by Autistic Spectrum Disorders, Aspergers Syndrome and ADHD

National Autistic Society

www.autism.org.uk

Salford Autism

www.salfordautism.org.uk

Offers support and social inclusion for everyone who lives or works in Salford and has Autistic Spectrum Disorder ASD, or is affected by it, including carers and family.

Contact: 0845 652 0256.

Cancer

Local Support Groups

St Ann's Hospice, Little Hulton

Provide support for carers whose loved ones are diagnosed with a life limiting condition, a six week programme support carers and access to a supportive one-to-one outpatient service.

St Ann's Hospice, Peel Lane, Little Hulton, Manchester M28 0FE.

Contact 0161 702 8181 email enquiries@sah.org.uk

Websites

CALLplus

A local charity providing emotional support and home-based practical help to people with cancer and other life-limiting illnesses, along with those closest to them, such as family, friends and carers.

Langworthy Cornerstone, 451 Liverpool Street, Salford, M6 5QQ

Contact :0845 123 23 29 or email salford@callplus.org.uk

Cancer Research UK

Cancer research is a national based charity that is purely funded by the public to research for cures for cancer. Contact : 020 7242 0200.

Hospice: St Ann's Hospice, Little Hulton

www.sah.org.uk

St Ann's Hospice, Peel Lane, Little Hulton, Manchester M28 0FE.

Contact 0161 702 8181 email enquiries@sah.org.uk

Macmillan

www.macmillan.org.uk

Macmillan Cancer Support improves the lives of people affected by cancer. They provide practical, medical and financial support.

Contact: 0808 808 0000

Dementia

Local Support Groups

Age UK Salford Dementia Support Services

Age UK Salford Dementia Support Groups are available with various meeting places and times. For further information about any of these groups contact Age UK Salford Dementia Support Services (DSS) 0161 788 7700 or email dssadmin@ageuksalford.org.uk

Age UK Salford Carers Training Group

Age UK Salford Dementia Support group provides a 6 week course Carers of people with dementia can attend where they can learn more and discuss ways of taking care of their relative and themselves.

Alzheimer's Society, local support in Salford

Services include Dementia Support Worker and Singing for the Brain group at based at Woodlands. Telephone 0161 962 4769. email: salford@alzheimers.org.uk Meets monthly on Thursday afternoons 1 -3pm Contact: 0161962 4769. www.alzheimers.org.uk

Dementia Cafe

For people who are caring for someone with dementia or memory loss. An opportunity to meet new friends and Support Workers who can share experiences and knowledge. Drop in group for people with dementia and their carers. Join in a range of activities then enjoy refreshments together. Swinton Moorside Cricket Club, 1 Deansway, Swinton M27 0WH. Held on Tuesday afternoons (fortnightly) from 1 - 3pm

Eccles Neighbourhood Support & Activity Group

For people with a diagnosis of dementia or memory loss. Rainbow Community Centre, Liverpool Road, Eccles M30 0QN. Tuesdays 10-12pm.

Mount Chapel Champions

Social group for carers of those with younger onset dementia. People can enjoy a wide range of activities and refreshments. Mount Chapel, 32 Eccles Old Road (corner of Langworthy Road) Monday afternoons 1 -3pm.

Salford Dementia Carers and Ex-carers Group

Supports carers and has speakers. Humphrey Booth Resource Centre, every 4th Wednesday. Contact 0164 607 7100 or Pat Foy on 0161 788 9806

Dementia

Local Support Groups (page 2)

Chandos Buddy Cafe

A social club for people with mild-moderate dementia or memory loss where there are a range of activities and lunch is provided.

Chandos Sports & Social Club, Chandos Grove, Salford, M5 5LJ

Every Wednesday 10am - 3pm **(Costs apply)**

Roe Green Buddy Cafe

A social club for people with mild/moderate dementia or memory loss where there are a range of activities and lunch is provided.

Roe Green Cricket Club, Greenleach Lane, Worsley M28 2RG

Every Friday 10am - 3pm. **(Costs apply)**

Moorside Buddy Café

Incorporating a mens, ladies and carers group.

The carers group is an informal peer-support group.

Swinton Moorside Cricket Club, 1 Deansway, Swinton M27 0WH

Carers group Thursdays 10am - 12noon, followed by lunch 12 - 1pm groups for carers. **(Costs apply)**

Humphrey Booth Dementia Resource Centre

Offers support and advice to carers and families of people with dementia. Includes: café facilities, Care on Call, Telecare, Dementia group and Poppy Day centre carer support group.

Contact the Resource Centre Manager 0161 607 7100

Humphrey Booth Resource Centre, 16/18 Worsley Road, Swinton M27 5WW

Open Doors Network

Support for people with dementia and their carers. Based at Woodlands Hospital, Peel Lane, Little Hulton, Manchester M28 0SE

Contact the 'Reach Beyond' Service 0161 703 1051.

Email: opendoors@gmw.nhs.uk

Singing with Dementia in Salford

A drop in singing group for carers and cared-for with dementia.

Humphrey Booth Resource Centre, 16-18 Worsley Road, Swinton M27 5WW.

Meets 10.30am - 12 noon every Wednesday

Contact June Smith 0161 788 9053 or Diane Greaves 0161 736 7787

www.singingwithdementia.co.uk

Dementia

Websites

Age UK

www.ageuk.org.uk

Age UK provide information and advice for older people about benefits, age discrimination and care.

Information line: 0800 169 6565 available from 8am to 7pm.

Age UK Salford

www.ageuk.org.uk/salford

Age UK Salford Dementia Support Services Helpline.

Contact: 0161 788 7300

Alzheimer's Society

www.alzheimers.org.uk

Dementia is a term describing different brain disorders that have a common loss in brain function. There are many types of dementia the most common include Alzheimer's disease and vascular dementia.

National helpline: 0300 222 11 22

Dementia UK

www.dementiauk.org

Dementia UK aims to improve the quality of life for people affected by dementia by promoting and developing Admiral Nursing services.

Contact: 0845 257 9406.

Independent Age

www.independentage.org

Independent Age offers support, advice and information for older people.

National helpline 0800 319 6789.

Email: charity@independentage.org

Salford City Council

The Dementia Champions Group (a group of people affected by dementia) have produced a guide to dementia - what happens at each step of the way

www.salford.gov.uk/dementia.htm

Heart conditions

Local Support Groups

Healthy Heart Clubs, Salford Heart Care

Groups for people, including their carers, who want to improve their health and wellbeing and look after their heart.

Contact: 0161 707 7402

www.salfordheartcare.co.uk

Follow them on Twitter: @Salford_HeartC

Eccles Healthy Heart Club

Patricroft United Reform Church, Franklin Street, Eccles M30 0QZ

Held at 10am - 12.00 noon every other Tuesday

Irlam & Cadishead Healthy Heart Club

Irlam Steel Club, Liverpool Road, Irlam M44 6AJ

Held at 10am - 12 noon every Wednesday & Friday.

Langworthy Healthy Heart Club

The Emmanuel Community Centre, 174 Langworthy Road, M6 5PN

Held at 10am - 12 noon every other Thursday

Little Hulton Healthy Heart Club

St Pauls Peel Community Hall, Manchester Road, Little Hulton

M38 9EG. Held at 11am - 1pm every other Wednesday

Weaste & Claremont Healthy Heart Club

De la Salle Sports Centre, Wilton Road, Salford M6 8AQ

Held at 10am - 11am every Tuesday

Walkden Healthy Heart Club

St Paul's Youth and Community Hall, Manchester Road Walkden,

Manchester M28 3LN. Held at 10am - 12 noon every other Monday.

Websites

British Heart Foundation

www.bhf.org.uk

The British Heart Foundation has information about different heart conditions such as angina, heart failure and abnormal heart rhythms.

Helpline: 0300 330 3311

Learning Disabilities and Complex Needs

Local Support Groups

Early Support Parents Group

For parents, families who have a child under 5 with additional needs and Downs syndrome. There are various dates and venues across Salford.
Contact: 0161 909 6508, Option 2 for further details.

Learning Difficulties Parent Carers Group

For carers and former carers of people with a learning difficulty.
2nd Monday each month (except August, September and December)
Contact Eileen Cunnah 0161 799 6787 or Irene Wood 0161 790 8193

Mencap and Gateway Club (Swinton and Worsley)

www.swintonandworsleymencap.com

Offers help, advice and support to people with a learning disability, their parents and carers living in the local community.
Swinton and Worsley Mencap and Gateway Club, 87 Chorley Road, Swinton M27 4AA. Contact Ken Cooke 0161 728 3246.
email: mencapsalford@btconnect.com

North West Family Forum

For family carers of people with learning difficulties to share their views, identify best practice, shape services and campaign.
Meets Four times a year. For more information contact Pathways Associates
<http://blog.pathwaysassociates.co.uk/>

Sensory Stay and Play

The group offers help and support for families with children who have sensory needs including autism, parents can meet while Sure Start staff look after the children in the playroom at Belvedere Children's Centre, White Beam Close, (off Belvedere Road), Salford M6 5EJ. Thursdays 9.30am to 11.30am
Contact Rachel Horn 07833 146 633

Supporting and Listening to Carers Group

A group of relatives and carers that meet regularly to discuss issues that affect the lives and welfare of people we care for.
Waterside Resource Unit, Billy Lane, Clifton, Salford M27 8FS
Meetings held every 6 weeks 10.30am to 12.30pm
Contact Fred Prest, Chairman on 0161 794 7178.

Websites for Learning Difficulties and Complex Needs

British Institute of Learning Disabilities

www.bild.org.uk

BILD: the British Institute of Learning Disabilities works to improve the lives of people with learning disabilities and family carers.

Telephone 0121 415 6960

Foundation for people with learning disabilities

www.learningdisabilities.org.uk

Mencap

www.mencap.org.uk

Mencap is the voice of learning disability – valuing and supporting people with a learning disability and their families and carers.

National helpline: 0808 808 1111.

Pathways Associates

Organisation dedicated to best practice and shared voices for people with learning disabilities and carers throughout the North West.

<http://blog.pathwaysassociates.co.uk/>

Salford Disability Forum

www.salforddisabilityforum.co.uk

Supporting disabled people in Salford.

Advice line: 0161 737 1092

Mobile (text and voice calls): 07917 390 972

Salford Being Heard

Local, user led, advocacy organisation.

<https://www.facebook.com/public/Salford-Being-Heard-Advocacy>

Mental Health

Local Support Groups

Making Space and Meadowbrook Support Groups

Support groups for those caring for someone with mental health issues.

Contact Making Space for details of local groups 0161 772 4370

www.makingspace.co.uk

Websites

Making Space

www.makingspace.co.uk

Making Space works with people affected by mental health conditions and their carers to help them shape their lives based on their own personal aspirations and circumstances. Helpline 01925 571 680.

Mental Health Care

www.mentalhealthcare.org.uk

This website contains information for family members and friends of people who have psychosis.

Mind

www.mind.org.uk

Mind helps people take control of their mental health by providing information, advice, and campaigning to promote good mental health.

Mind information line 020 8519 2122

Mind in Salford

www.mindinsalford.org.uk

Mind in Salford provide community based mental health advocacy and run a Community Wellbeing Garden centre providing socialising, training and volunteering opportunities for people experiencing mental or emotional distress. Contact 0161 839 3030

Neurological Conditions

Local Support Groups

Parkinson's UK

Salford Support group provides general information about support groups that are affected by Parkinson's.

Brotherton House, Hankinson Way, Pendleton (opposite Pendleton Gateway)
Held on 2nd and 4th Wednesday of every month, 1pm – 3pm. Contact 0844 225 3654 (Jill Carberry).

For local carers information and support contact 0844 225 3747 (Jan Whitehouse). Parkinson's UK national freephone helpline 0808 800 0303 or visit www.parkinsons.org.uk

Websites

Brain and Spinal Injury Centre (BASIC)

www.basiccharity.org.uk

A specialist resource for people and families in crisis following a traumatic brain injury or neurological diagnosis including brain tumours. National helpline 0870 750 0000 or 0161 707 6441.

Epilepsy Action

www.epilepsy.org.uk

Understanding epilepsy, different types of seizures, diagnosis and treatments. Epilepsy Action helpline 0808 800 5050

Epilepsy Society

www.epilepsysociety.org.uk

Information about epilepsy, treatment and care.
Helpline 01494 601 400.

Motor Neurone Disease Association (MND Association)

www.mndassociation.org

Motor Neurone Disease (MND) is a progressive neurodegenerative disease that attacks the upper and lower motor neurones.

Helpline 08457 626 262

Neurological Conditions

Websites page 2

Multiple Sclerosis (MS Society)

www.mssociety.org.uk

Multiple sclerosis (MS) is the most common disabling neurological condition affecting young adults. Helpline 0808 800 8000.

email: helpline@mssociety.org.uk

Parkinson's

www.parkinsons.org.uk

Parkinson's is a progressive neurological condition. Parkinson's UK brings carers and families together via a network of local groups.

National helpline 0808 800 0303

For local group information and support 0844 225 9817 (Jacquie Gray)

PSP Association

www.pspassociation.org.uk

Progressive Supranuclear Palsy (PSP) and Cortico Basal Degeneration (CBD) are neurological conditions.

Helpline 0300 0110 122 email helpline@pspassociation.org.uk

Physical Disabilities and Illnesses

Local Support Groups

Salford Disability Forum

This group includes members are from all communities including people with learning difficulties, sensory or physical conditions and people who are disabled due to long term conditions. The group meets on a monthly basis in venues across the city to discuss issues relating to disability.

Salford Disability Forum St George's Resource Centre, Cromwell Road, Salford M6 6SB Contact : 0161 737 1092

Mobile (for texts and voice calls): 0791 7390 972

Email: office@salforddisabilityforum.co.uk

www.salforddisabilityforum.co.uk

Websites

Diabetes UK

www.diabetes.org.uk

Diabetes UK has information for people with diabetes and campaigns and helps people live with the condition.

Diabetes UK Careline 0845 120 2960

Disability Rights UK

www.disabilityrightsuk.org

Support and information for those with disabilities. Linking Disability Alliance, RADAR and the National Centre for Independent Living.

Leonard Cheshire Disability

www.lcdisability.org

Leonard Cheshire Disability campaign for change and provide innovative services that give disabled people the opportunity to live life their way. Contact 020 3242 0200 email: info@LCDisability.org

Sensory Disabilities

Local Support Groups

Action on Hearing Loss

Local support group providing information and coffee mornings throughout Salford. For further details contact 0161 605 0853.

Websites

Action on Hearing Loss

www.actiononhearingloss.org.uk

Changing the world for people who are deaf or have a hearing loss.
Helpline 0808 808 0123. Local 0161 276 2312

Deafblind UK

www.deafblind.org.uk

Deafblind UK offers specialist services and support to deafblind people and those who have progressive sight and hearing loss.
Free advice line service 01733 358 100 (both voice and text calls)

Henshaws

www.henshaws.org.uk

We provide expert support, advice and training to anyone affected by sight loss and other disabilities. Contact: 0161 872 1234.

National Deaf Children's Society (NDCS)

www.ndcs.org.uk

Working to support deaf children and young people.
National helpline 0808 800 8880 email: helpline@ndcs.org.uk
Local group www.salforddcs.co.uk.

RNIB: The Royal National Institute of Blind People

www.rnib.org.uk

The Royal National Institute of Blind People offers information, support and advice to almost two million people with sight loss.
Helpline 0303 123 9999

Sense

www.sense.org.uk

National (UK) Voluntary organisation supporting deaf blind people or have associated disabilities and their carers.

Stroke

Local Support Groups

Stroke Association

Local support for carers in Salford contact: 0161 202 4028.

For support for those with communication and speech following a stroke.

Contact: 0161 742 7475.

Salford Stroke Club

For people who have had a stroke, their carers and friends.

7.30 - 10pm, 1st Tuesday of every month.

Contact Mrs Vivienne Barlow 0161 789 3811

Stroke Association

www.stroke.org.uk

The Stroke Association helps stroke survivors and their families with information, advice, support and communication support as well as small 'Life After Stroke' grants. National helpline 0303 3033 100.

Local groups run by carers themselves

We would advise you to contact the leader of the group to confirm dates, times and venues.

Claremont and Weaste Carers Support Group

For carers who live in the Claremont and Weaste area of the city. Held at 11am-2.30pm on second Thursday of every month.
Contact Stella Bailey 0161 736 6950.

Irlam and Cadishead Carers Support Group

For carers and former carers who live in Irlam, Cadishead & Eccles.
St Marys Church Hall, Penry Avenue, Cadishead, M44 5ZE
11am - 1pm on the 1st and 3rd Wednesday of the month
Contact Jean Dodd 0161 775 9125

Lower Kersal and Charlestown Carers Group

For carers who live in Lower Kersal and Charlestown
Pendleton Gateway, 1 Broadwalk, Salford M6 5FX
Meets 10.30am - 12.30pm every Tuesday
Contact Ann Johnson 0161 288 9654 / 07502 368 952

Salford Stroke Club

For people who have had a stroke, their carers and friends.
7.30 - 10pm, 1st Tuesday of every month.
Contact Mrs Vivienne Barlow 0161 789 3811

Time Out for Carers Group

Emmanuel Church and Community Centre, Langworthy Road, Salford M6 5PN. Drop in session every Wednesday 12noon - 3 pm.
Contact Joan 0161 737 2875 or Jean 0161 727 8406

YANA, You are not alone group

Social group for over 60. For those bereaved, lonely, finding it hard to cope or want company. All carers welcome.
Meets 10am - 1pm every Thursday. Rainbow Community Centre, 275 Liverpool Road, Patricroft, Eccles M30 0QN.
Contact Anne Pearson 0161 787 8990

Other organisations that support carers

LGBT Foundation

Formerly known as The Lesbian & Gay Foundation (The LGF), is a national charity delivering a wide range of services to lesbian, gay and bisexual and trans (LGBT) communities. Office: Number 5, Richmond Street, Manchester M2 3HE.

Helpdesk 0845 3 30 30 30 or visit www.lgf.org.uk

THE FED (The Federation of Jewish Services)

Specialists Carers Advice Worker, assistance with carers assessments and applications for Carers Personal Budgets, advice on carers benefits and rights, carers groups and special events, 'Purple Room Cafe' informal social group and other open activities based at Heathlands Village.

Contact Jacqui Byron 0161 772 4800 email jacqueline.b@thefed.org.uk
www.thefed.org.uk

Salford City Council, Health Improvement Service

Salford's Health Improvement Service can make it easier for you to make healthier choices and make changes to your lifestyle.

They run a huge range of free activities and courses across Salford which carers can access. For example: healthy cookery classes, weight loss groups, social groups, gentle exercise sessions.

www.salford.gov.uk/health-improvement-service.htm

Salford Citizens Advice Bureau and SAIN (Salford Advice and Information Network)

www.citizensadvice.org.uk

www.salfordadvice.org.uk

Information, advice and support service around benefits, debt, employment, housing and community care, family and relations and health and community.

Main contact, 0844 826 9695 or via the websites

CAB Health and Wellbeing service contact: 0161 206 0274

Wai Yin Chinese Carers Groups

Regular meetings, activities and newsletters. All carers from the Chinese community are welcome.

Sheung Lok Centre, Justin Close, Ardwick, Manchester M13 9UB

Carer Group meets on Wednesdays, 2 - 4pm. Contact: 0161 272 7482

www.waiyin.org.uk

Link to index of Respite Care Providers in Salford

For a list of local respite care providers please visit Salford City council website www.salford.gov.uk.

www.salford.gov.uk/residential-care.htm.

For personal home care services:

www.salford.gov.uk/personal-homecare.htm

Homecare organisations must be registered with the Care Quality Commission (CQC)

www.cqc.org.uk

The details contained in this booklet were correct at the time, June 2015. If you have any corrections, additions, comments or feedback about the booklet please contact:

Salford Carers Centre
1 St Philips Place
Salford M3 6FA
Telephone: **0161 833 0217**

email: carers.centre@salford.gov.uk

www.salfordcarerscentre.co.uk

www.salfordyoungcarers.org