

Healthy Schools Fund 2020/21

Supporting health and wellbeing
projects in Salford's primary schools
Grants of up to £5,000



Closing Date
26.06.20



Supported by

Healthy Schools

Fund 2020/21

Guidance Notes



Grants of up to £5,000 to help improve the health and wider wellbeing of your pupils

To give your school the best chance of success, please read the following guidance notes and criteria carefully.

If you have any questions about the fund, please contact Anna Horton, Healthy Schools Development Worker on 07752 630938 (Mon-Wed) or email anna.horton@salfordcvs.co.uk
Alternatively contact the wider Grants Team on 0161 787 7795 or email grants@salfordcvs.co.uk

What is the Healthy Schools Fund?

The Healthy Schools Fund is a small grants pot for primary schools in Salford. Schools can apply to deliver activities that meet the fund's priorities and ultimately improve the health and wellbeing of children in Salford. The fund may represent an opportunity to try a new approach. Remember we want to fund you to make a difference to your pupils.

Schools can submit a bid individually (£5,000 max), OR apply together as a cluster of up to 4 schools (£5,000 max per school).

The Healthy Schools Fund is provided by NHS Salford CCG as part of the wider Third Sector Fund and is one of the initiatives that support the *Start Well* theme within Salford's Locality Plan.

Delivering projects in the wake of Coronavirus

We are very aware that Covid-19 will have affected the whole school community including parents, pupils, and staff. This fund could be used to help address issues that have arisen due to the crisis. For example physical activity for your pupils might be a priority after recent restrictions. For some pupils counselling or bereavement support might be needed.

We are conscious that you may not know exactly what the new academic year will look like and what physical distancing requirements will be in place. For example you may have restrictions on what you can undertake and how it can be delivered safely. There may also be difficulties in obtaining accurate quotes from contractors or suppliers during the application stage; in which case estimates are acceptable.

In light of these unprecedented events **Salford CVS is happy to be flexible** is responding to the changing needs of successful applicants in relation to the latest government guidance. Activities can take place any time between September 2020 and July 2021. With this in mind please outline what you would like to do in the 2020/21 academic year whilst acknowledging that you might need to be flexible in your approach.

Eligibility and Funding Priorities

This fund is open to **Primary Schools in Salford** for activity during the 2020/21 academic year. Schools that have received previous funding **are eligible** to apply.

All applications must address one or both of the **priorities** below:

- *Improve the physical health, dietary health and/or mental health and emotional wellbeing of Salford's children*
- *Increase family and/or community engagement in the life of the school*

Further details are featured in the following application form guidance.

How much can you apply for?

Schools can bid:

- **EITHER** individually for up to £5,000
- **OR** as a cluster* of up to 4 schools up to £20,000 (£5,000 per school involved)

i.e. schools cannot bid individually AND as part of cluster.

*a lead school should be nominated to submit the bid, but each of the schools involved should be clearly identified in the project description. A Cluster Bid Applicant Form will need to be completed by each additional school, including approval from each Head Teacher plus consultation with the Pastoral and Inclusion Lead (or alternative).

Important Dates

- **Closing date:**
12:00 noon, Friday 26th June 2020
- **Schools notified of funding decision:**
w/c 13th July 2020
- **Project delivery period:** anytime between Sept 2020 & July 2021

Meet the Funder sessions

Find out more about the Healthy Schools Fund at one of our ZOOM-based 'meet the funder' sessions:

- **Tuesday 2nd June** 10am - 11am
- **Wednesday 3rd June** 1pm - 2pm

To book your place please email anna.horton@salfordcvs.co.uk with your preferred session date.

How to complete the application form

Question 1- Your School's details

Please provide full details and postal address

Question 2 - Contact details

Please provide the details for the lead member of staff on this project, and the head teacher.

Question 3 - Project Name

It's a good idea to give your project a memorable name.

Question 4 - Please provide a 50 word summary your project

This needs to be a summary of the project you're looking for funding for, not your organisation. This information will be used by Salford CVS for reporting and promotion purposes.

Question 5 - Please describe your project

This section should include what you intend to do through this project and please include the

practical steps you will undertake to implement your project (i.e. what, when, how, who). Assume the reader has no prior knowledge of your school and this type of project.

Previous projects have included: food growing, sensory gardens and rooms, cooking and healthy eating sessions, forest school, counselling, art therapy, sports sessions, sports equipment, woodwork and art activities and active travel equipment.

If you want **support linking with the VCSE sector** in Salford to deliver some or all of your project please get in touch with Anna Horton, Healthy Schools Development Worker - details at the end of this guide.

Question 6 - If you're planning to work with a partner organisation or supplier to deliver all or part of your project, please give details below.

Explain who you are working with and include any links if necessary to the organisation or supplier. If you are not working with partner organisation or suppliers don't fill in this section

Question 7 - How will your project deliver on one or both of the priority outcomes?

It is vital that your project addresses one or both of priority outcomes below. If you feel you need assistance please contact Anna Horton, Healthy Schools Development Worker (for contact details see previous page).

There are lots of benefits and outcomes that you might want to capture in this questions. Your project most likely will cover a few types of health and wellbeing. Not all these questions will apply to your project but are designed to get you thinking about the impact of your project.

7a) Improving the physical health, dietary health and/or mental health and emotional wellbeing of Salford's children

- Which children will this have the most impact on and how will that help them now and later in life?
- Does your project improve physical activity in any way? What are physical activity levels like in your school now and how will this project improve it? Will you work to include those who don't normally engage?
- Does your project support mental health? Does it improve their confidence, help lower stress and anxiety or improve anger issues? Will it help with concentration? Or help with secondary school readiness? What is mental health provision now and how might it be different due to your project?
- Does your project promote healthy eating? Does it help children learn new skills around food? Or learn where food comes from? What is the impact of knowing this?

7b) Increased family and/or community engagement in life of the school

- How will this project help to connect parents with their children?
- Are there opportunities for families to be involved in the delivery of the project?
- Is there an opportunity for families to come and see what their child has been up to or have a greater involvement in the life of the school?
- How does this connect into what you are doing already for families and how can it help have positive impact on this?
- Can this project connect to the wider community and enable the school to be more connected to the local community?

Question 8 - How will you measure progress against these outcomes?

Outputs from projects can be easy to measure, but outcome measurement requires some thought. Please specify how you will measure success such as number of children involved,

change in behaviour, feedback from children, etc. Please contact Salford CVS if you feel you need support in answering this section.

Questions 9 - 13 - Maximising the benefits for Salford

These questions help you consider the wider added social value that your project might deliver for the people, economy and environment in Salford.

Questions 14 & 15 - Number of children / families directly benefitting from this project?

Be realistic about how many children / families will participate in or benefit from this project. We are interested in schools delivering good projects with a manageable number of beneficiaries.

Question 16 - What is the age range of children directly involved?

Please indicate the age ranges to be targeted through this project.

Question 17 - Where in Salford will the activities take place?

Please tell us the location (or locations) of where your project will be delivered. Whilst we want activity to take place in Salford we recognise that certain activities need to be located elsewhere.

Questions 18 & 19 - Has this project been discussed with the inclusion and pastoral lead / name of inclusion and pastoral lead

It is important that projects have been discussed with the inclusion and pastoral lead or alternative in your school and any concerns addressed.

Question 20 - How will the project's benefits be sustained beyond the lifetime of this grant?

After any Healthy Schools monies are fully spent, how will the project be continued or the benefits sustained?

Question 21 - Please provide a breakdown of the budget for this project.

Use the budget sheet to explain what you want the money for. The description needs to be clear. Please include calculations to help us understand how you've reached each figure.

We appreciate that contacting suppliers or contractors to obtain quotes might be difficult at the present time. If this is the case please provide estimates, which can be based on similar past activities delivered in Salford or wider UK.

Example 1

Acceptable: Freelance artist costs - 20hrs/wk @ £10ph x 10 weeks = £2,000

Not acceptable: Artist £2,000

Example 2

Acceptable: Garden Tool Set (spade/fork/trowel) @ £20 each x 10 sets = £200

Not acceptable: Tools = £200

Please also state any match funding your project has secured or applied for.

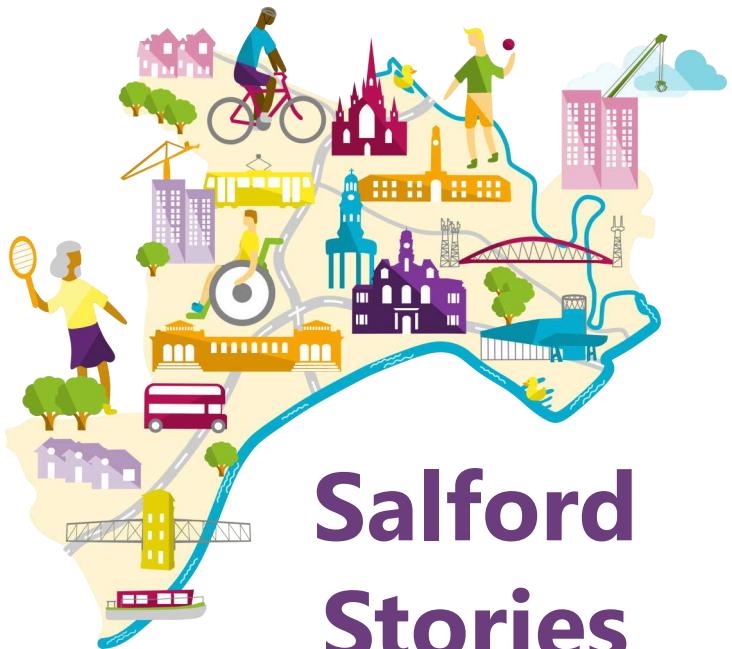
Declaration Please ensure the project lead and head teacher are happy to agree to submission of this application. We don't need handwritten signatures.

For more information or support please contact:

Anna Horton, Healthy Schools Development Worker

on 07752 630938 (Mon-Wed) or email: anna.horton@salfordcvs.co.uk

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Salford Stories

**Sharing your story
of making a
difference in
Salford**

Planning your project to maximise the benefits for Salford

We are keen to see all projects contribute to improving the **social, economic** and **environmental** wellbeing of Salford. This is sometimes referred to as 'social value'.

By making small changes at the design stage, you can make a big difference in helping create added social value in Salford.

For practical suggestions please see the 'Social in Salford' section on the following page. Have a think as a project team how your project might deliver added social value for Salford.

#SalfordStories

**Facebook ♦ Twitter ♦
Instagram**

Share your Story with Salford

We are starting a campaign to share the good news that is happening in your projects.

During your project please share quotes, photos, stories and more on your social media channels. Tweet, Facebook, and/or Instagram @SalfordCVS with the #SalfordStories to share your good news!

Social Value 
in Salford

**JOIN TOGETHER
MAKE SALFORD
BETTER**



Calling all organisations in Salford...

Unleash your creativity and go **Social in Salford**



When **planning your project** have a think about
how you can deliver your activities for the benefit of Salford

You could support other community / voluntary organisations, social enterprises and independent local businesses by shopping locally and keeping the money in Salford!

You can also do your bit for the environment by choosing greener products as well as reusing, recycling or composting any waste.

You're already doing great things for local people. However you might be able to involve new groups in the project or help staff or volunteers develop new skills.

One way of describing these added benefits is 'social value'.

Spending with Salford in mind

Tips for supporting our city's economy



Venue Hire Hiring community owned or managed venues helps maintain Salford's important community assets.

Refreshments Will refreshments be healthy? Will you include vegetarian, vegan, kosher and halal options? Will you be supporting local, independent shops or businesses?

Marketing and Publicity Have a think how you can support local printers or suppliers. Will you be using recycling paper, card or other materials?

T-shirts and other merchandise Whilst the vast majority of merchandise is manufactured in the far east, you can still do your bit for Salford and support local suppliers and shops. Organic cotton t-shirts are now more readily available.

Entertainment / activity costs Help keep your money within Salford and use local, independent businesses and suppliers where possible.

Awards and Certificates These could be hand-made by local people, and reflect the culture of Salford.

...plus lots of other amazingly creative ideas from your project team!

Help make Salford 10% Better



Salford CVS wants to help tackle the inequality and poverty in the city and improve wellbeing and quality of life for the people who live here. Our aim is to maximise the local benefit of the activities we fund.

The **10% Better Campaign** invites you **make a pledge** to help make a positive difference in Salford.

