



Being a good neighbour in Salford

With many older and more vulnerable people in our community self-isolating due to the coronavirus (COVID-19) outbreak, lots of people have been stepping forward wanting to help, demonstrating the Spirit of Salford.

We've put together some tips for the best ways you can offer your support.



You can donate money

Donate money to Salford4Good – Salford4Good is a charitable initiative that supports local good causes. Money donated will be redistributed to support community projects that are helping with the relief effort. Find out more about Salford4Good and how to donate here: www.salfordcvs.co.uk/salford-4-good



You can donate goods

If you have excess items e.g. tinned foods, toiletries, toilet rolls, etc., you can donate to your local foodbank.

Salford Foodbank's central collection point is at:

Mocha Parade, Christ Central, Mocha Parade, Lower Broughton, Salford, M7 1QE

Donations can usually be made from 9am – 3pm Monday, Tuesday, Thursday and Friday but please call in advance 0161 637 4500.

Website: <https://salford.foodbank.org.uk/>

You can find out more about other foodbanks and food clubs via the Salford Food Share Network: www.salfordfoodsharenetwork.org.uk/



You can donate your time



Be a good neighbour

- Connect and reach out to your immediate neighbours
- Swap phone numbers – a conversation may be a lifeline and will help people feel less lonely
- If there is a neighbourhood social media page you could help them connect with this
- Encourage others on your street to help
- Help your neighbour put together a contact list of useful numbers e.g. their personal emergency contacts, local advice lines, etc.
- Practical support such as picking up prescriptions, helping them with online shopping, walking their dog, etc.

General rules

- **Don't enter people's houses – stay on the doorstep and keep 2 metres apart!**
- Be kind and courteous
- Respect everyone's privacy, helping vulnerable people requires mutual trust e.g. don't share any private information
- Follow infection control advice and social distancing – with coronavirus (COVID-19) the situation is fast evolving so follow the latest advice from trusted sources e.g. Public Health England (Find them on twitter: @PHE_uk or www.gov.uk/government/organisations/public-health-england)
- If you feel unwell with symptoms of coronavirus you should self-isolate. Guidance on this is available on the NHS website: www.nhs.uk/conditions/coronavirus-covid-19/
- Carry a mobile phone and let someone know where you are going

If someone is in need of more help than you can give please direct them to Salford City Council's Spirit of Salford Helpline on 0800 952 1000 or complete the form at www.salford.gov.uk/spiritofsalford

Emergency Response Volunteering

If you would like to be part of Salford's Emergency Response Volunteering initiative, please follow this link to register: www.salfordcvs.co.uk/emergency-response-volunteer-registration-form

Emergency Response Volunteers support residents and communities affected by an emergency and it is a diverse and varied role. In relation to the coronavirus (COVID-19) response, tasks may be as follows:

- Staffing a phone line; taking calls from local residents, finding out what help they need and recording this
- Organising help and support for local residents
- Signposting residents to local services that can help
- Distributing and delivering goods e.g. food and toiletries