

UPDATE

During this difficult time of unrest and uncertainty START continue to support our community using creativity, innovation and warmth.

This new weekly update is intended to highlight our work; to give you an insight into alternative ways of connecting and showcase the great spirit of Salford people during times of adversity.

One member said this week;
'The good thing that has come out of this is the dolphins returning to Venice, nature is coming back!'



One member has created a super Linoprint of baby Yoda this week. She's been learning the technique at START and continued at home, using materials we provided before the shutdown- she is planning lots more in the coming weeks!

This week an Army Veteran who our Community Connector has been supporting to move back to his home county of Devon received his keys for his new flat and was moving out of temporary accommodation in Walkden heading for pastures new!

As well as providing regular telephone support, START's Online Hub accessed through our website will help people in self-management and self-care during this time. Members can access helpsheets, online resources and ideas to keep active & connected, as well as more general advice on coping strategies.

START's new YouTube channel @startinspiringminds is now live! Staff are being brave and have started to work up creative content- click to SUBSCRIBE so that you can be alerted to new videos as they are posted!

START's Instagram page @startinsalfordart will be overrun by inspirational photos over the coming weeks as we ask members to send in their photographs of 'SPRING'. Give us a follow!