



Tuesday 20th July 2021
10.00am – 12.00pm
Zoom

Number of people registered: 18

Speakers

Natalie Lunn (42nd Street)
Jane Davies (CAHMS i-Reach)
Karina Nyananyo (42nd Street)
Simon Robinson (Salford CVS)

Salford CVS staff present

Anne-Marie Marshall (chair)
Helen Johnson (minutes)
Deb Drinkwater (facilitator)

The theme for this forum meeting: The Wellbeing of Children and Young People.

Jane Davies discussed her CAHMS i-Reach role and working with schools supporting the identification with young people around mental health and the best place or organisation to support them, suiting their needs. This includes linking with organisations such as the Early Help Service and 42nd Street, using the needs based Thrive Model. Salford is part of a national pilot for early intervention in schools. Jane reported lots of barriers due to Coronavirus including the difficulties to get children and families engaged, schools being closed etc. Jane stressed the importance of being present in schools to build a relationship and to have an impact.

Natalie Lunn described 42nd Street's work as a commissioned partner of Thrive Education work in Salford, working alongside the CHMS i-Reach team. There are 8 secondary schools (11-19 years) and 1 private contract who currently run the Thrive Education Programme. The 42nd Street offer is a wide variety of subject matters and is based on a 12 session model, working with complexity and risk.

The i-Reach offer is a low and early intervention offer but there are other offers available within the 50 schools in Salford. i-Reach tries to work with as many

organisations as possible to meet holistic needs. There is a large focus on feedback from young people and families to see if the offer or model is meeting their needs.

A question was raised by Janis at JSENSE, asking how VCSE organisations would know what is happening in the different schools, as a way of linking up and for sharing feedback with the CAHMS team. 42nd Street are developing a new offer within the Jewish community and have an offer with Compass Group in Broughton. 42nd Street and JSENSE are to link up.



Simon Robinson from Salford CVS talked through grants programmes which have helped to support children, young people and families.

Healthy Schools Fund

Grants of up to £5,000 available to support primary schools in developing new approaches to improving the health and wellbeing of their pupils

Examples include:

- Increased rates of physical activity
- Improving child confidence
- Improved mental health & emotional wellbeing
- Increased family engagement

£110k awarded to 22 primary schools to support activity in 2020-21 academic year.

<https://www.salfordcvs.co.uk/grants-awarded-2020-21#HSF>

Healthy Schools Transition Fund

Grants of 25k -£40k to support pupil transition from Primary to Secondary School in Salford with VCSE sector organisation support.

£240k awarded to 7 partnerships for transition support programmes running from April 2021–March 2022.

<https://www.salfordcvs.co.uk/grants-awarded-2020-21#HSTF>

Youth Wellbeing Fund

This fund is designed to support projects that have been inspired and developed by a group of at least 3 young people aged 8-21, or up to the age of 25 if the young people have additional needs.

Applications must be submitted by a school, college or host VCSE organisation.
£38k awarded to 10 organisations in Dec 2020.

<https://www.salfordcvs.co.uk/grants-awarded-2020-21#YWF>

Short Break Care for Children with Disabilities

Grants of up to £5k for VCSE organisation providing activities for children with disabilities –enabling parents to have a short break. Funded by Salford City Council.

£60k awarded to around 14 projects annually.

<https://www.salfordcvs.co.uk/grants-awarded-2020-21#SBC>

Healthy Holidays Fund

Grants of up to £10k for VCSE organisation providing food and activities for children over the summer period. Part of Salford’s wider ‘Summer of Fun’ programme. Funded by Salford City Council and NHS Salford CCG.

£70k awarded to 12 organisations for summer 2021.



Karina Nyananyo from 42nd Street shared a presentation on inclusive and accessible mental health services for young people. 42nd Street reaches out to give young people opportunity to get help in Greater Manchester. The Salford offer has 11 mental health practices, 2 integrated community response projects, 2 online services and an orthodox Jewish community worker. 42nd Street focus on promoting choice and ask young people what they want from support and link with GPs. The have a 1-2-1 offer, counselling, therapy and psycho-social support & advocacy. In order to refer to the service, there is a website referral form where a parent, carer or professional can complete the form. Young people can also self register via the web platform.

Nicole from YMCA Manchester offered their venues in Castlefield and their sports and leisure centre to help extend the 42nd Street’s offer.

The attendees were invited to discuss:

How has the pandemic impacted on the mental health and wellbeing of young people?

- There is a general perception that all young people are having parties and giving each other Covid whereas many young people have caring responsibilities for vulnerable parents. Young people feel that the partying is sensationalised and those that are being careful with their vulnerable caring responsibilities haven't been represented in the media and press
- Some young people still believe that they aren't vulnerable due to early Covid messaging
- Families with no access to public funds have had their challenges doubled due to Covid
- Dealing with homelessness, family issues and immigration status has put some things on hold
- Organisations have had to deal with low income, supplying food and dealing with people with no tech or internet
- There are some young people who have been ready to leave home due to the struggle of lack of funds
- Existing vulnerabilities have been on hold and Covid has exasperated their issues
- Families are dependent on churches which had to close. Organisations have had to adapt services to meet the needs of the community
- Many children with complex and profound needs are isolated and are becoming a shielded community. They cannot access community activities due to their vulnerability
- Challenges have barely begun
- The impact on yourself and your staff who are delivering services need to be considered. Some could be home schooling their own children and self isolating. Mental health afternoons and different moral boosts are being done for staff teams in some organisations
- "Freedom Day" has heightened anxiety and split society. Communities can be easily fractured. Be mindful of tolerating people's differences
- There are lots of untold stories which are not portrayed in the press. How can people understand the day to day of these people
- Our culture needs a sense of each other. Partnerships between organisations have stepped up. If us as organisations can counter the way that the media and government are representing, then it is a great way to shift things

How can the VCSE sector support young people going forward?

- Hold on to things that work e.g. rise to online services as a way to engage on young people's terms
- If people didn't want support during lockdown, we paused it and revived it with a different offer
- Home working offer needs to be considered, if staff are happy then young people will be happy

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- Things are word of mouth in certain communities and they share where the safe and unsafe places to go are
 - Try to make an equal offer to everyone and think differently on how to deliver services
 - Focus on stories directly from young people to find out what is going on with them – work being young person led
 - Could there be an opportunity for young people or a parent to share their stories in this forum in order to share knowledge and experience? – or even share videos of pre-recorded stories be it with talking, art, poems, music etc
 - Continuing with online offer. Young people share more as they have the option to turn off their camera
 - Collaboration can help organisations to adapt and keep going
 - Using Salford CVS for support with funding bids, business development, governance and safeguarding